

THE THIRD COUNCIL OF BALTIMORE

BALTIMORE CATECHISM TWO

TAN·CLASSICS

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BALTIMORE CATECHISM TWO

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The Third Plenary Council of Baltimore

WITH PHONETICIZED WORDS,
AND WORD MEANINGS

QUESTIONS NUMBERED TO AGREE WITH
"EXPLANATION OF THE BALTIMORE CATECHISM"

With Prayers and Hymns



TAN·CLASSICS

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The Lord's Prayer

Our Father, Who art in Heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us: and lead us not into temptation, but deliver us from evil. Amen.

The Angelical Salutation

Hail Mary, full of grace! The Lord is with thee: blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified; died, and was buried. He descended into Hell; the third day He arose again from the dead; He ascended into Heaven, sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead.

I believe in the Holy Ghost, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Confiteor

I confess to Almighty God, to Blessed Mary, ever Virgin, to Blessed Michael the Archangel, to Blessed John the Baptist, to the Holy Apostles Peter and Paul, and to all the Saints, that I have sinned exceedingly in thought, word and deed, through my fault, through my fault, through my most grievous fault. Therefore, I beseech Blessed Mary, ever Virgin, Blessed Michael the Archangel, Blessed John the Baptist, the Holy Apostles Peter and Paul, and all the Saints, to pray to the Lord our God for me.

May the Almighty God have mercy on me, and forgive me my sins, and bring me to everlasting life. Amen.

May the Almighty and merciful Lord grant me pardon, absolution and remission of all

my sins. Amen.

An Act of Faith

O my God! I firmly believe that Thou art one God in three Divine Persons, Father, Son, and Holy Ghost; I believe that Thy Divine Son became man, and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou hast revealed them, who canst neither deceive nor be deceived.

An Act of Hope

O my God! Relying on Thy infinite goodness and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

An Act of Love

O my God! I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured.

An Act of Contrition

O my God! I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of Heaven and the pains of Hell, but most of all because they offend Thee, my God, who art all-good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life.

The Blessing before Meals

✠ Bless us, O Lord! and these Thy gifts, which we are about to receive from Thy bounty, through Christ Our Lord. Amen.

Grace after Meals

✠ We give Thee thanks for all Thy benefits, O Almighty God, who livest and reignest forever; and may the souls of the faithful departed through the mercy of God, rest in peace.

Amen.

The Manner in Which a Lay Person Is to Baptize in Case of Necessity

Pour common water on the head or face of the person to be baptized, and say while pouring it:

"I baptize thee in the name of the Father, and of the Son, and of the Holy Ghost."

N.B. Any person of either sex who has reached the use of reason can baptize in case of necessity, but the same person must say the words while pouring the water.

CATECHISM

KEY TO PRONUNCIATION

ā as in face
ǻ as in chocolate
â as in dare
ă as in act
ä as in farm
ȧ as in tall
ē as in eve
ĕ as in edge
ẽ as in baker
ī as in like
ĭ as in fin
ō as in old
ô as in or
ŏ as in oft
ū as in huge
ŭ as in up
û as in burn
o͞o as in mood
o͝o as in brook
ou as in out

LESSON FIRST

On the End of Man

A-pos´tles (ȧ-pŏs´’lz), the twelve men chosen by Christ to carry on His work.
Chief (chēf), the most important.
Com-posed´ (kŏm-pōzd´), made up of.
Cre-a´tor (krē-ā´tẽr), the One who made all things out of nothing.
Crea´ture (krē´tūr), everything made by God out of nothing.
Creed (krēd), a list of the principal truths of faith in a few words.
Cru´ci-fied (krū´sĭ-fīd), nailed hands and feet to a cross.
End, the purpose for which he was made.
Ev´er-last´ing (ĕv´ẽr-lăst´ĭng), that never comes to an end.
Free will, power to choose the right or wrong.
Know, to learn all we can about.
Serve (sẽrv), to do His holy will.
Soul, the spirit in man giving life to the body.
Spir´it (spĭr´ĭt), a living being which cannot be seen or touched.
Un´der-stand´ing (ŭn´dẽr-stănd´-ĭng), the power of knowing right from wrong.
Wor´ship (wûr´shĭp), to pay God the honor due Him alone, to adore.

1. Q. Who made the world?
A. God made the world.

2. Q. Who is God?
A. God is the Creator of heaven and earth, and of all things.

3. Q. What is man?
A. Man is a creature composed of body and soul, and made to the image and likeness of God.

4. Q. Is this likeness in the body or in the soul?
A. This likeness is chiefly in the soul.

5. Q. How is the soul like to God?
A. The soul is like God because it is a spirit that will never die, and has understanding and free will.

6. Q. Why did God make you?

A. God made me to know Him, to love Him, and to serve Him in this world, and to be happy with Him forever in the next.

7. Q. Of which must we take more care, our soul or our body?

A. We must take more care of our soul than of our body.

8. Q. Why must we take more care of our soul than of our body?

A. We must take more care of our soul than of our body, because in losing our soul we lose God and everlasting happiness.

9. Q. What must we do to save our souls?

A. To save our souls we must worship God by faith, hope, and charity; that is, we must believe in Him, hope in Him, and love Him with all our heart.

10. Q. How shall we know the things which we are to believe?

A. We shall know the things which we are to believe from the Catholic Church, through which God speaks to us.

11. Q. Where shall we find the chief truths which the Church teaches?

A. We shall find the chief truths which the Church teaches in the Apostles' Creed.

12. Q. Say the Apostles' Creed.

A. I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified; died, and was buried. He descended into Hell; the third day He arose again from the dead; He ascended into Heaven, and sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

LESSON SECOND

On God and His Perfections

Im-pos´si-ble (ĭm-pŏs´ĭ-b'l), can not be done.
In´fi-nite-ly (ĭn´fĭ-nĭt-lĭ), beyond measure.
Mer´ci-ful (mĕr´sĭ-fŭl), kind, and forgiving.
Per´fect (pĕr´fekt), so good that nothing can be better.
Per-fec´tions (pĕr-fĕk´shŭnz), good qualities.
Se´cret (sē´krĕt), that which is known to myself only.

13. Q. What is God?
A. God is a spirit infinitely perfect.

14. Q. Had God a beginning?
A. God had no beginning; He always was and He always will be.

15. Q. Where is God?
A. God is everywhere.

16. Q. If God is everywhere, why do we not see Him?
A. We do not see God, because He is a pure spirit and cannot be seen with bodily eyes.

17. Q. Does God see us?
A. God sees us and watches over us.

18. Q. Does God know all things?
A. God knows all things, even our most secret thoughts, words, and actions.

19. Q. Can God do all things?
A. God can do all things, and nothing is hard or impossible to Him.

20. Q. Is God just, holy, and merciful?
A. God is all just, all holy, all merciful, as He is infinitely perfect.

LESSON THIRD

On the Unity and Trinity of God

Dis-tinct´ (dĭs-tĭnkt´), separate, different.
Di-vine´ (dĭ-vīn´), having the nature of God.
Di-vine´ Na´ture (nā´tūr), that which is one in God.
E´qual (ē´kwăl), another just as great and perfect as Himself.
In´fi-nite (ĭn´fĭ-nĭt), without limit.
Sub´stance (sŭb´stăns), the very heart of a thing.
Su-preme´ (sū-prēm´), above all.
Trin´i-ty (trĭn´ĭ-tĭ), three in one.
U´ni-ty (ū´nĭ-tĭ), being only one.

21. Q. Is there but one God?
A. Yes; there is but one God.

22. Q. Why can there be but one God?
A. There can be but one God, because God, being supreme and infinite, cannot have an equal.

23. Q. How many Persons are there in God?
A. In God there are three Divine Persons, really distinct, and equal in all things—the Father, the Son, and the Holy Ghost.

24. Q. Is the Father God?
A. The Father is God and the first Person of the Blessed Trinity.

25. Q. Is the Son God?
A. The Son is God and the second Person of the Blessed Trinity.

26. Q. Is the Holy Ghost God?
A. The Holy Ghost is God and the third Person of the Blessed Trinity.

27. Q. What do you mean by the Blessed Trinity?
A. By the Blessed Trinity I mean one God in three Divine Persons.

28. Q. Are the three Divine Persons equal in all things?
A. The three Divine Persons are equal in all things.

29. Q. Are the three Divine Persons one and the same God?

A. The three Divine Persons are one and the same God, having one and the same Divine Nature and substance.

30. Q. Can we fully understand how the three Divine Persons are one and the same God?

A. We cannot fully understand how the three Divine Persons are one and the same God, because this is a mystery.

31. Q. What is a mystery?

A. A mystery is a truth which we cannot fully understand.

LESSON FOURTH

On Creation

Ap-point´ed (ă-point´ed), named to the position.
As-sist´ (ă-sĭst´), to stand, to be in readiness.
Cre-at´ed (krē-āt´ĕd), made, as God alone can make, out of nothing.
Guard´i-an (gär´dĭ-ăn), one who is given the care and protection of another.
Min´is-ter (mĭn´ĭs-tẽr), to attend upon and serve.
Pur´pose (pûr´pŭs), the reason one has for doing a thing.

32. Q. Who created Heaven and earth, and all things?
A. God created Heaven and earth, and all things.

33. Q. How did God create Heaven and earth?
A. God created Heaven and earth from nothing by His word only; that is, by a single act of His all-powerful will.

34. Q. Which are the chief creatures of God?
A. The chief creatures of God are angels and men.

35. Q. What are angels?
A. Angels are pure spirits without a body, created to adore and enjoy God in Heaven.

36. Q. Were the angels created for any other purpose?
A. The angels were also created to assist before the throne of God and to minister unto Him; they have often been sent as messengers from God to man; and are also appointed our guardians.

37. Q. Were the angels, as God created them, good and happy?
A. The angels, as God created them, were good and happy.

38. Q. Did all the angels remain good and happy?
A. All the angels did not remain good and happy; many of them sinned and were cast into Hell, and these are called devils or bad angels.

LESSON FIFTH

On Our First Parents And the Fall

Be-fell´ (bē-fĕl´), happened to.
Con-cep´tion (kŏn-sĕp´shŭn), joining of soul and body at the beginning of life.
Con´stant (kŏn´stănt), going steadily on without change.
Cor-rupt´ed (kŏ-rŭpt´ĕd), spoiled, weakened.
Doomed (dōōmd), condemned.
Ef-fects´ (ĕ-fĕkts´), results.
E´vil (ē´v'l), misfortune, harm.
Faith´ful (fāth´fŭl), true, steady in obedience.
Glo´ry (glō´rĭ), the delight of looking at God in Heaven.
Guilt (gĭlt), stain, taint.
Im-mac´u-late (ĭ-măk´ū-lā̆t), not stained by sin of any kind.
In´cli-na´tion (ĭn´klĭ-nā´shŭn), a liking for.
In-her´it (ĭn-hĕr´ĭt), to come into possession of through our parents or by a will.
In´no-cent (ĭn´ō-sĕnt), free from all sin.
Mer´its (mĕr´ĭts), what Jesus won by the Redemption.
O-rig´i-nal (ō-rĭj´ĭ-năl), the first, from which the others flow.
Our nature, that in us by which we can know what is right and choose what is good.
Par´a-dise (păr´ȧ-dīs), the place where Adam and Eve first lived.
Pre-served´ (prē-zûrvd´), kept free from, excepted from.
Priv´i-lege (prĭv´ĭ-lĕj), exceptional favor.
Pun´ish-ment (pŭn´ĭsh-mĕnt), suffering, sent on them by God.
Try (trī), to put to the test or trial

39. Q. Who were the first man and woman?

A. The first man and woman were Adam and Eve.

40. Q. Were Adam and Eve innocent and holy when they came from the hand of God?

A. Adam and Eve were innocent and holy when they came from the hand of God.

41. Q. Did God give any command to Adam and Eve?

A. To try their obedience God commanded Adam and Eve not to eat of a certain fruit which grew in the garden of Paradise.

42. Q. Which were the chief blessings intended for Adam and Eve had they remained faithful to God?

A. The chief blessings intended for Adam and Eve, had they remained faithful to God, were a constant state of happiness in this life and everlasting glory in the next.

43. Q. Did Adam and Eve remain faithful to God?

A. Adam and Eve did not remain faithful to God; but broke His command by eating the forbidden fruit.

44. Q. What befell Adam and Eve on account of their sin?

A. Adam and Eve, on account of their sin, lost innocence and holiness, and were doomed to sickness and death.

45. Q. What evil befell us on account of the disobedience of our first parents?

A. On account of the disobedience of our first parents, we all share in their sin and punishment, as we should have shared in their happiness if they had remained faithful.

46. Q. What other effects followed from the sin of our first parents?

A. Our nature was corrupted by the sin of our first parents, which darkened our understanding, weakened our will, and left in us a strong inclination to evil.

47. Q. What is the sin called which we inherit from our first parents?

A. The sin which we inherit from our first parents is called Original Sin.

48. Q. Why is this sin called Original?

A. This sin is called Original because it comes down to us from our first parents, and we are brought into the world with its guilt on our soul.

49. Q. Does this corruption of our nature remain in us after Original Sin is forgiven?

A. This corruption of our nature and other punishments remain in us after Original Sin is forgiven.

50. Q. Was any one ever preserved from Original Sin?

A. The Blessed Virgin Mary, through the merits of her Divine Son, was preserved free from the guilt of Original Sin, and this privilege is called her Immaculate Conception.

LESSON SIXTH

On Sin and Its Kinds

Ac´tu-al (ăk´tū-ăl), real, relating to our own acts.
Cap´i-tal (kăp´ĭ-tăl), the heads, the sources of others.
Con-sent´ (kŏn-sĕnt´), giving in to.
Cov´et-ous-ness (kŭv´ĕ-tŭs-nĕs), too great a desire for money or goods.
Dam-na´tion (dăm-nā´shŭn), casting into Hell.
En´vy (ĕn´vĭ), sadness at another's welfare.
Glut´ton-y (glŭt´´nĭ), eating or drinking too much.
Grace (grās), God's work in our soul.
Griev´ous (grēv´ŭs), very great.
Lust (lŭst), strong desire for impure thoughts, words, or actions.
Mat´ter (măt´ẽr), the act done.
Mor´tal (môr´tăl), that which kills; deadly.
Of-fense´ (ŏ-fẽns´), failing, disobedience.
O-mis´sion (ō-mĭsh´ŭn), the leaving out of a duty.
Pride (prīd), taking credit to ourselves for what was given us by God.
Re-flec´tion (rē-flĕk´shŭn), thinking a thing over.
Re-sist´ (rē-zĭst´), to refuse to do.
Sanc´ti-fy-ing (sănk´tĭ-fī-ĭng), making holy or pleasing to God.
Sloth (slŏth), laziness which keeps us from doing our duty.
Spir´i-tu-al (spĭr´ĭ-tū-ăl), belonging to the soul.
Suf-fi´cient (sŭ-fĩsh´ĕnt), enough to know whether it is right or wrong.
Ve´ni-al (vē´nĭ-ăl), more easily forgiven.
Will´ful (wĭl´fŭl), done on purpose.

51. Q. Is Original Sin the only kind of sin?

A. Original Sin is not the only kind of sin; there is another kind of sin, which we commit ourselves, called actual sin.

52. Q. What is actual sin?

A. Actual sin is any willful thought, word, deed, or omission contrary to the law of God.

53. Q. How many kinds of actual sin are there?

A. There are two kinds of actual sin—mortal and venial.

54. Q. What is mortal sin?

A. Mortal sin is a grievous offense against the law of God.

55. Q. Why is this sin called mortal?

A. This sin is called mortal because it deprives us of spiritual life, which is sanctifying grace, and brings everlasting death and damnation on the soul.

56. Q. How many things are necessary to make a sin mortal?

A. To make a sin mortal three things are necessary: a grievous matter, sufficient reflection, and full consent of the will.

57. Q. What is venial sin?

A. Venial sin is a slight offense against the law of God in matters of less importance, or in matters of great importance it is an offense committed without sufficient reflection or full consent of the will.

58. Q. Which are the effects of venial sin?

A. The effects of venial sin are the lessening of the love of God in our heart, the making us less worthy of His help, and the weakening of the power to resist mortal sin.

59. Q. Which are the chief sources of sin?

A. The chief sources of sin are seven: Pride, Covetousness, Lust, Anger, Gluttony, Envy, and Sloth; and they are commonly called capital sins.

LESSON SEVENTH

On the Incarnation and Redemption

A-ban´don (ȧ-băn´dŭn), to leave one helpless.
An-nun´ci-a´tion (ă-nŭn´-sē-ā´-shŭn), the making known, announcing—March 25.
Con-ceived´ (kŏn-sēvd´), given life to.
E-ter´ni-ty (ē-tĕr´nĭ-tĭ), always, forever.
Im-me´di-ate´ly (ĭ-mē´dĭ-ăt´lĭ), without delay.
In´car-na´tion (ĭn´kär-nā´shŭn), the act of becoming man.
Man´kind (măn´kīnd), all the people of the world.
Re-deem´er (rē-dē´mĕr), the One who was to deliver man from the slavery of sin.
Re-demp´tion (rē-dĕmp´shŭn), the deliverance from sin and its punishment by the death of Christ.
Sat´is-fy (săt´ĭs-fī), pay in full for.

60. Q. Did God abandon man after he fell into sin?
A. God did not abandon man after he fell into sin, but promised him a Redeemer, who was to satisfy for man's sin and reopen to him the gates of Heaven.

61. Q. Who is the Redeemer?
A. Our Blessed Lord and Saviour Jesus Christ is the Redeemer of mankind.

62. Q. What do you believe of Jesus Christ?
A. I believe that Jesus Christ is the Son of God, the second Person of the Blessed Trinity, true God and true man.

63. Q. Why is Jesus Christ true God?
A. Jesus Christ is true God because He is the true and only Son of God the Father.

64. Q. Why is Jesus Christ true man?
A. Jesus Christ is true man because He is the Son of the Blessed Virgin Mary and has a body and soul like ours.

65. Q. How many natures are there in Jesus Christ?
A. In Jesus Christ there are two natures, the nature of God and the nature of man.

66. Q. Is Jesus Christ more than one person?

A. No, Jesus Christ is but one Divine Person.

67. Q. Was Jesus Christ always God?

A. Jesus Christ was always God, as He is the second Person of the Blessed Trinity, equal to His Father from all eternity.

68. Q. Was Jesus Christ always man?

A. Jesus Christ was not always man, but became man at the time of His Incarnation.

69. Q. What do you mean by the Incarnation?

A. By the Incarnation I mean that the Son of God was made man.

70. Q. How was the Son of God made man?

A. The Son of God was conceived and made man by the power of the Holy Ghost, in the womb of the Blessed Virgin Mary.

71. Q. Is the Blessed Virgin Mary truly the Mother of God?

A. The Blessed Virgin Mary is truly the Mother of God, because the same Divine Person who is the Son of God is also the Son of the Blessed Virgin Mary.

72. Q. Did the Son of God become man immediately after the sin of our first parents?

A. The Son of God did not become man immediately after the sin of our first parents, but was promised to them as a Redeemer.

73. Q. How could they be saved who lived before the Son of God became man?

A. They who lived before the Son of God became man could be saved by believing in a Redeemer to come, and by keeping the Commandments.

74. Q. On what day was the Son of God conceived and made man?

A. The Son of God was conceived and made man on Annunciation day—the day on which the Angel Gabriel announced to the Blessed Virgin Mary that she was to be the Mother of God,

75. Q. On what day was Christ born?

A. Christ was born on Christmas day in a stable at Bethlehem, over nineteen hundred years ago.

76. Q. How long did Christ live on earth?

A. Christ lived on earth about thirty-three years, and led a most holy life in poverty and suffering.

77. Q. Why did Christ live so long on earth?

A. Christ lived so long on earth to show us the way to Heaven by His teachings and example.

LESSON EIGHTH

On Our Lord's Passion, Death, Resurrection, and Ascension

Al-might´y (ôl-mīt´ĭ), all powerful.
As-cen´sion (ă-sĕn´shŭn), the act of going up into Heaven.
Cal´va-ry (kăl´vȧ-rĭ), a hill outside Jerusalem.
Damned (dămd), the spirits and souls lost forever.
De-scend´ed (dē-sĕn´dĕd), went down.
Glo´ri-ous (glō´rĭ-ŭs), bright, shining.
Im-mor´tal (ĭ-môr´tăl), never to die.
Lim´bo (lĭm´bō), a place of rest.
Pas´sion (păsh´ŭn), the last great sufferings of our Saviour.
Pur´chased (pûr´chăst), bought with a price.
Res´ur-rec´tion (rĕz´ŭ-rĕk´shŭn), the rising again from the dead.
Right hand, in the place of honor.
Sat´is-fy´ing (săt´ĭs-fī´ĭng), paying all claims.
Scourg´ing (skûrj´ĭng), lashing with a whip.
Sep´ul-chre (sĕp´ŭl-kẽr), the place where a body lies buried.
Ti´dings (tī´dĭngz), news.

78. Q. What did Jesus Christ suffer?

A. Jesus Christ suffered a bloody sweat, a cruel scourging, was crowned with thorns, and was crucified.

79. Q. On what day did Christ die?

A. Christ died on Good Friday.

80. Q. Why do you call that day "good" on which Christ died so sorrowful a death?

A. We call that day "good" on which Christ died because by His death He showed His great love for man, and purchased for him every blessing,

81. Q. Where did Christ die?

A. Christ died on Mount Calvary.

82. Q. How did Christ die?

A. Christ was nailed to the Cross and died on it between two thieves.

83. Q. Why did Christ suffer and die?

A. Christ suffered and died for our sins.

84. Q. What lessons do we learn from the sufferings and death of Christ?

A. From the sufferings and death of Christ we learn the great evil of sin, the hatred God bears to it, and the necessity of satisfying for it.

85. Q. Whither did Christ's soul go after His death?

A. After Christ's death His soul descended into hell.

86. Q. Did Christ's soul descend into the hell of the damned?

A. The hell into which Christ's soul descended was not the hell of the damned, but a place or state of rest called Limbo, where the souls of the just were waiting for Him.

87. Q. Why did Christ descend into Limbo?

A. Christ descended into Limbo to preach to the souls who were in prison—that is, to announce to them the joyful tidings of their redemption.

88. Q. Where was Christ's body while His soul was in Limbo?

A. While Christ's soul was in Limbo His body was in the holy sepulchre.

89. Q. On what day did Christ rise from the dead?

A. Christ rose from the dead, glorious and immortal, on Easter Sunday, the third day after His death.

90. Q. How long did Christ stay on earth after His resurrection?

A. Christ stayed on earth forty days after His resurrection to show that He was truly risen from the dead, and to instruct His Apostles.

91. Q. After Christ had remained forty days on earth whither did He go?

A. After forty days Christ ascended into Heaven, and the day on which He ascended into Heaven is called Ascension day.

92. Q. Where is Christ in Heaven?

A. In Heaven Christ sits at the right hand of God the Father Almighty.

93. Q. What do you mean by saying that Christ sits at the right hand of God?

A. When I say that Christ sits at the right hand of God I mean that Christ as God is equal to His Father in all things, and that as man He is in the highest place in Heaven next to God.

LESSON NINTH

On the Holy Ghost and His Descent upon the Apostles

A-bide´ (ȧ-bīd´), to stay or remain.
En-a´ble (ĕn-ā´b'l), to make able.
En-light´en (ĕn-līt´'n), to make them understand better
Pen´te-cost (pĕn´tĕ-kŏst), the fiftieth day after Easter.
Pro-ceed´ (prō-sēd´), to go forth from.
Whit´sun-day (hwĭt´s'n-dā), white Sunday.

94. Q. Who is the Holy Ghost?
A. The Holy Ghost is the third Person of the Blessed Trinity.

95. Q. From whom does the Holy Ghost proceed?
A. The Holy Ghost proceeds from the Father and the Son.

96. Q. Is the Holy Ghost equal to the Father and the Son?
A. The Holy Ghost is equal to the Father and the Son, being the same Lord and God as They are.

97. Q. On what day did the Holy Ghost come down upon the Apostles?
A. The Holy Ghost came down upon the Apostles ten days after the Ascension of Our Lord; and the day on which He came down upon the Apostles is called Whitsunday, or Pentecost.

98. Q. How did the Holy Ghost come down upon the Apostles?
A. The Holy Ghost came down upon the Apostles in the form of tongues of fire.

99. Q. Who sent the Holy Ghost upon the Apostles?
A. Our Lord Jesus Christ sent the Holy Ghost upon the Apostles.

100. Q. Why did Christ send the Holy Ghost?
A. Christ sent the Holy Ghost to sanctify His Church, to enlighten and strengthen the Apostles, and to enable them to preach the Gospel.

101. Q. Will the Holy Ghost abide with the Church forever?
A. The Holy Ghost will abide with the Church forever, and guide it in the way of holiness and truth.

LESSON TENTH

On the Effects of the Redemption

Be-stowed´ (bē-stōd´), given as a favor.
E-ter´nal (ē-tĕr´năl) **life**, the never-ending happiness of Heaven.
Mer´its (mĕr´ĭts), the rewards earned by His sufferings and death.
Neigh´bor (nā´bĕr), every one in the world.
Par-tic´u-lar (pär-tĭk´ū-lȧr), special.
Per´se-ver´ance (pĕr´sĕ-vēr´ăns), continuing to the end.
Re-vealed´ (rē-vēld´), made known by God.
Sal-va´tion (săl-vā´shŭn), the saving of our soul.
Shun (shŭn), to keep clear of, avoid.
State of grace, the condition of one in whose soul God dwells.
Su´per-nat´u-ral (sū´pĕr-năt´ū-răl), above nature.
Trust (trŭst), to look for confidently.
Vir´tues (vûr´tūz), habits of doing good.

102. Q. Which are the chief effects of the Redemption?

A. The chief effects of the Redemption are two: The satisfaction of God's justice by Christ's sufferings and death, and the gaining of grace for men.

103. Q. What do you mean by grace?

A. By grace I mean a supernatural gift of God bestowed on us, through the merits of Jesus Christ, for our salvation.

104. Q. How many kinds of grace are there?

A. There are two kinds of grace—sanctifying grace and actual grace.

105. Q. What is sanctifying grace?

A. Sanctifying grace is that grace which makes the soul holy and pleasing to God.

106. Q. What do you call those graces or gifts of God by which we believe in Him, hope in Him, and love Him?

A. Those graces or gifts of God by which we believe in Him, and hope in Him, and love Him, are called the Divine virtues of Faith, Hope, and Charity.

107. Q. What is Faith?

A. Faith is a Divine virtue by which we firmly believe the truths which God has revealed.

108. Q. What is Hope?

A. Hope is a Divine virtue by which we firmly trust that God will give us eternal life and the means to obtain it.

109. Q. What is Charity?

A. Charity is a Divine virtue by which we love God above all things for His own sake, and our neighbor as ourselves for the love of God.

110. Q. What is actual grace?

A. Actual grace is that help of God which enlightens our mind and moves our will to shun evil and do good.

111. Q. Is grace necessary to salvation?

A. Grace is necessary to salvation, because without grace we can do nothing to merit Heaven.

112. Q. Can we resist the grace of God?

A. We can and unfortunately often do resist the grace of God.

113. Q. What is the grace of perseverance?

A. The grace of perseverance is a particular gift of God which enables us to continue in the state of grace till death.

LESSON ELEVENTH

On the Church

Cath´o-lic (kăth´ō-lĭk), spread all over the world, universal.
Con´gre-ga´-tion (kŏn´grĕgā´shŭn), a union of people, a society.
Found (found), to begin or establish.
Fruits (frūts), benefits, results.
In´sti-tut´-ed (ĭn´stĭ-tūt´ĕd), given or appointed.
In-vis´i-ble (ĭn-vĭz´ĭ-b'l), that which cannot be seen.
Law´ful (lô´fŭl), by right, according to the Church's laws.
Means (mēnz), aids, helps.
Par-take´ (pär-tāk´) **of**, to receive, share in.
Pro-fess´ (prō-fĕs´), to let it be known publicly.
Suc-ces´sor (sŭk-sĕs´ĕr), one who follows in the place of another.
Vic´ar (vĭk´ĕr), a person acting in the name and with the authority of another.
Vis´i-ble (vĭz´ĭ-b'l), that which can be seen.

114. Q. Which are the means instituted by Our Lord to enable men at all times to share in the fruits of the Redemption?

A. The means instituted by Our Lord to enable men at all times to share in the fruits of His Redemption are the Church and the Sacraments.

115. Q. What is the Church?

A. The Church is the congregation of all those who profess the faith of Christ, partake of the same Sacraments, and are governed by their lawful pastors under one visible head.

116. Q. Who is the invisible Head of the Church?

A. Jesus Christ is the invisible Head of the Church.

117. Q. Who is the visible Head of the Church?

A. Our Holy Father the Pope, the Bishop of Rome, is the Vicar of Christ on earth and the visible Head of the Church.

118. Q. Why is the Pope, the Bishop of Rome, the visible Head of the Church?

A. The Pope, the Bishop of Rome, is the visible Head of the Church because he is

the successor of St. Peter, whom Christ made the chief of the Apostles and the visible Head of the Church.

119. Q. Who are the successors of the other Apostles?

A. The successors of the other Apostles are the Bishops of the Holy Catholic Church.

120. Q. Why did Christ found the Church?

A. Christ founded the Church to teach, govern, sanctify, and save all men.

121. Q. Are all bound to belong to the Church?

A. All are bound to belong to the Church, and he who knows the Church to be the true Church and remains out of it cannot be saved.

LESSON TWELFTH

On the Attributes and Marks of the Church

Ap´os-tol´ic (ăp´ŏs-tŏl´ĭk), coming down from the Apostles.
At´tri-butes (ă´trĭ-būts), qualities.
De-rives´ (dē-rīvz´), getsorreceives.
Doc´trine (dŏk´trĭn), a truth taught by the Church.
Em´i-nent (ĕm´ĭ-nĕnt), very great and noticeable.
Err (ûr), make a mistake.
Faith´ful (fāth´fŭl), Catholics all over the world.
In´de-fect´i-bil´i-ty (ĭn´dē-fĕk´tĭ-bĭl´ĭ-tĭ), quality of being free from decay.
In-fal´li-bil´i-ty (ĭn-făl´ĭ-bĭl´ĭ-tĭ), quality of not being able to make a mistake.
Main-tains´ (mān-tānz´), holds to and defends.
Mor´als (mōr´ălz), the right and wrong in conduct.
One com-mun´ion (kŏ-mūn´-yŭn), sharing in the same spiritual goods.
Pro-claims´ (prō-klāmz´), makes known officially.
Sub-sists´ (sŭb-sĭsts´) lives on.

122. Q. Which are the attributes of the Church?

A. The attributes of the Church are three: authority, infallibility, and indefectibility.

123. Q. What do you mean by the authority of the Church?

A. By the authority of the Church I mean the right and power which the Pope and the Bishops, as the successors of the Apostles, have to teach and to govern the faithful.

124. Q. What do you mean by the infallibility of the Church?

A. By the infallibility of the Church I mean that the Church cannot err when it teaches a doctrine of faith or morals.

125. Q. When does the Church teach infallibly?

A. The Church teaches infallibly when it speaks through the Pope and the Bishops, united in general council, or through the Pope alone when he proclaims to all the faithful a doctrine of faith or morals.

126. Q. What do you mean by the indefectibility of the Church?

A. By the indefectibility of the Church I mean that the Church, as Christ founded it, will last till the end of time.

127. Q. In whom are these attributes found in their fullness?

A. These attributes are found in their fullness in the Pope, the visible Head of the Church, whose infallible authority to teach bishops, priests, and people in matters of faith or morals will last till the end of the world.

128. Q. Has the Church any marks by which it may be known?

A. The Church has four marks by which it may be known: it is One; it is Holy; it is Catholic; it is Apostolic.

129. Q. How is the Church One?

A. The Church is One because all its members agree in one faith, are all in one communion, and are all under one Head.

130. Q. How is the Church Holy?

A. The Church is Holy because its founder, Jesus Christ, is holy; because it teaches a holy doctrine; invites all to a holy life; and because of the eminent holiness of so many thousands of its children.

131. Q. How is the Church Catholic or universal?

A. The Church is Catholic or universal because it subsists in all ages, teaches all nations, and maintains all truth.

132. Q. How is the Church Apostolic?

A. The Church is Apostolic because it was founded by Christ on His Apostles, and is governed by their lawful successors, and because it has never ceased, and never will cease, to teach their doctrine.

133. Q. In which Church are these attributes and marks found?

A. These attributes and marks are found in the Holy Roman Catholic Church alone.

134. Q. From whom does the Church derive its undying life and infallible authority?

A. The Church derives its undying life and infallible authority from the Holy Ghost, the Spirit of truth, who abides with it forever.

135. Q. By whom is the Church made and kept One, Holy, and Catholic?

A. The Church is made and kept One, Holy, and Catholic by the Holy Ghost, the Spirit of love and holiness, who unites and sanctifies its members throughout the world.

LESSON THIRTEENTH

On the Sacraments in General

At-tain´ (ă-tān´), to reach or come to.
Char´ac-ter (kăr´ăk-tĕr), mark, stamp.
Dis´po-si´tions (dĭs´pō-zĭsh´ŭnz), state of mind and heart.
Ex-treme´ (ĕks-trēm´), last.
Im-print´ (ĭm-prĭnt´), to stamp.
Out´ward (out´wĕrd), that which can be seen, heard or felt.
Sac´ra-men´tal (săk´rȧ-mĕn´tăl), belonging to a sacrament.
Sac´ri-lege (săk´rĭ-lĕj), willful abuse of or disrespect for any sacred person, place, or thing.
Sign, that which stands for something else.
Wor´thi-ly (wûr´thĭ-lĭ), in the right way.

136. Q. What is a Sacrament?

A. A Sacrament is an outward sign instituted by Christ to give grace.

137. Q. How many Sacraments are there?

A. There are seven Sacraments: Baptism, Confirmation, Holy Eucharist, Penance, Extreme Unction, Holy Orders, and Matrimony.

138. Q. Whence have the Sacraments the power of giving grace?

A. The Sacraments have the power of giving grace from the merits of Jesus Christ.

139. Q. What grace do the Sacraments give?

A. Some of the Sacraments give sanctifying grace, and others increase it in our souls.

140. Q. Which are the Sacraments that give sanctifying grace?

A. The Sacraments that give sanctifying grace are Baptism and Penance; and they are called Sacraments of the dead.

141. Q. Why are Baptism and Penance called Sacraments of the dead?

A. Baptism and Penance are called Sacraments of the dead, because they take away sin, which is the death of the soul, and give grace, which is its life.

142. Q. Which are the Sacraments that increase sanctifying grace in our soul?

A. The Sacraments that increase sanctifying grace in our soul are: Confirmation, Holy Eucharist, Extreme Unction, Holy Orders, and Matrimony; and they are called Sacraments of the living.

143. Q. Why are Confirmation, Holy Eucharist, Extreme Unction, Holy Orders, and Matrimony called Sacraments of the living?

A. Confirmation, Holy Eucharist, Extreme Unction, Holy Orders, and Matrimony are called Sacraments of the living, because those who receive them worthily are already living the life of grace.

144. Q. What sin does he commit who receives the Sacraments of the living in mortal sin?

A. He who receives the Sacraments of the living in mortal sin commits a sacrilege, which is a great sin, because it is an abuse of a sacred thing.

145. Q. Besides sanctifying grace do the Sacraments give any other grace?

A. Besides sanctifying grace the Sacraments give another grace, called sacramental.

146. Q. What is sacramental grace?

A. Sacramental grace is a special help which God gives, to attain the end for which He instituted each Sacrament.

147. Q. Do the Sacraments always give grace?

A. The Sacraments always give grace, if we receive them with the right dispositions.

148. Q. Can we receive the Sacraments more than once?

A. We can receive the Sacraments more than once, except Baptism, Confirmation, and Holy Orders.

149. Q. Why can we not receive Baptism, Confirmation, and Holy Orders more than once?

A. We cannot receive Baptism, Confirmation, and Holy Orders more than once, because they imprint a character in the soul.

150. Q. What is the character which these Sacraments imprint in the soul?

A. The character which these Sacraments imprint in the soul is a spiritual mark which remains forever.

151. Q. Does this character remain in the soul even after death?

A. This character remains in the soul even after death: for the honor and glory of those who are saved; for the shame and punishment of those who are lost.

LESSON FOURTEENTH

On Baptism

Ad-min´is-ter (ăd-mĭn´ĭs-tĕr), give or perform.
Ar´dent (är´dĕnt), very great or strong.
Cleans´es (klĕnz´ĕz), washes, frees.
Heirs (ârz), inheritors, entitled to.
Ob-li-ga´tion (ŏb-lĭ-gā´shŭn), something that one is bound to do, duty.
Or-dained´ (ôr-dānd´), ordered or commanded.
Or´di-na-ry (ôr´dĭ-nā-rĭ), usual or regular.
Pomps (pŏmps), snares or traps disguised to lead you into sin.
Re-mit´ted (rē-mĭt´ĕd), blotted out.
Re-nounce´ (rē-nouns´), give up.

152. Q. What is Baptism?

A. Baptism is a Sacrament which cleanses us from Original Sin, makes us Christians, children of God, and heirs of Heaven.

153. Q. Are actual sins ever remitted by Baptism?

A. Actual sins and all the punishment due to them are remitted by Baptism, if the person baptized be guilty of any.

154. Q. Is Baptism necessary to salvation?

A. Baptism is necessary to salvation, because without it we cannot enter into the Kingdom of Heaven.

155. Q. Who can administer Baptism?

A. The priest is the ordinary minister of Baptism; but in case of necessity any one who has the use of reason may baptize.

156. Q. How is Baptism given?

A. Whoever baptizes should pour water on the head of the person to be baptized, and say, while pouring the water: "I baptize thee in the name of the Father, and of the Son, and of the Holy Ghost."

157. Q. How many kinds of Baptism are there?

A. There are three kinds of Baptism: Baptism of water, of desire, and of blood.

158. Q. What is Baptism of water?

A. Baptism of water is that which is given by pouring water on the head of the person to be baptized, and saying at the same time: "I baptize thee in the name of the Father, and of the Son, and of the Holy Ghost."

159. Q. What is Baptism of desire?

A. Baptism of desire is an ardent wish to receive Baptism, and to do all that God has ordained for our salvation.

160. Q. What is Baptism of blood?

A. Baptism of blood is the shedding of one's blood for the faith of Christ.

161. Q. Is Baptism of desire or of blood sufficient to produce the effects of Baptism of water?

A. Baptism of desire or of blood is sufficient to produce the effects of the Baptism of water, if it is impossible to receive the Baptism of water.

162. Q. What do we promise in Baptism?

A. In Baptism we promise to renounce the devil with all his works and pomps.

163. Q. Why is the name of a saint given in Baptism?

A. The name of a saint is given in Baptism in order that the person baptized may imitate his virtues and have him for a protector.

164. Q. Why are godfathers and godmothers given in Baptism?

A. Godfathers and godmothers are given in Baptism in order that they may promise, in the name of the child, what the child itself would promise if it had the use of reason.

165. Q. What is the obligation of a godfather and a godmother?

A. The obligation of a godfather and a godmother is to instruct the child in its religious duties, if the parents neglect to do so or die.

LESSON FIFTEENTH

On Confirmation

A-noints´ (ȧ-noints´), rubs with oil.
Balm (bäm), the juice of the balsam tree.
Con-firm´ (kŏn-fûrm´), make strong.
Con´se-crat´ed (kŏn´sĕ-krāt´ĕd), blessed and so set apart as holy.
Ex-posed´ (ĕks-pōzd´), laid open, subject to.
Mys´ter-ies (mĭs´tẽr-ĭz), truths.
Na´ture (nā´tūr), meaning.
Temp-ta´tions (tĕmp-tā´shŭnz), whatever might draw one into sin.
Vi´o-lent (vī´ō-lĕnt), very strong.

166. Q. What is Confirmation?

A. Confirmation is a Sacrament through which we receive the Holy Ghost to make us strong and perfect Christians and soldiers of Jesus Christ.

167. Q. Who administers Confirmation?

A. The Bishop is the ordinary minister of Confirmation.

168. Q. How does the Bishop give Confirmation?

A. The Bishop extends his hands over those who are to be confirmed, prays that they may receive the Holy Ghost, and anoints the forehead of each with holy chrism in the form of a cross.

169. Q. What is holy chrism?

A. Holy chrism is a mixture of olive-oil and balm, consecrated by the Bishop.

170. Q. What does the Bishop say in anointing the person he confirms?

A. In anointing the person he confirms the Bishop says: "I sign thee with the sign of the cross, and I confirm thee with the chrism of salvation, in the name of the Father, and of the Son, and of the Holy Ghost."

171. Q. What is meant by anointing the forehead with chrism in the form of a cross?

A. By anointing the forehead with chrism in the form of a cross is meant, that the Christian who is confirmed must openly profess and practice his faith, never be ashamed of it, and rather die than deny it.

172. Q. Why does the Bishop give the person he confirms a slight blow on the cheek?

A. The Bishop gives the person he confirms a slight blow on the cheek, to put him in mind that he must be ready to suffer everything, even death, for the sake of Christ.

173. Q. To receive Confirmation worthily is it necessary to be in the state of grace?

A. To receive Confirmation worthily it is necessary to be in the state of grace.

174. Q. What special preparation should be made to receive Confirmation?

A. Persons of an age to learn should know the chief mysteries of faith and the duties of a Christian, and be instructed in the nature and effects of this Sacrament.

175. Q. Is it a sin to neglect Confirmation?

A. It is a sin to neglect Confirmation, especially in these evil days when faith and morals are exposed to so many and such violent temptations.

LESSON SIXTEENTH

On the Gifts and Fruits of the Holy Ghost

Be-at´i-tudes (bē-ăt´ĭ-tūdz), blessings—part of Our Lord's Sermon on the Mount on blessedness.
Be-nig´ni-ty (bĕ-nĭg´nĭ-tĭ), kindness and sweetness.
Char´i-ty, love of God and of neighbor.
Clean of Heart, persons whose thoughts are pure and holy.
Con´ti-nen-cy (kŏn´tĭ-nĕn-sĭ), self-control.
De-ceits´ (dē-sēts´), frauds, snares.
Filled (fĭld), that is, with grace and goodness.
Fruits, the things produced by the gifts.
Joy, pleasure in doing God's Will.
Jus´tice (jŭs´tĭs), goodness, virtue.
Long´-suf-fer-ing (lŏng´sŭf-ĕr-ĭng), patience that never grows tired.
Meek (mēk), gentle, sweet-tempered.
Mourn, grieve for their sins and for Christ's sufferings.
Per´se-cu´tion (pûr´sĕ-kū´shŭn), injury or annoyance from others on account of our religion.
Poor in spir´it, valuing the things of God more than the things of the world.
Rel´ish (rĕl´ĭsh), taste or liking for.

176. Q. Which are the effects of Confirmation?

A. The effects of Confirmation are an increase of sanctifying grace, the strengthening of our faith, and the gifts of the Holy Ghost.

177. Q. Which are the gifts of the Holy Ghost?

A. The gifts of the Holy Ghost are Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety and Fear of the Lord.

178. Q. Why do we receive the gift of Fear of the Lord?

A. We receive the gift of Fear of the Lord to fill us with a dread of sin.

179. Q. Why do we receive the gift of Piety?

A. We receive the gift of Piety to make us love God as a Father and obey Him because we love Him.

180. Q. Why do we receive the gift of Knowledge?

A. We receive the gift of Knowledge to enable us to discover the Will of God in all things.

181. Q. Why do we receive the gift of Fortitude?

A. We receive the gift of Fortitude to strengthen us to do the Will of God in all things.

182. Q. Why do we receive the gift of Counsel?

A. We receive the gift of Counsel to warn us of the deceits of the devil, and of the dangers to salvation.

183. Q. Why do we receive the gift of Understanding?

A. We receive the gift of Understanding to enable us to know more clearly the mysteries of faith.

184. Q. Why do we receive the gift of Wisdom?

A. We receive the gift of Wisdom to give us a relish for the things of God, and to direct our whole life and all our actions to His honor and glory.

185. Q. Which are the Beatitudes?

A. The Beatitudes are:

1. Blessed are the poor in spirit, for theirs is the Kingdom of Heaven.
2. Blessed are the meek, for they shall possess the land.
3. Blessed are they that mourn, for they shall be comforted.
4. Blessed are they that hunger and thirst after justice, for they shall be filled.
5. Blessed are the merciful, for they shall obtain mercy.
6. Blessed are the clean of heart, for they shall see God.
7. Blessed are the peacemakers, for they shall be called the children of God.
8. Blessed are they that suffer persecution for justice's sake, for theirs is the Kingdom of Heaven.

186. Q. Which are the twelve fruits of the Holy Ghost?

A. The twelve fruits of the Holy Ghost are Charity, Joy, Peace, Patience, Benignity, Goodness, Long-suffering, Mildness, Faith, Modesty, Continency, and Chastity.

LESSON SEVENTEENTH

On the Sacrament of Penance

Ab´so-lu´tion (ăb´sō-lū´shŭn), pardon given in Christ's name.
Ab-solv´ing (ăb-zŏlv´ĭng), taking away sin.
Con´science (kŏn´shĕns), that within us which tells us when we do wrong.
De-test´ (dē-tĕst´), to hate.
Ear´nest (ûr´nĕst) **effort**, doing our very best.
Ex-am´ine (ĕg-zăm´ĭn), to ask questions of ourselves.
Firm, that cannot be shaken.
Pre´cepts (prē´sĕpts), commandments.
Re-mit´ (rē-mĭt´), forgive.
Res´o-lu´tion (rĕz´ō-lū´shŭn) making up our mind.
Re-store´ (rē-stôr´), to give back.
Re-tain´ (rē-tān´), to refuse to forgive; to hold.
Wor´thy (wûr´thĭ), good.

187. Q. What is the Sacrament of Penance?

A. Penance is a Sacrament in which the sins committed after Baptism are forgiven.

188. Q. How does the Sacrament of Penance remit sin, and restore to the soul the friendship of God?

A. The Sacrament of Penance remits sins and restores the friendship of God to the soul by means of the absolution of the priest.

189. Q. How do you know that the priest has the power of absolving from the sins committed after Baptism?

A. I know that the priest has the power of absoiving from the sins committed after Baptism, because Jesus Christ granted that power to the priests of His Church when He said: "Receive ye the Holy Ghost. Whose sins you shall forgive, they are forgiven them; whose sins you shall retain, they are retained."

190. Q. How do the priests of the Church exercise the power of forgiving sins?

A. The priests of the Church exercise the power of forgiving sins by hearing the confession of sins, and granting pardon for them as ministers of God and in His Name.

191. Q. What must we do to receive the Sacrament of Penance worthily?

A. To receive the Sacrament of Penance worthily we must do five things:

1. We must examine our conscience.
2. We must have sorrow for our sins.
3. We must make a firm resolution never more to offend God.
4. We must confess our sins to the priest.
5. We must accept the penance which the priest gives us.

192. Q. What is the examination of conscience?

A. The examination of conscience is an earnest effort to recall to mind all the sins we have committed since our last worthy confession.

193. Q. How can we make a good examination of conscience?

A. We can make a good examination of conscience by calling to memory the Commandments of God, the precepts of the Church, the seven capital sins, and the particular duties of our state in life, to find out the sins we have committed.

194. Q. What should we do before beginning the examination of conscience?

A. Before beginning the examination of conscience we should pray to God to give us light to know our sins and grace to detest them.

LESSON EIGHTEENTH

On Contrition

En-deav´or (ĕn-dĕv´ĕr), to try hard.
Ex-cit´ed (ĕk-sīt´ĕd), increased, stirred up.
Fixed re-solve´ (rē-zŏlv´), deciding once for all.
Im-per´fect (ĭm-pĕr´fĕkt), good, but not the best.
Mere´ly nat´u-ral (mēr´lĭnăt´ūrăl), not caused by God's grace.
Mo´tives (mō´tĭvz), reasons.
Of-fend´ed (ō-fĕnd´ĕd), greatly displeased.
Pre-serv´er (prē-zûr´vĕr), the One who keeps us alive.
Prompt´ed (prŏmpt´ĕd), started.
Sov´er-eign (sŭv´ĕr-ĭn), above and greater than for any other misfortune.
U´ni-ver´sal (ū´nĭ-vûr´săl), taking in all, leaving out nothing.

195. Q. What is contrition, or sorrow for sin?

A. Contrition, or sorrow for sin, is a hatred of sin and a true grief of the soul for having offended God, with a firm purpose of sinning no more.

196. Q. What kind of sorrow should we have for our sins?

A. The sorrow we should have for our sins should be interior, supernatural, universal, and sovereign.

197. Q. What do you mean by saying that our sorrow should be interior?

A. When I say that our sorrow should be interior, I mean that it should come from the heart, and not merely from the lips.

198. Q. What do you mean by saying that our sorrow should be supernatural?

A. When I say that our sorrow should be supernatural, I mean that it should be prompted by the grace of God, and excited by motives which spring from faith, and not by merely natural motives.

199. Q. What do you mean by saying that our sorrow should be universal?

A. When I say that our sorrow should be universal, I mean that we should be sorry for all our mortal sins without exception.

200. Q. What do you mean when you say that our sorrow should be sovereign?

A. When I say that our sorrow should be sovereign, I mean that we should grieve more for having offended God than for any other evil that can befall us.

201. Q. Why should we be sorry for our sins?

A. We should be sorry for our sins, because sin is the greatest of evils and an offense against God our Creator, Preserver, and Redeemer, and because it shuts us out of Heaven and condemns us to the eternal pains of Hell.

202. Q. How many kinds of contrition are there?

A. There are two kinds of contrition: perfect contrition and imperfect contrition.

203. Q. What is perfect contrition?

A. Perfect contrition is that which fills us with sorrow and hatred for sin, because it offends God, who is infinitely good in Himself and worthy of all love.

204. Q. What is imperfect contrition?

A. Imperfect contrition is that by which we hate what offends God, because by it we lose Heaven and deserve Hell; or because sin is so hateful in itself.

205. Q. Is imperfect contrition sufficient for a worthy Confession?

A. Imperfect contrition is sufficient for a worthy Confession, but we should endeavor to have perfect contrition.

206. Q. What do you mean by a firm purpose of sinning no more?

A. By a firm purpose of sinning no more I mean a fixed resolve not only to avoid all mortal sin, but also its near occasions.

207. Q. What do you mean by the near occasions of sin?

A. By the near occasions of sin I mean all the persons, places, and things that may easily lead us into sin.

LESSON NINETEENTH

On Confession

Ac-cuse´ (ă-kūz´), to charge with having committed a fault.
Ad-mon´ish (ăd-mŏn´ĭsh), to kindly warn of faults.
Alms´giv-ing (ämz´gĭv-ĭng), helping the poor.
Cir´cum-stanc-es (sûr´kŭm-stăn-sĕz), facts that explain the thing better.
Con-ceal´ (kŏn-sēl´), to hide or keep back.
Cor´po-ral (kôr´pō-răl), helping the body.
Coun´sel (koun´sĕl), to advise.
Du´ly au´thor-ized (dū´lĭ ŏ´thŏr-īzd), appointed by the Bishop.
Ex-ag´ger-at´ing ĕg-zăj´ĕr-āt´-ĭng), making things worse than they are.
Har´bor (här´bẽr), to give shelter to.
Har´bor-less (här´bẽr-lĕs), persons without a home.
Ills, sufferings and misfortunes.
Pa´tient (pā´shĕnt), without complaining.
Ran´som (răn´sŭm), to buy freedom for a slave or prisoner.
Re-peat´ (rē-pēt´), to say or do over again.
Sat´is-fac´tion (săt´ĭs-făk´shŭn), reparation or making up for the injury done.
Spir´it-u-al (spĭr´ĭ-tū-ăl), helping the soul.
Tem´po-ral (tĕm´pō-răl), lasting for a time only.
Worth´less (wûrth´lĕs), no good at all.

208. Q. What is Confession?

A. Confession is the telling of our sins to a duly authorized priest, for the purpose of obtaining forgiveness.

209. Q. What sins are we bound to confess?

A. We are bound to confess all our mortal sins, but it is well also to confess our venial sins.

210. Q. Which are the chief qualities of a good Confession?

A. The chief qualities of a good Confession are three: it must be humble, sincere, and entire.

211. Q. When is our Confession humble?

A. Our Confession is humble, when we accuse ourselves of our sins, with a deep sense of shame and sorrow for having offended God.

212. Q. When is our Confession sincere?

A. Our Confession is sincere, when we tell our sins honestly and truthfully, neither exaggerating nor excusing them.

213. Q. When is our Confession entire?

A. Our Confession is entire, when we tell the number and kinds of our sins and the circumstances which change their nature.

214. Q. What should we do if we cannot remember the number of our sins?

A. If we cannot remember the number of our sins, we should tell the number as nearly as possible, and say how often we may have sinned in a day, a week, or a month, and how long the habit or practice has lasted.

215. Q. Is our Confession worthy if, without our fault, we forget to confess a mortal sin?

A. If without our fault we forget to confess a mortal sin, our Confession is worthy, and the sin is forgiven; but it must be told in Confession if it again comes to our mind.

216. Q. Is it a grievous offense willfully to conceal a mortal sin in Confession?

A. It is a grievous offense willfully to conceal a mortal sin in Confession, because we thereby tell a lie to the Holy Ghost, and make our Confession worthless.

217. Q. What must he do who has willfully concealed a mortal sin in Confession?

A. He who has willfully concealed a mortal sin in Confession must not only confess it, but must also repeat all the sins he has committed since his last worthy Confession.

218. Q. Why does the priest give us a penance after Confession?

A. The priest gives us a penance after Confession, that we may satisfy God for the temporal punishment due to our sins.

219. Q. Does not the Sacrament of Penance remit all punishment due to sin?

A. The Sacrament of Penance remits the eternal punishment due to sin, but it does not always remit the temporal punishment which God requires as satisfaction for our sins.

220. Q. Why does God require a temporal punishment as a satisfaction for sin?

A. God requires a temporal punishment as a satisfaction for sin, to teach us the great evil of sin and to prevent us from falling again.

221. Q. Which are the chief means by which we satisfy God for the temporal punishment due to sin?

A. The chief means by which we satisfy God for the temporal punishment due to sin are: Prayer, Fasting, Almsgiving, all spiritual and corporal works of mercy, and the patient suffering of the ills of life.

222. Q. Which are the chief spiritual works of mercy?

A. The chief spiritual works of mercy are seven: To admonish the sinner, to instruct the ignorant, to counsel the doubtful, to comfort the sorrowful, to bear wrongs patiently, to forgive all injuries, and to pray for the living and the dead.

223. Q. Which are the chief corporal works of mercy?

A. The chief corporal works of mercy are seven: To feed the hungry, to give drink to the thirsty, to clothe the naked, to ransom the captive, to harbor the harborless, to visit the sick, and to bury the dead.

LESSON TWENTIETH

On the Manner of Making a Good Confession

Con-fes´sion-al (kŏn-fĕsh´ŭn-ăl), the box or stall in which the priest hears Confessions.
Con-fes´sor (kŏn-fĕs´ĕr), the priest hearing Confessions.
Re-new´ (rē-nū´), say or repeat.

224. Q. What should we do on entering the confessional?

A. On entering the confessional we should kneel, make the Sign of the Cross, and say to the priest, "Bless me, Father"; then add, "I confess to Almighty God and to you, Father, that I have sinned."

225. Q. Which are the first things we should tell the priest in Confession?

A. The first things we should tell the priest in Confession are the time of our last Confession, and whether we said the penance and went to Holy Communion.

226. Q. After telling the time of our last Confession and Communion what should we do?

A. After telling the time of our last Confession and Communion we should confess all the mortal sins we have since committed, and all the venial sins we may wish to mention.

227. Q. What must we do when the confessor asks us questions?

A. When the confessor asks us questions we must answer them truthfully and clearly.

228. Q. What should we do after telling our sins?

A. After telling our sins we should listen with attention to the advice which the confessor may think proper to give.

229. Q. How should we end our Confession?

A. We should end our Confession by saying, "I also accuse myself of all the sins of my past life," telling, if we choose, one or several of our past sins.

230. Q. What should we do while the priest is giving us absolution?

A. While the priest is giving us absolution we should from our heart renew the Act of Contrition.

LESSON TWENTY-FIRST

On Indulgences

Ap-ply´ing (ăp-plī´ĭng), giving the benefit of.
En-joined´ (ĕn-joind´), ordered to be done.
Li´cense (lī´sĕns), permission to do something.
Par´tial (pär´shăl), in part only.
Ple´na-ry (plē´nȧ-rĭ), full, complete.
Re-mis´sion (rē-mĭsh´ŭn), taking away.
Su´per-a-bun´dant (sū´pĕr-ȧ-bŭn´-dănt), more than was necessary.
Treas´ur-y (trĕszh´ūr-ĭ) a place for storing riches.

231. Q. What is an Indulgence?

A. An Indulgence is the remission in whole or in part of the temporal punishment due to sin.

232. Q. Is an Indulgence a pardon of sin, or a license to commit sin?

A. An Indulgence is not a pardon of sin, nor a license to commit sin, and one who is in a state of mortal sin cannot gain an Indulgence.

233. Q. How many kinds of Indulgences are there?

A. There are two kinds of Indulgences—Plenary and Partial.

234. Q. What is a Plenary Indulgence?

A. A Plenary Indulgence is the full remission of the temporal punishment due to sin.

235. Q. What is a Partial Indulgence?

A. A Partial Indulgence is the remission of a part of the temporal punishment due to sin.

236. Q. How does the Church by means of Indulgences remit the temporal punishment due to sin?

A. The Church by means of Indulgences remits the temporal punishment due to sin by applying to us the merits of Jesus Christ, and the superabundant satisfactions of the Blessed Virgin Mary and of the Saints; which merits and satisfactions are its spiritual treasury.

237. Q. What must we do to gain an Indulgence?

A. To gain an Indulgence we must be in the state of grace and perform the works enjoined.

LESSON TWENTY-SECOND

On the Holy Eucharist

Com-mem´o-ra´tion (kŏ-mĕm´ō-rā´shŭn), a calling to mind.
Con´se-cra´tion (kŏn´sĕ-krā´shŭn), the act of changing the bread and wine into the sacred Body and Blood of Christ.
Di-vin´i-ty (dĭ-vĭn´ĭ-tĭ), the nature of God.
Min´is-try (mĭn´ĭs-trĭ), by means of.
Sen´ses (sĕn´sĕz), the sight, the taste, the touch.
Tran´sub-stan´ti-a´tion (trăn´sŭbstăn´shē-ā´shŭn), the change of one thing into another without any change in its appearance.

238. Q. What is the Holy Eucharist?

A. The Holy Eucharist is the Sacrament which contains the Body and Blood, Soul and Divinity, of Our Lord Jesus Christ under the appearances of bread and wine.

239. Q. When did Christ institute the Holy Eucharist?

A. Christ instituted the Holy Eucharist at the Last Supper, the night before He died.

240. Q. Who were present when Our Lord instituted the Holy Eucharist?

A. When Our Lord instituted the Holy Eucharist the twelve Apostles were present.

241. Q. How did Our Lord institute the Holy Eucharist?

A. Our Lord instituted the Holy Eucharist by taking bread, blessing, breaking, and giving to His Apostles, saying: "Take ye and eat, This is My Body"; and then by taking the cup of wine, blessing and giving it, saying to them: "Drink ye all of this. This is My Blood which shall be shed for the remission of sins. Do this for a commemoration of Me."

242. Q. What happened when Our Lord said, "This is My Body; this is My Blood?"

A. When Our Lord said, "This is My Body," the substance of the bread was changed into the substance of His Body; when He said, "This is My Blood," the substance of the wine was changed into the substance of His Blood.

243. Q. Is Jesus Christ whole and entire both under the form of bread and under the form of wine?

A. Jesus Christ is whole and entire both under the form of bread and under the form

of wine.

244. Q. Did anything remain of the bread and wine after their substance had been changed into the substance of the Body and Blood of Our Lord?

A. After the substance of the bread and wine had been changed into the substance of the Body and Blood of Our Lord there remained only the appearances of bread and wine.

245. Q. What do you mean by the appearances of bread and wine?

A. By the appearances of bread and wine I mean the figure, the color, the taste, and whatever appears to the senses.

246. Q. What is this change of the bread and wine into the Body and Blood of Our Lord called?

A. This change of the bread and wine into the Body and Blood of Our Lord is called Transubstantiation.

247. Q. How was the substance of the bread and wine changed into the substance of the Body and Blood of Christ?

A. The substance of the bread and wine was changed into the substance of the Body and Blood of Christ by His almighty power.

248. Q. Does this change of bread and wine into the Body and Blood of Christ continue to be made in the Church?

A. This change of bread and wine into the Body and Blood of Christ continues to be made in the Church by Jesus Christ through the ministry of His priests.

249. Q. When did Christ give His priests the power to change bread and wine into His Body and Blood?

A. Christ gave His priests the power to change bread and wine into His Body and Blood when He said to the Apostles, "Do this in commemoration of Me."

250. Q. How do the priests exercise this power of changing bread and wine into the Body and Blood of Christ?

A. The priests exercise this power of changing bread and wine into the Body and Blood of Christ through the words of Consecration in the Mass, which are the words of Christ: "This is My Body; this is My Blood."

LESSON TWENTY-THIRD

On the Ends for Which the Holy Eucharist Was Instituted

Ab-stain´ing (ăb-stān´ĭng), keeping from.
A-dor´ing (ȧ-dōr´ĭng), saying to God that He is all and we are nothing.
Au´thor (ô´thĕr), He from whom a thing comes.
In´cli-na´tions (ĭn´klĭ-nā´shŭnz), strong likings.
Live´ly (līv´lĭ), heartfelt, strong.
Nour´ish (nŭr´ĭsh), to support with food.
Pledge (plĕj), promise.
Sac´ri-fice (săk´rĭ-fīs), an offering made to God.

251. Q. Why did Christ institute the Holy Eucharist?

A. Christ instituted the Holy Eucharist:

1. To unite us to Himself and to nourish our soul with His divine life.
2. To increase sanctifying grace and all virtues in our soul.
3. To lessen our evil inclinations.
4. To be a pledge of everlasting life.
5. To fit our bodies for a glorious resurrection.
6. To continue the sacrifice of the Cross in His Church.

252. Q. How are we united to Jesus Christ in the Holy Eucharist?

A. We are united to Jesus Christ in the Holy Eucharist by means of Holy Communion.

253. Q. What is Holy Communion?

A. Holy Communion is the receiving of the Body and Blood of Christ.

254. Q. What is necessary to make a good Communion?

A. To make a good Communion it is necessary to be in the state of sanctifying grace, to have a right intention, and to obey the laws of fasting. (See Q. 257.)

255. Q. Does he who receives Communion in mortal sin receive the Body and Blood of Christ?

A. He who receives Communion in mortal sin receives the Body and Blood of Christ, but does not receive His grace, and he commits a great sacrilege.

256. Q. Is it enough to be free from mortal sin to receive plentifully the graces of Holy Communion?

A. To receive plentifully the graces of Holy Communion it is not enough to be free from mortal sin, but we should be free from all affection to venial sin, and should make acts of faith, hope, and love.

257. Q. What is the fast necessary for Holy Communion?

A. The fast necessary for Holy Communion is to abstain from all food, beverages, and alcoholic drinks for one hour before Holy Communion. Water may be taken at any time. The sick may take food, non-alcoholic drinks, and any medicine up to Communion time.[1]

258. Q. Is any one ever allowed to receive Holy Communion when not fasting?

A. Any one in danger of death is allowed to receive Holy Communion when not fasting or when it is necessary to save the Blessed Sacrament from insult or injury.

259. Q. When are we bound to receive Holy Communion?

A. We are bound to receive Holy Communion, under pain of mortal sin, during the Easter time and when in danger of death.

260. Q. Is it well to receive Holy Communion often?

A. It is well to receive Holy Communion often, as nothing is a greater aid to a holy life than often to receive the Author of all grace and the Source of all good.

261. Q. What should we do after Holy Communion?

A. After Holy Communion we should spend some time in adoring Our Lord, in thanking Him for the grace we have received, and in asking Him for the blessings we need.

1. This answer has been changed in the 1977 printing to bring it up to date with the current rules.

LESSON TWENTY-FOURTH

On the Sacrifice of the Mass

Ack-nowl´edge (ăk-nŏl´ĕj), to show that we believe.
Con-sum´ing (kŏn-sūm´ĭng), destroying by receiving as food and drink.
Med´i-tate (mĕd´ĭ-tāt), to think over in our mind.
Re´al-ly (rē´ăl-lĭ) truly, and not in appearance only.
Rec´o-llec´tion (rĕk´ŏ-lĕk´shŭn), remembering where we are.

262. Q. When and where are the bread and wine changed into the Body and Blood of Christ?

A. The bread and wine are changed into the Body and Blood of Christ at the Consecration in the Mass.

263. Q. What is the Mass?

A. The Mass is the unbloody Sacrifice of the Body and Blood of Christ.

264. Q. What is a sacrifice?

A. A sacrifice is the offering of an object by a priest to God alone, and the consuming of it to acknowledge that He is the Creator and Lord of all things.

265. Q. Is the Mass the same Sacrifice as that of the Cross?

A. The Mass is the same Sacrifice as that of the Cross.

266. Q. How is the Mass the same Sacrifice as that of the Cross?

A. The Mass is the same sacrifice as that of the Cross because the offering and the priest are the same—Christ our Blessed Lord; and the ends for which the Sacrifice of the Mass is offered are the same as those of the Sacrifice of the Cross.

267. Q. What were the ends for which the Sacrifice of the Cross was offered?

A. The ends for which the Sacrifice of the Cross was offered were: 1) To honor and glorify God; 2) To thank Him for all the graces bestowed on the whole world; 3) To satisfy God's justice for the sins of men; 4) To obtain all graces and blessings.

268. Q. Is there any difference between the Sacrifice of the Cross and the Sacrifice of the Mass?

A. Yes; the manner in which the Sacrifice is offered is different. On the Cross Christ really shed His blood and was really slain; in the Mass there is no real shedding of blood nor real death, because Christ can die no more; but the Sacrifice of the Mass, through the separate consecration of the bread and the wine, represents His death on the Cross.

269. Q. How should we assist at Mass?

A. We should assist at Mass with great interior recollection and piety and with every outward mark of respect and devotion.

270. Q. Which is the best manner of hearing Mass?

A. The best manner of hearing Mass is to offer it to God with the priest for the same purpose for which it is said, to meditate on Christ's sufferings and death, and to go to Holy Communion.

LESSON TWENTY-FIFTH

On Extreme Unction and Holy Orders

Con-fer´ (kŏn-fĕr´), to give, bestow.
Dis-pen´sers (dĭs-pĕn´sĕrz), those who give out.
Ex-treme´ (ĕks-trēm´), the very last.
Res´ig-na´tion (rĕz´ĭg-nā´shŭn), accepting God's Will.
Re-store´ (rē-stôr´), bring back.
Re-sult´ (rē-zŭlt´), what comes of a thing.
Unc´tion (ŭnk´shŭn), rubbing with oil.

271. Q. What is the Sacrament of Extreme Unction?

A. Extreme Unction is the Sacrament which, through the anointing and prayer of the priest, gives health and strength to the soul, and sometimes to the body, when we are in danger of death from sickness.

272. Q. When should we receive Extreme Unction?

A. We should receive Extreme Unction when we are in danger of death from sickness, or from a wound or accident.

273. Q. Should we wait until we are in extreme danger before we receive Extreme Unction?

A. We should not wait until we are in extreme danger before we receive Extreme Unction, but if possible we should receive it whilst we have the use of our senses.

274. Q. Which are the effects of the Sacrament of Extreme Unction?

A. The effects of Extreme Unction are: 1) To comfort us in the pains of sickness and to strengthen us against temptation; 2) To remit venial sins and to cleanse our soul from the remains of sin; 3) To restore us to health, when God sees fit.

275. Q. What do you mean by the remains of sin?

A. By the remains of sin I mean the inclination to evil and the weakness of the will which are the result of our sins, and which remain after our sins have been forgiven.

276. Q. How should we receive the Sacrament of Extreme Unction?

A. We should receive the Sacrament of Extreme Unction in the state of grace, and

with lively faith and resignation to the Will of God.

277. Q. Who is the minister of the Sacrament of Extreme Unction?

A. The priest is the minister of the Sacrament of Extreme Unction.

278. Q. What is the Sacrament of Holy Orders?

A. Holy Orders is a Sacrament by which bishops, priests, and other ministers of the Church are ordained and receive the power and grace to perform their sacred duties.

279. Q. What is necessary to receive Holy Orders worthily?

A. To receive Holy Orders worthily it is necessary to be in the state of grace, to have the necessary knowledge and a divine call to this sacred office.

280. Q. How should Christians look upon the priests of the Church?

A. Christians should look upon the priests of the Church as the messengers of God and the dispensers of His mysteries.

281. Q. Who can confer the Sacrament of Holy Orders?

A. Bishops can confer the Sacrament of Holy Orders.

LESSON TWENTY-SIXTH

On Matrimony

Bond (bŏnd), tie, union.
Civ´il (sĭv´ĭl) **effects**, what concerns public order.
Com-ply´ (kŏm-plī´) **with**, to act according to, obey.
Con´tract (kŏn´trăkt), a binding agreement.
Dig´ni-ty (dĭg´nĭ-tĭ), high rank.
Dis-solved´ (dĭ-zŏlvd´), broken up.
Ed´u-ca´tion (ĕd´ū-kā´shŭn), training of mind and heart.
Has´ti-ly (hās´tĭ-lĭ), without thinking well beforehand.
Hu´man (hū´măn), belonging to man.
In-dif´fer-ence (ĭn-dĭf´ĕr-ĕns), caring little or nothing about God and religion.
In-ten´tion (ĭn-tĕn´shŭn), motive.
Law´ful (lô´fŭl), according to law.
Mo´tives (mō´tĭvz), reasons.
Weak´ness-es (wēk´nĕs-ĕz), faults and failings.

282. Q. What is the Sacrament of Matrimony?

A. The Sacrament of Matrimony is the Sacrament which unites a Christian man and woman in lawful marriage.

283. Q. Can a Christian man and woman be united in lawful marriage in any other way than by the Sacrament of Matrimony?

A. A Christian man and woman cannot be united in lawful marriage in any other way than by the Sacrament of Matrimony, because Christ raised marriage to the dignity of a Sacrament.

284. Q. Can the bond of Christian marriage be dissolved by any human power?

A. The bond of Christian marriage cannot be dissolved by any human power.

285. Q. Which are the effects of the Sacrament of Matrimony?

A. The effects of the Sacrament of Matrimony are: 1) To sanctify the love of husband and wife; 2) To give them grace to bear with each other's weaknesses; 3) To enable them to bring up their children in the fear and love of God.

286. Q. To receive the Sacrament of Matrimony worthily is it necessary to be in the state of grace?

A. To receive the Sacrament of Matrimony worthily it is necessary to be in the state of grace, and it is necessary also to comply with the laws of the Church.

287. Q. Who has the right to make laws concerning the Sacrament of marriage?

A. The Church alone has the right to make laws concerning the Sacrament of marriage, though the state also has the right to make laws concerning the civil effects of the marriage contract.

288. Q. Does the Church forbid the marriage of Catholics with persons who have a different religion or no religion at all?

A. The Church does forbid the marriage of Catholics with persons who have a different religion or no religion at all.

289. Q. Why does the Church forbid the marriage of Catholics with persons who have a different religion or no religion at all?

A. The Church forbids the marriage of Catholics with persons who have a different religion or no religion at all, because such marriages generally lead to indifference, loss of faith, and to the neglect of the religious education of the children.

290. Q. Why do many marriages prove unhappy?

A. Many marriages prove unhappy because they are entered into hastily and without worthy motives.

291. Q. How should Christians prepare for a holy and happy marriage?

A. Christians should prepare for a holy and happy marriage by receiving the Sacraments of Penance and Holy Eucharist; by begging God to grant them a pure intention and to direct their choice; and by seeking the advice of their parents and the blessing of their pastors.

LESSON TWENTY-SEVENTH

On the Sacramentals

Dis´po-si´tions (dĭs´pō-zĭsh´-ŭnz), feelings, state of mind.
Ex-pres´ses (ĕks-prĕs´ĕz), shows by words and actions.
Fre´quent (frē´kwĕnt), happening often.
Ob´sta-cle (ŏb´stȧ-k'l), that which hinders.
Powers of Darkness, the devil and his bad angels.
Sac´ra-men´tals (săk´rȧ-mĕn´-tălz), something blessed or set apart by the Church.
Sol´emn (sŏl´ĕm), with special ceremonies.

292. Q. What is a sacramental?

A. A sacramental is anything set apart or blessed by the Church to excite good thoughts and to increase devotion, and through these movements of the heart to remit venial sin.

293. Q. What is the difference between the Sacraments and the sacramentals?

A. The difference between the Sacraments and the sacramentals is: 1) The Sacraments were instituted by Jesus Christ and the sacramentals were instituted by the Church; 2) The Sacraments give grace of themselves when we place no obstacle in the way; the sacramentals excite in us pious dispositions, by means of which we may obtain grace.

294. Q. Which is the chief sacramental used in the Church?

A. The chief sacramental used in the Church is the Sign of the Cross.

295. Q. How do we make the Sign of the Cross?

A. We make the Sign of the Cross by putting the right hand to the forehead, then on the breast, and then to the left and right shoulders, saying, "In the name of the Father and of the Son, and of the Holy Ghost. Amen."

296. Q. Why do we make the Sign of the Cross?

A. We make the Sign of the Cross to show that we are Christians and to profess our belief in the chief mysteries of our religion.

297. Q. How is the Sign of the Cross a profession of faith in the chief mysteries of our religion?

A. The Sign of the Cross is a profession of faith in the chief mysteries of our religion because it expresses the mysteries of the Unity and Trinity of God and of the Incarnation and death of Our Lord.

298. Q. How does the Sign of the Cross express the mystery of the Unity and Trinity of God?

A. The words, "In the name," express the Unity of God; the words that follow, "of the Father, and of the Son, and of the Holy Ghost," express the mystery of the Trinity.

299. Q. How does the Sign of the Cross express the mystery of the Incarnation and death of Our Lord?

A. The Sign of the Cross expresses the mystery of the Incarnation by reminding us that the Son of God, having become man, suffered death on the Cross.

300. Q. What other sacramental is in very frequent use?

A. Another sacramental in very frequent use is holy water.

301. Q. What is holy water?

A. Holy water is water blessed by the priest with solemn prayer to beg God's blessing on those who use it, and protection from the powers of darkness.

302. Q. Are there other sacramentals besides the Sign of the Cross and holy water?

A. Besides the Sign of the Cross and holy water there are many other sacramentals, such as blessed candles, ashes, palms, crucifixes, images of the Blessed Virgin and of the Saints, rosaries, and scapulars.

LESSON TWENTY-EIGHTH

On Prayer

Af-flic´tions (ă-flĭk´shŭnz), sufferings in mind or body.
At-ten´tion (ă-tĕn´shŭn), thinking of what you are saying.
A-vail´ (ȧ-vāl´), profit or advantage.
Con-fi´te-or (kŏn-fē´tā-ōr), I confess.
De-pend´ence (dē-pĕn´dĕns), looking to Him for support.
Dis-trac´tions (dĭs-trăk´shŭnz), thinking of other things besides your prayers.
Help´less-ness (hĕlp´lĕs-nĕs), weakness, like a child's.

303. Q. Is there any other means of obtaining God's grace than the Sacraments?

A. There is another means of obtaining God's grace, and it is prayer.

304. Q. What is prayer?

A. Prayer is the lifting up of our minds and hearts to God to adore Him, to thank Him for His benefits, to ask His forgiveness, and to beg of Him all the graces we need whether for soul or body.

305. Q. Is prayer necessary to salvation?

A. Prayer is necessary to salvation, and without it no one having the use of reason can be saved.

306. Q. At what particular times should we pray?

A. We should pray particularly on Sundays and holy days, every morning and night, in all dangers, temptations, and afflictions.

307. Q. How should we pray?

A. We should pray: 1) With attention; 2) With a sense of our own helplessness and dependence upon God; 3) With a great desire for the graces we beg of God; 4) With trust in God's goodness; 5) With perseverance.

308. Q. Which are the prayers most recommended to us?

A. The prayers most recommended to us are the *Lord's Prayer*, the *Hail Mary*, the *Apostles' Creed*, the *Confiteor*, and the *Acts of Faith*, *Hope*, *Love*, and *Contrition*.

309. Q. Are prayers said with distractions of any avail?

A. Prayers said with willful distractions are of no avail.

LESSON TWENTY-NINTH

On the Commandments of God

Bear false witness, to tell lies about.
Bond´age (bŏn´dāj), slavery.
Con-firmed´ (kŏn-fûrmd´), renewed, gave them new force.
Cov´et (kŭv´ĕt), to be greedy for, to desire.
Goods, riches, or whatever he owns.
Grav´en (grāv´n), cut out of wood or stone.
Hon´or, to respect and obey.
In vain, without necessity or in fun.
Op-posed´ (ŏ-pōzd´), against.
Shun (shŭn), to avoid.
Strange, false.
Take, utter, invoke.

310. Q. Is it enough to belong to God's Church in order to be saved?

A. It is not enough to belong to the Church in order to be saved, but we must also keep the Commandments of God and of the Church.

311. Q. Which are the Commandments that contain the whole law of God?

A. The Commandments which contain the whole law of God are these two: 1) Thou shalt love the Lord thy God with thy whole heart, with thy whole soul, with thy whole strength, and with thy whole mind; 2) Thou shalt love thy neighbor as thyself.

312. Q. Why do these two Commandments of the love of God and of our neighbor contain the whole law of God?

A. These two Commandments of the love of God and of our neighbor contain the whole law of God because all the other Commandments are given either to help us to keep these two, or to direct us how to shun what is opposed to them.

313. Q. Which are the Commandments of God?

A. The Commandments of God are these ten:

1. I am the Lord thy God, who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt not have strange gods before Me. Thou shalt

not make to thyself a graven thing, nor the likeness of anything that is in heaven above, or in the earth beneath, nor of those things that are in the waters under the earth. Thou shalt not adore them, nor serve them.

2. Thou shalt not take the name of the Lord thy God in vain.
3. Remember thou keep holy the Sabbath day.
4. Honor thy father and thy mother.
5. Thou shalt not kill.
6. Thou shalt not commit adultery.
7. Thou shalt not steal.
8. Thou shalt not bear false witness against thy neighbor.
9. Thou shalt not covet thy neighbor's wife.
10. Thou shalt not covet thy neighbor's goods.

314. Q. Who gave the Ten Commandments?

A. God Himself gave the Ten Commandments to Moses on Mount Sinai, and Christ Our Lord confirmed them.

LESSON THIRTIETH

On the First Commandment

Ac-knowl´edge (ăk-nŏl´ĕj), to declare their belief in.
A-dore´ (ȧ-dōr´), to give God the honor due Him alone.
At-trib´ut-ing (ă-trĭb´ū-tĭng), referring.
Charms (chärmz), objects worn on the body and supposed to bring luck or drive away evil.
Con-fess´ (kŏn-fĕs´), declare their faith in.
Ex´pec-ta´tion (ĕks´pĕk-tā´shŭn), a looking forward to.
Her´e-tics (hĕr´ĕ-tĭks), baptized persons not Catholics.
In´fi-dels (ĭn´fĭ-dĕlz), persons never baptized.
Me´di-ums (mē´dĭ-ŭmz), people who claim that through them the living can talk to the dead.
Pre-sump´tion (prē-zŭmp´shŭn), taking for granted the saving of one's soul.
Rash (răsh), foolish.
Spells (spĕlz), certain words, the saying of which is supposed to possess magical power.
Spir´it-ists (spĭr´ĭ-tĭsts), people who believe that the living can talk with the dead.
Wor´ship (wûr´shĭp), religious service.

315. Q. What is the first Commandment?

A. The first Commandment is: "I am the Lord thy God: thou shalt not have strange gods before Me."

316. Q. How does the first Commandment help us to keep the great Commandment of the love of God?

A. The first Commandment helps us to keep the great Commandment of the love of God because it commands us to adore God alone.

317. Q. How do we adore God?

A. We adore God by faith, hope, and charity, by prayer and sacrifice.

318. Q. How may the first Commandment be broken?

A. The first Commandment may be broken by giving to a creature the honor which belongs to God alone; by false worship; and by attributing to a creature a perfection which belongs to God alone.

319. Q. Do those who make use of spells and charms, or who believe in dreams, in mediums, spiritists, fortune-tellers, and the like, sin against the first Commandment?

A. Those who make use of spells and charms, or who believe in dreams, in mediums, spiritists, fortune-tellers and the like, sin against the first Commandment, because they attribute to creatures perfections which belong to God alone.

320. Q. Are sins against faith, hope, and charity also sins against the first Commandment?

A. Sins against faith, hope, and charity are also sins against the first Commandment.

321. Q. How does a person sin against faith?

A. A person sins against faith: 1) by not trying to know what God has taught; 2) by refusing to believe all that God has taught; 3) by neglecting to profess his belief in what God has taught.

322. Q. How do we fail to try to know what God has taught?

A. We fail to try to know what God has taught by neglecting to learn the Christian doctrine.

323. Q. Who are they who do not believe all that God has taught?

A. They who do not believe all that God has taught are the heretics and infidels.

324. Q. Who are they who neglect to profess their belief in what God has taught?

A. They who neglect to profess their belief in what God has taught are all those who fail to acknowledge the true Church in which they really believe.

325. Q. Can they who fail to profess their faith in the true Church in which they believe expect to be saved while in that state?

A. They who fail to profess their faith in the true Church in which they believe cannot expect to be saved while in that state, for Christ has said: "Whoever shall deny Me before men, I will also deny him before My Father who is in Heaven."

326. Q. Are we obliged to make open profession of our faith?

A. We are obliged to make open profession of our faith as often as God's honor, our neighbor's spiritual good, or our own requires it. "Whosoever," says Christ, "shall confess Me before men, I will also confess him before My Father who is in heaven."

327. Q. Which are the sins against hope?

A. The sins against hope are presumption and despair.

328. Q. What is presumption?

A. Presumption is a rash expectation of salvation without making proper use of the necessary means to obtain it.

329. Q. What is despair?

A. Despair is the loss of hope in God's mercy.

330. Q. How do we sin against the love of God?

A. We sin against the love of God by all sin, but particularly by mortal sin.

LESSON THIRTY-FIRST

The First Commandment—On the Honor and Invocation of Saints

Ap-proves´ (ă-prōōvz´), is in accord with.
Breth´ren (brĕth´rĕn), belonging to the one family.
De-rived´ (dē-rīvd´), resulting from.
En-liv´en (ĕn-līv´n), to stir up.
Im´i-tate (ĭm´ĭ-tāt), to copy.
In´ter-cess´ion (ĭn´tĕr-sĕsh´ŭn), pleading.
In´vo-ca´tion (ĭn´vō-kā´shŭn), calling upon.
Me-mo´ri-als (mĕ-mō´rĭ-ălz), something to remind us.
Rel´ics (rĕl´ĭks), bones of the saints or objects connected with them or Our Lord.
Rep´re-sen-ta´tions (rĕp´rĕ-zĕn-tā´-shŭnz), means of showing the appearance of absent ones.

331. Q. Does the first Commandment forbid the honoring of the Saints?

A. The first Commandment does not forbid the honoring of the Saints, but rather approves of it; because by honoring the Saints, who are the chosen friends of God, we honor God Himself.

332. Q. Does the first Commandment forbid us to pray to the Saints?

A. The first Commandment does not forbid us to pray to the Saints.

333. Q. What do we mean by praying to the Saints?

A. By praying to the Saints we mean the asking of their help and prayers.

334. Q. How do we know that the Saints hear us?

A. We know that the Saints hear us, because they are with God, who makes our prayers known to them.

335. Q. Why do we believe that the Saints will help us?

A. We believe that the Saints will help us because both they and we are members of the same Church, and they love us as their brethren.

336. Q. How are the Saints and we members of the same Church?

A. The Saints and we are members of the same Church, because the Church in Heaven and the Church on earth are one and the same Church, and all its

members are in communion with one another.

337. Q. What is the communion of the members of the Church called?

A. The communion of the members of the Church is called the communion of saints.

338. Q. What does the communion of saints mean?

A. The communion of saints means the union which exists between the members of the Church on earth with one another, and with the blessed in Heaven and with the suffering souls in Purgatory.

339. Q. What benefits are derived from the communion of saints?

A. The following benefits are derived from the communion of saints—the faithful on earth assist one another by their prayers and good works, and they are aided by the intercession of the Saints in Heaven, while both the Saints in Heaven and the faithful on earth help the souls in Purgatory.

340. Q. Does the first Commandment forbid us to honor relics?

A. The first Commandment does not forbid us to honor relics, because relics are the bodies of the Saints, or objects directly connected with them or with Our Lord.

341. Q. Does the first Commandment forbid the making of images?

A. The first Commandment does forbid the making of images if they are made to be adored as gods, but it does not forbid the making of them to put us in mind of Jesus Christ, His Blessed Mother, and the Saints.

342. Q. Is it right to show respect to the pictures and images of Christ and His Saints?

A. It is right to show respect to the pictures and images of Christ and His Saints, because they are the representations and memorials of them.

343. Q. Is it allowed to pray to the crucifix or to the images and relics of the Saints?

A. It is not allowed to pray to the crucifix or images and relics of the Saints, for they have no life, nor power to help us, nor sense to hear us.

344. Q. Why do we pray before the crucifix and the images and relics of the Saints?

A. We pray before the crucifix and images and relics of the Saints because they enliven our devotion by exciting pious affections and desires, and by reminding us of Christ and of the Saints, that we may imitate their virtues.

LESSON THIRTY-SECOND

From the Second to the Fourth Commandment

Blas´phe-my (blȧs´fĕ-mĭ), saying or doing something disrespectful to God or holy things.
Curs´ing (kûrs´ĭng), calling upon God to bring evils on another.
De-lib´er-ate (dē-lĭb´ĕr-ā̆t), well considered beforehand.
Due (dū), right and proper.
Law´ful au-thor´i-ty (lô´fŭlô-thŏr´ĭ-tĭ), one having the right to command.
Ob-serv´ance (ŏb-zûr´văns), keeping holy.
Old Law, the law made for the Jews until Christ came.
Pro-fane´ (prō-fān´), wicked or irreverent.
Rev´er-ence (rĕv´ĕr-ĕns), great respect.
Sab´bath (săb´ȧth), seventh day of week.
Ser´vile (sûr´vĭl), performed with bodily labor.

345. Q. What is the second Commandment?

A. The second Commandment is: "Thou shalt not take the name of the Lord thy God in vain."

346. Q. What are we commanded by the second Commandment?

A. We are commanded by the second Commandment to speak with reverence of God and of the Saints, and of all holy things, and to keep our lawful oaths and vows.

347. Q. What is an oath?

A. An oath is the calling upon God to witness the truth of what we say.

348. Q. When may we take an oath?

A. We may take an oath when it is ordered by lawful authority or required for God's honor or for our own or our neighbor's good.

349. Q. What is necessary to make an oath lawful?

A. To make an oath lawful it is necessary that what we swear to, be true, and that there be a sufficient cause for taking an oath.

350. Q. What is a vow?

A. A vow is a deliberate promise made to God to do something that is pleasing to Him.

351. Q. Is it a sin not to fulfill our vows?

A. Not to fulfill our vows is a sin, mortal or venial, according to the nature of the vow and the intention we had in making it.

352. Q. What is forbidden by the second Commandment?

A. The second Commandment forbids all false, rash, unjust, and unnecessary oaths, blasphemy, cursing, and profane words.

353. Q. What is the third Commandment?

A. The third Commandment is: "Remember thou keep holy the Sabbath day."

354. Q. What are we commanded by the third Commandment?

A. By the third Commandment we are commanded to keep holy the Lord's day and the Holy Days of Obligation, on which we are to give our time to the service and worship of God.

355. Q. How are we to worship God on Sundays and Holy Days of Obligation?

A. We are to worship God on Sundays and Holy Days of Obligation by hearing Mass, by prayer, and by other good works.

356. Q. Are the Sabbath day and the Sunday the same?

A. The Sabbath day and the Sunday are not the same. The Sabbath is the seventh day of the week, and is the day which was kept holy in the Old Law; the Sunday is the first day of the week, and is the day which is kept holy in the New Law.

357. Q. Why does the Church command us to keep the Sunday holy instead of the Sabbath?

A. The Church commands us to keep the Sunday holy instead of the Sabbath because on Sunday Christ rose from the dead, and on Sunday He sent the Holy Ghost upon the Apostles.

358. Q. What is forbidden by the third Commandment?

A. The third Commandment forbids all unnecessary servile work and whatever else may hinder the due observance of the Lord's day,

359. Q. What are servile works?

A. Servile works are those which require labor rather of body than of mind.

360. Q. Are servile works on Sunday ever lawful?

A. Servile works are lawful on Sunday when the honor of God, the good of our neighbor, or necessity requires them.

LESSON THIRTY-THIRD

From the Fourth to the Seventh Commandment

Con-tempt´ (kŏn-tĕmpt´), making little of.
Di-rec´tion (dĭ-rĕk´shŭn), advice, counsel.
Ha´tred (hā´trĕd), strong dislike.
Mag´is-trates (măj´ĭs-trāts), public officials.
Re-venge´ (rē-vĕnj´), desire to pay back an injury.
Stub´born-ness (stŭb´ẽrn-nĕss), wanting to have our own way.
Su-pe´ri-ors (sū-pē´rĭ-ẽrz), those placed over us.

361. Q. What is the fourth Commandment?

A. The fourth Commandment is: "Honor thy father and thy mother."

362. Q. What are we commanded by the fourth Commandment?

A. We are commanded by the fourth Commandment to honor, love, and obey our parents in all that is not sin.

363. Q. Are we bound to honor and obey others than our parents?

A. We are also bound to honor and obey our bishops, pastors, magistrates, teachers, and other lawful superiors.

364. Q. Have parents and superiors any duties towards those who are under their charge?

A. It is the duty of parents and superiors to take good care of all under their charge and give them proper direction and example.

365. Q. What is forbidden by the fourth Commandment?

A. The fourth Commandment forbids all disobedience, contempt, and stubbornness towards our parents or lawful superiors.

366. Q. What is the fifth Commandment?

A. The fifth Commandment is: "Thou shalt not kill."

367. Q. What are we commanded by the fifth Commandment?

A. We are commanded by the fifth Commandment to live in peace and union with our neighbor, to respect his rights, to seek his spiritual and bodily welfare, and to

take proper care of our own life and health.

368. Q. What is forbidden by the fifth Commandment?

A. The fifth Commandment forbids all willful murder, fighting, anger, hatred, revenge and bad example.

369. Q. What is the sixth Commandment?

A. The sixth Commandment is: "Thou shalt not commit adultery."

370. Q. What are we commanded by the sixth Commandment?

A. We are commanded by the sixth Commandment to be pure in thought and modest in all our looks, words, and actions.

371. Q. What is forbidden by the sixth Commandment?

A. The sixth Commandment forbids all unchaste freedom with another's wife or husband; also all immodesty with ourselves or others in looks, dress, words, or actions.

372. Q. Does the sixth Commandment forbid the reading of bad and immodest books and newspapers?

A. The sixth Commandment does forbid the reading of bad and immodest books and newspapers.

LESSON THIRTY-FOURTH

From the Seventh to the End of the Tenth Commandment

Back´bit´ing (băk´bīt´ĭng), talking evil of one who is absent.
Ban´ish (băn´ĭsh), to chase away.
Dam´age (dăm´ăj), harm done to any one.
Ill´got´ten (ĭl´gŏt´ĕn), gotten unjustly.
Prop´er-ty (prŏp´ẽr-tĭ), that which belongs to a person.
Rash Judg´ments (răsh jŭj´mĕnts), thinking or saying evil things about another of which we are not sure.
Rep´u-ta´tion (rĕp´ū-tā´shŭn), good name.
Se´ri-ous-ly (sē´rĭ-ŭs-lĭ), greatly.
Slan´ders (slăn´dẽrz), wicked lies about another.
Un-just´ (ŭn-jŭst´), that which is against the rights of another.

373. Q. What is the seventh Commandment?

A. The seventh Commandment is: "Thou shalt not steal."

374. Q. What are we commanded by the seventh Commandment?

A. By the seventh Commandment we are commanded to give to all men what belongs to them and to respect their property.

375. Q. What is forbidden by the seventh Commandment?

A. The seventh Commandment forbids all unjust taking or keeping what belongs to another.

376. Q. Are we bound to restore ill-gotten goods?

A. We are bound to restore ill-gotten goods, or the value of them, as far as we are able; otherwise we cannot be forgiven.

377. Q. Are we obliged to repair the damage we have unjustly caused?

A. We are bound to repair the damage we have unjustly caused.

378. Q. What is the eighth Commandment?

A. The eighth Commandment is: "Thou shalt not bear false witness against thy neighbor."

379. Q. What are we commanded by the eighth Commandment?

A. We are commanded by the eighth Commandment to speak the truth in all things and to be careful of the honor and reputation of every one.

380. Q. What is forbidden by the eighth Commandment?

A. The eighth Commandment forbids all rash judgments, backbiting, slanders, and lies.

381. Q. What must they do who have lied about their neighbor and seriously injured his character?

A. They who have lied about their neighbor and seriously injured his character must repair the injury done as far as they are able, otherwise they will not be forgiven.

382. Q. What is the ninth Commandment?

A. The ninth Commandment is: "Thou shalt not covet thy neighbor's wife."

383. Q. What are we commanded by the ninth Commandment?

A. We are commanded by the ninth Commandment to keep ourselves pure in thought and desire.

384. Q. What is forbidden by the ninth Commandment?

A. The ninth Commandment forbids unchaste thoughts, desires of another's wife or husband, and all other unlawful impure thoughts and desires.

385. Q. Are impure thoughts and desires always sins?

A. Impure thoughts and desires are always sins, unless they displease us and we try to banish them.

386. Q. What is the tenth Commandment?

A. The tenth Commandment is: "Thou shalt not covet thy neighbor's goods."

387. Q. What are we commanded by the tenth Commandment?

A. By the tenth Commandment we are commanded to be content with what we have, and to rejoice in our neighbor's welfare.

388. Q. What is forbidden by the tenth Commandment?

A. The tenth Commandment forbids all desires to take or keep wrongfully what belongs to another.

LESSON THIRTY-FIFTH

On the First and Second Commandments of the Church

Ab-stain´ (ăb-stān´), nottoeatmeat.
Ab´sti-nence (ăb´stĭ-nĕns), doing without meat.
Con-trib´ute (kŏn-trĭb´ūt), to pay our share.
Fast (făst), to eat only one full meal in the day.
Kin´dred (kĭn´drĕd), blood relationship.
Mor´ti-fy (môr´tĭ-fī), to deaden, keep down.
Sol´em-nize (sŏl´ĕm-nīz), to have the wedding blessing and great display.
Third degree, second cousins.
Wit´ness-es (wĭt´nĕs-ĕz), the two who stand up with the marrying couple.

389. Q. Which are the chief commandments of the Church?

A. The chief commandments of the Church are six:

1. To hear Mass on Sundays and Holy Days of Obligation.
2. To fast and abstain on the days appointed.
3. To confess at least once a year.
4. To receive the Holy Eucharist during the Easter time.
5. To contribute to the support of our pastors.
6. Not to marry persons who are not Catholics, or who are related to us within the third degree of kindred, nor privately without witnesses, nor to solemnize marriage at forbidden times.

390. Q. Is it a mortal sin not to hear Mass on a Sunday or a Holy Day of Obligation?

A. It is a mortal sin not to hear Mass on a Sunday or a Holy Day of Obligation, unless we are excused for a serious reason. They also commit a mortal sin who, having others under their charge, hinder them from hearing Mass, without a sufficient reason.

391. Q. Why were Holy Days instituted by the Church?

A. Holy Days were instituted by the Church to recall to our minds the great mysteries of religion and the virtues and rewards of the Saints.

392. Q. How should we keep the Holy Days of Obligation?

A. We should keep the Holy Days of Obligation as we should keep the Sunday.

393. Q. What do you mean by fast-days?

A. By fast-days I mean days on which we are allowed but one full meal.

394. Q. What do you mean by days of abstinence?

A. By days of abstinence I mean days on which we are forbidden to eat flesh-meat, but are allowed the usual number of meals.

395. Q. Why does the Church command us to fast and abstain?

A. The Church commands us to fast and abstain, in order that we may mortify our passions and satisfy for our sins.[1]

396. Q. Why does the Church command us to abstain from flesh-meat on Fridays?

A. The Church commands us to abstain from flesh-meat on Fridays, in honor of the day on which our Saviour died.

1. "On the non-Lenten Fridays outside of Lent, the U.S. bishops conference obtained the permission of the Holy See for Catholics in the U.S. to substitute a penitential, or even a charitable, practice of their own choosing. They must do some penitential/charitable practice on these Fridays. For most people the easiest practice to consistently fulfill will be the traditional one, to abstain from meat. . . . During Lent, abstinence from meat on Fridays is obligatory in the United States as elsewhere." (www.ewtn.com/faith/lent/fast.html). —*Publisher*, 2010

LESSON THIRTY-SIXTH

On the Third, Fourth, Fifth, and Sixth Commandments of the Church

Cer´e-mo-ny (sĕr´ĕ-mō-nĭ), rite.
Fre´quent-ly (frē´kwĕnt-lĭ), often.
Nup´tial (nŭp´shăl), marriage.
Pomp (pŏmp), show, display.
Pre´cept (prē´sĕpt), command.
Pri´vate-ly (prī´văt-lĭ), secretly.
Wed´ded (wĕd´ĕd), married.

397. Q. What is meant by the command of confessing at least once a year?

A. By the command of confessing at least once a year is meant that we are obliged, under pain of mortal sin, to go to Confession within the year.

398. Q. Should we confess only once a year?

A. We should confess frequently, if we wish to lead a good life.

399. Q. Should children go to Confession?

A. Children should go to Confession when they are old enough to commit sin, which is commonly about the age of seven years.

400. Q. What sin does he commit who neglects to receive Communion during the Easter time?

A. He who neglects to receive Communion during the Easter time commits a mortal sin.

401. Q. What is the Easter time?

A. The Easter time is, in this country, the time between the first Sunday of Lent and Trinity Sunday.

402. Q. Are we obliged to contribute to the support of our pastors?

A. We are obliged to contribute to the support of our pastors, and to bear our share in the expenses of the church and school.

403. Q. What is the meaning of the commandment not to marry within the third degree of kindred?

A. The meaning of the commandment not to marry within the third degree of kindred is that no one is allowed to marry another within the third degree of blood relationship.

404. Q. What is the meaning of the command not to marry privately?

A. The command not to marry privately means that none should marry without the blessing of God's priests or without witnesses.

405. Q. What is the meaning of the precept not to solemnize marriage at forbidden times?

A. The meaning of the precept not to solemnize marriage at forbidden times is that during Lent and Advent the marriage ceremony should not be performed with pomp or a nuptial Mass.

406. Q. What is the nuptial Mass?

A. A nuptial Mass is a Mass appointed by the Church to invoke a special blessing upon the married couple.

407. Q. Should Catholics be married at a nuptial Mass?

A. Catholics should be married at a nuptial Mass, because they thereby show greater reverence for the holy Sacrament and bring richer blessings upon their wedded life.

LESSON THIRTY-SEVENTH

On the Last Judgment and the Resurrection, Hell, Purgatory, and Heaven

Con-demned´ (kŏn-dĕmd´), sentenced.
Deeds (dēdz), what one has done, good or bad.
De-prived´ (dē-prīvd´), kept from.
Dread´ful (drĕd´fŭl), terrible, awful.
Im-mor´tal (ĭm-môr´tăl), cannot die.
Per-mits´ (pĕr-mĭts´), does not hinder.
Pros´per (prŏs´pĕr), to get on well in this world.
Prov´i-dence (prŏv´ĭ-dĕns), God's way of dealing with us.
Ren´der (rĕn´dĕr), pay, give.
Tor´ments (tôr´mĕnts), pains.
Un´der-go´ (ŭn´dĕr-gō´) to stand or bear.
U-nit´ed (ū-nīt´ĕd), joined.

408. Q. When will Christ judge us?

A. Christ will judge us immediately after our death, and on the last day.

409. Q. What is the judgment called which we have to undergo immediately after death?

A. The judgment we have to undergo immediately after death is called the Particular Judgment.

410. Q. What is the judgment called which all men have to undergo on the last day?

A. The judgment which all men have to undergo on the last day is called the General Judgment.

411. Q. Why does Christ judge men immediately after death?

A. Christ judges men immediately after death to reward or punish them according to their deeds.

412. Q. What are the rewards or punishments appointed for men's souls after the Particular Judgment?

A. The rewards or punishments appointed for men's souls after the Particular Judgment are Heaven, Purgatory, and Hell.

413. Q. What is Hell?

A. Hell is a state to which the wicked are condemned, and in which they are deprived of the sight of God for all eternity, and are in dreadful torments.

414. Q. What is Purgatory?

A. Purgatory is a state in which those suffer for a time who die guilty of venial sins, or without having satisfied for the punishment due to their sins.

415. Q. Can the faithful on earth help the souls in Purgatory?

A. The faithful on earth can help the souls in Purgatory by their prayers, fasts, alms-deeds; by indulgences, and by having Masses said for them.

416. Q. If everyone is judged immediately after death, what need is there of a General Judgment?

A. There is need of a General Judgment, though everyone is judged immediately after death, that the providence of God, which, on earth, often permits the good to suffer and the wicked to prosper, may in the end appear just before all men.

417. Q. Will our bodies share in the reward or punishment of our souls?

A. Our bodies will share in the reward or punishment of our souls, because through the resurrection they will again be united to them.

418. Q. In what state will the bodies of the just rise?

A. The bodies of the just will rise glorious and immortal.

419. Q. Will the bodies of the damned also rise?

A. The bodies of the damned will also rise, but they will be condemned to eternal punishment.

420. Q. What is Heaven?

A. Heaven is the state of everlasting life in which we see God face to face, are made like unto Him in glory, and enjoy eternal happiness.

421. Q. What words should we bear always in mind?

A. We should bear always in mind these words of Our Lord and Saviour Jesus Christ: "What doth it profit a man if he gain the whole world and suffer the loss of his own soul, or what exchange shall a man give for his soul? For the Son of man shall come in the glory of His Father with His angels; and then will He render to every man according to his works."

MORNING PRAYERS

As soon as you awake, think of God. Make the Sign of the Cross and say:

✠ In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

Then dress quickly and kneel down. Now say the *Our Father*, the *Hail Mary*, the *Apostles' Creed*, the *Confiteor* and the *Acts of Faith, Hope, Love* and *Contrition* which you have probably memorized. If you do not know them by heart you will find them on pages 1-5.

Then if you have time also say the following prayers:

To the Blessed Virgin

My Lady, and my Mother, remember I am thine; protect and defend me as thy property and possession.

To St. Joseph

Saint Joseph, model and patron of those who love the Sacred Heart of Jesus, pray for us.

To the Guardian Angel

Angel of God, my guardian dear,
To whom His love commits me here,
Ever this day be at my side,
To light and guard, to rule and guide. Amen.

God bless Papa and Mamma. God bless brothers and sisters, and all my friends. God bless me, and make me a good child.

For the Faithful Departed

Eternal rest give unto them, O Lord. And let perpetual light shine upon them. May they rest in peace. Amen.

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Make the Sign of the Cross.

EVENING PRAYERS

Never go to bed without thanking God for all the benefits you have received during the day and during your whole life. Kneel down. Make the Sign of the Cross. Then say the *Our Father, Hail Mary*, the *Apostles' Creed*, the *Confiteor*, and *Glory Be*.

Now think how you have acted during the day. Are there any big sins on your soul? Any little sins? Try to tell Jesus how sorry you are for all your sins, and say the *Act of Contrition* (p. 4).

Jesus, Mary, Joseph, I give you my heart and my soul.
Jesus, Mary, Joseph, assist me in my last agony.
Jesus, Mary, Joseph, may I breathe forth my soul in peace with you.
O my God, bless my father, mother, and all my relatives and friends.
May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Bless yourself with holy water.

✠ In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

PRAYERS FOR MASS[1]

Remember that the church is the house of God, where the living God dwells. And where God is, His holy angels too are present. In church, therefore, be reverent and modest in your behavior, and always be on time. When you enter, bless yourself with holy water and go quietly to your seat, genuflect on your right knee and enter the pew.

Prayer before Mass

O my God, I am only a child; help me to be attentive, and to pray with all my heart during this holy Mass.

The priest comes out to begin Mass.

Stand.

The priest carries in his hands the chalice, covered with a cloth. The priest goes up to the middle of the altar, and sets down the chalice. Then he goes to the right side and opens the book.

After that he comes down to the foot of the altar, and makes the Sign of the Cross.

THE MASS OF THE CATECHUMENS
(*From the Beginning to the Offertory*)

Kneel.

*In the name of the Father, and of the Son, and of the Holy Ghost. Amen.

*I will go in to the altar of God, to God Who gives joy to my youth.

*Judge me, O God. Keep me safe from all evil.

Glory be to the Father, and to the Son and to the Holy Ghost.

As it was in the beginning, is now and ever shall be, world without end. Amen.

I will go in to the altar of God,

To God Who gives joy to my youth.

Here the priest makes the Sign of the Cross.

Our help is in the name of the Lord.
Who made Heaven and earth.

The priest, bowing down, says the *Confiteor*. Then the altar-boys bow and say it after him. Read it as on p. 2.

The priest goes up to the altar and says:

O Lord, we beg You, by the goodness of Your Saints whose relics are here, and of all Your Saints, to forgive us all our sins.

The Introit and Kyrie Eleison

The priest goes to the right side of the altar and reads from the book. Then going back to the middle of the altar he says the *Kyrie Eleison*.

The Gloria

Glory be to God on high, and on earth peace to men of good will. We praise You. We bless You. We glorify You. We give You thanks for Your great glory, O Lord God, heavenly King, God the Father almighty. O Lord God, Son of the Father, Who take away the sins of the world, have mercy on us. You only, O Jesus Christ, with the Holy Ghost, are most high in the Glory of God the Father. Amen.

The priest turns to the people and says:

The Lord be with you.
And with your spirit.

The Collect

The priest goes to the right side of the altar and reads from the book.

*Let us pray: *Let Your grace and pity guide our hearts, we beg You, O Lord. For without You we cannot please You. Through Our Lord, Jesus Christ, Your Son, Who lives and reigns with You in the unity of the Holy Ghost, world without end. Amen.

The Epistle

The Epistle is a letter. Most of these letters were written by St. Paul. The priest now reads one of these. You may read the following:

Dear children: Be happy, be good, be brave; agree with one another, and be at peace. The grace of Our Lord Jesus Christ, God's love, and the wisdom of the Holy Ghost be with you all. Amen.

Thanks be to God.

The altar-boy carries the book to the left side of the altar. The priest bows at the middle of the altar and says a prayer.

The Gospel

The priest goes to the left and reads from the book.

Stand.

While Jesus was speaking to the people, mothers brought their children to Him, that He might bless them. The disciples told them not to bother Jesus. But Jesus said, "Suffer the little children to come to Me and forbid them not. For of such is the kingdom of Heaven." And Jesus blessed the children.

Praise be to You, O Christ.

Sit.

The priest now turns back to the middle of the altar and says the *Creed*. You also say it (see p. 1).

THE MASS OF THE FAITHFUL
(From the Offertory to the Communion)

The Offering of the Host

The priest takes the cloth off the chalice. Then he holds up a small gold plate on which is the bread, called the *host*.

> *Take, O holy Father, almighty and eternal God, this spotless host which I, Your unworthy servant, offer to You for my many sins and for all who serve You, living and dead. May it help them and me to gain eternal life.

The priest goes to the right side of the altar. He pours wine and water into the chalice. Then the priest goes back to the middle of the altar and raises the chalice.

The Offering of the Chalice

> *We offer You, O Lord, this chalice. May it help us and all the world to gain eternal life. Amen.

The priest goes to the right side of the altar to wash his hands.

Returning to the middle of the altar, the priest bows down and says some prayers. Then he turns to the people and says the *Orate Fratres*.

Now the priest prays in a low voice and then in a louder voice he says the Preface:

> Truly, it is right and just that we should at all times and in all places give thanks to You, O holy Lord, Father almighty, Who, with Your only Son and the Holy Ghost are one God, one Lord. All the angels daily praise You, singing with one voice:

**The Sanctus*

> Holy, holy, holy Lord, God of hosts.
> Heaven and earth are full of Your glory.
> Hosanna in the highest.

The bell is rung three times.

Kneel.

THE CANON[2]

The priest bows low and kisses the altar.

> O most merciful Father, we pray You, through Jesus Christ, Your Son, Our Lord, to take and bless these gifts. We offer them to You for Your holy Catholic Church, for our Pope and Bishop and for all those in the Catholic Faith.

Prayer for the Living

> Be mindful, O Lord, of Your servants (*name those for whom you wish to pray especially*), and all who are now hearing this Mass. Hear, O Lord, the prayers they are offering for themselves, their friends and their families.

The Consecration of the Host

The priest now bends low over the host and says:

THIS IS MY BODY.

At these words, the bread is changed into the Body of Our Lord. The bell rings. The priest kneels and then raises the Sacred Body of Our Lord. Now look at the Sacred Host and say: “My Lord and my God.” Then bow your head as the priest kneels again.

The Consecration of the Wine

The priest bends over the chalice and says:

THIS IS THE CHALICE OF MY BLOOD.

At these words, the wine becomes the Precious Blood of Our Lord. The bell rings. The priest kneels and then raises the Chalice. Now the priest continues to pray silently. Look at the Chalice and say: "Jesus in the Blessed Sacrament, have mercy on us."

The priest kneels. The bell rings again. The priest prays silently.

Prayer for the Dead

> Remember also, O Lord, Your servants (*here name dead relatives and friends*) who have gone before us with the sign of faith and sleep the sleep of peace.

Now the priest says the *Pater Noster*. Say the *Our Father*.
Soon after the priest strikes his breast and says the *Agnus Dei*.

The Priest's Communion

The priest after saying some prayers silently, takes the Sacred Host and paten in his left hand and striking his breast with the right hand says (the bell rings three times):

> *O Lord, I am not worthy that You should enter under my roof. Say but the word and my soul shall be healed.

The priest bows down and receives the Body of Our Lord. He remains in prayer for a short time. Then he uncovers the Chalice and drinks the Sacred Blood of Our Lord.

The Communion of the People

The priest now opens the tabernacle and takes out the Blessed Sacrament to give Holy Communion to the people. Turning to the people and holding the ciborium in his left hand, he lifts up a Sacred Host to the people in his right hand. Now say with the priest three times:

> "Lord, I am not worthy that You should enter my soul; say but the word and my soul shall be healed."

After the Communion

Having replaced the Blessed Sacrament in the tabernacle, the priest after taking water and wine, covers the Chalice and goes to the right side of the altar to read from the book. Then going back to the middle he turns to the people and says:

The Lord be with you.
And with your spirit.

Then the priest again goes to the right side of the altar and reads:

The Prayers after Communion

*Let us pray: We have been filled with Your gifts, O Lord. Grant that they may make us clean and strong. May the gift of this divine Sacrament keep us pure, O Lord. Through the help of the Blessed Virgin, of St. Joseph, of Sts. Peter and Paul and all the Saints, may it free us from all evil.

The priest goes back to the middle of the altar and turning to the people says:

The Lord be with you.
And with your spirit.
Go, the Mass is ended.
Thanks be to God.

The Blessing

The priest bows down and says a prayer. Then turning to the people he blesses them saying:

May almighty God, the Father, Son, and Holy Ghost, bless you. Amen.

The priest goes to the left side of the altar.

Stand.

The Lord be with you.
And with your spirit.

The Last Gospel

The priest makes a cross on forehead, lips, and breast, and says the Gospel of St. John.

Remain standing until the priest has left the sanctuary or kneels down to say the prayers after Mass.

1. The Mass prayers are an arrangement of those contained in Father Finn's *Prayer Book for Catholic Youth* (also known as Father Finn's *Boys' and Girls' Prayer Book*). They follow closely in simplified language the spirit and liturgy of the "Ordinary of the Mass," so that children will become readily accustomed to using the Church's own prayers and follow the priest at the altar. The rubrics when to sit, stand, or kneel at Low Mass are given.

   If it is found desirable to have the children recite prayers aloud and in unison at Mass, certain parts suitable for this purpose are marked with an asterisk (*).

2. By a Decree of the Church (August 4, 1922), the prayers during the Canon, i.e., from the *Sanctus* to the *Pater Noster*, must be said in silence.

THE RIGHT MANNER OF CONFESSING[1]

Prayer before Examining Your Conscience

> O Holy Spirit, help me to know all my sins. Help me to remember that Jesus died for me. Help me to make a good Confession and I promise that I will try never to sin again.

Now think of your sins.

Prayer before Entering the Confessional

> O God, I am very sorry for all my sins. I promise that I will try to be good and never again to hurt You by sin. Dear Jesus, help me. Mother of God, pray that I may please Your Son by true sorrow for my sins.

When your turn comes, go into the confession box. Make the Sign of the Cross and wait till the priest opens the little door. Say what you have been taught to say. Or you may say this:

> Bless me, Father, for I have sinned. It is (*say how long*) since my last Confession. Since then I have committed these sins.

Now tell all your sins and how many times you committed each. If there is something you don't know how to tell, just say, "Please help me, Father," and the priest will help you. After you have told all your sins, say what you have been taught to say. Or you may say:

> That is all, Father.

In case you have no big sins to confess, it is well to end your Confession with: "In my past life I sinned through anger or impurity" (or some sin that you know you did and that you are sorry for). The priest tells you what prayers to say for a penance. Then he tells you to say the *Act of Contrition*. When you come out, kneel down near the altar. Say your penance at once. Then thank God for being so good to you.

1. From Father Finn's *Prayer Book for Catholic Youth*.

ACTS BEFORE COMMUNION

Act of Faith

Jesus Christ, my Sovereign Lord, I firmly believe that Thou art really present in the Holy Eucharist, and that it is Thy body, Thy blood, Thy soul, and Thy divinity that I shall receive in that Adorable Sacrament.

Act of Hope

Thou hast said, O my God, that those hoping in Thee shall never be confounded. I place all my confidence in Thy promises, and I hope that, having nourished myself with Thy body on earth, I shall have the happiness of seeing and possessing Thee eternally in Heaven.

Act of Love

O my divine Jesus, Who hast so loved me as to nourish me with Thy adorable flesh, I love Thee with all my heart and above all things; I wish to live and die in Thy holy love.

Act of Humility

My Saviour and my God, Thou art all sanctity. I am not worthy that Thou shouldst enter my heart; yet, speak but the word and my soul shall be healed.

Act of Desire

My soul desires Thee, O my God! Thou art its joy and happiness. Come, O divine Jesus, come into my heart; it desires ardently to receive Thee.

ACTS AFTER COMMUNION

Act of Adoration

I adore Thee, O Jesus, as the Lamb of God immolated for the salvation of mankind. I join in the profound adoration which the angels and Saints pay to Thee in Heaven.

Act of Thanksgiving

Lord, Thou hast looked on my unworthiness. I was sick, and Thou hast healed me. I was poor, and Thou hast bestowed upon me Thy numberless benefits. How shall I be able to thank Thee, O my Lord, for all Thy favors? I will invoke Thy holy Name, and eternally sing Thy mercies.

Act of Offering

What can I offer Thee, O my God, for the grace of having given Thyself to me? I consecrate to Thy glory my body, my soul, and all that I possess! Dispose of me according to Thy holy Will.

Act of Petition

My divine Redeemer, Thou hast taken possession of me. Do not let the enemy of my salvation ravish the precious treasure I bear in my heart. Preserve me from all sin, and defend me against temptation, that I may persevere until death in the practice of Thy holy law. Amen.

THE ROSARY OF THE BLESSED VIRGIN

The Five Joyful Mysteries
(Assigned for Mondays and Thursdays throughout the year, the Sundays of Advent and after Epiphany until Lent.)

First Mystery. The Annunciation.
Second Mystery. The Visitation.
Third Mystery. The Nativity.
Fourth Mystery. The Presentation.
Fifth Mystery. The Finding of the Child Jesus in the Temple.

The Five Sorrowful Mysteries
(For Tuesdays and Fridays throughout the year and Sundays in Lent.)

First Mystery. The Prayer and Bloody Sweat of our blessed Saviour in the Garden.
Second Mystery. The Scourging of Jesus at the Pillar.
Third Mystery. The Crowning of Jesus with Thorns.
Fourth Mystery. Jesus Carrying His Cross.
Fifth Mystery. The Crucifixion.

The Five Glorious Mysteries
(For Wednesdays and Saturdays throughout the year and Sundays after Easter until after Advent.)

First Mystery. The Resurrection.
Second Mystery. The Ascension.
Third Mystery. The Descent of the Holy Ghost.
Fourth Mystery. The Assumption.
Fifth Mystery. The Crowning of the Blessed Virgin.

THE STATIONS OF THE CROSS

A plenary indulgence can be gained each time one makes the Stations, subject to the usual conditions.

To make the Stations and gain the indulgences, no special prayer is required. We have but to begin at the first Station and go around to the last, thinking devoutly of the Passion and death of Christ

Come, Holy Ghost, Creator Blest

1. Come, Holy Ghost, Creator blest,
   And in our hearts take up Thy rest;
   Come with Thy grace and heavenly aid
   To fill the hearts which Thou hast made.

2. O Comforter, to Thee we cry,
   Thou heavenly Gift of God most high,
   Thou Fount of life and Fire of love,
   And sweet Anointing from above.

3. Praise we the Father and the Son,
   And Holy Spirit with them One;
   And may the Son on us bestow
   The gifts that from the Spirit flow.

O Salutaris

1. O Salutaris Hostia!
      Quae coeli pandis ostium:
   Bella premunt hostilia,
      Da robur, fer auxilium.

2. Uni trinoque Domino
      Sit sempiterna gloria,
   Qui vitam sine termino
      Nobis donet in Patria.
         Amen.

Tantum Ergo

1. Tantum ergo Sacramentum
Veneremur cernui;
Et antiquum documentum
Novo cedat ritui;
Praestet fides supplementum
Sensuum defectui.

2. Genitori, Genitoque
Laus et jubilatio,
Salus, honor, virtus quoque
Sit et benedictio;
Procedenti ab utroque
Compar sit laudatio.
Amen.

V. Panem de coelo praestitisti eis.
R. Omne delectamentum in se habentem.

Adeste Fideles

1. Adeste, fideles,
Laeti triumphantes;
Venite, venite in Bethlehem;
Natum videte
Regem Angelorum,
Venite, adoremus,
Venite, adoremus,
Venite, adoremus Dominum.

2. Deum de Deo,
Lumen de lumine,
Gestant puellae viscera;
Deum verum,
Genitum non factum,
Venite, etc.

3. Cantet nunc Io!
Chorus Angelorum;

Cantet nunc aula coelestium.
Gloria
In excelsis Deo,
Venite, etc.

4. Ergo, qui natus
Die hodierna,
Jesu! tibi sit gloria,
Patris aeterni
Verbum caro factum,
Venite, etc.

Jesus, My Lord, My God
(Rev. F. W. Faber)

1. Jesus, my Lord, my God, my all!
How can I love Thee as I ought?
And how revere this wondrous gift,
So far surpassing hope or thought?

Chorus Sweet Sacrament! We Thee adore,
Oh, make us love Thee more and more,
Oh, make us love Thee more and more.

2. Had I but Mary's sinless heart
To love Thee with, my dearest King,
Oh, with what bursts of fervent praise
Thy goodness, Jesus, would I sing!

To Jesus' Heart All Burning
(Rev. A. J. Christie, S.J.)

1. To Jesus' Heart, all burning
With fervent love for men,
My heart with fondest yearning
Shall raise the joyful strain.

Chorus While ages course along,
Blest be with loudest song
The Sacred Heart of Jesus
By every heart and tongue.

2. O Heart for me on fire
With love no man can speak,
My yet untold desire
God gives me for Thy sake.

3. Too true I have forsaken
Thy flock by wilful sin;
Yet now let me be taken
Back to Thy fold again.

Jesus, Gentlest Saviour
(Rev. F. W. Faber)

1. Jesus, gentlest Saviour!
God of might and power;
Thou Thyself art dwelling
In us at this hour.
Nature cannot hold Thee,
Heav'n is all too strait
For Thine endless glory,
And Thy royal state.

2. Out beyond the shining
Of the farthest star,
Thou art ever stretching
Infinitely far.
Yet the hearts of children
Hold what worlds cannot,
And the God of wonders
Loves the lowly spot.

Jesus! Saviour of My Soul

1. Jesus! Saviour of my soul,
Let me to Thy refuge fly,
While the nearer waters roll,
While the tempest still is nigh.

Chorus Hide me, O my Saviour, hide
Till the storm of life is past;
Safe into Thy haven guide,
O receive my soul at last.
Jesus! Saviour of my soul,
Let me to Thy refuge fly;
Ave, Ave, Jesus mild,
Deign to hear Thy lowly child.

2. Other refuge have I none,
Hangs my helpless soul on Thee,
Leave, oh, leave me not alone,
Still support and strengthen me.

Jesus, the Very Thought of Thee
(Rev. E. Caswall)

1. Jesus, the very thought of Thee
With rapture fills my breast;
But sweeter far Thy Face to see,
And in Thy presence rest.

2. Nor voice can sing, nor heart can frame,
Nor can the mem'ry find
A sweeter sound than Thy blest Name,
O Saviour of mankind!

3. Jesus, our only joy be Thou,
As Thou our prize wilt be;
O Jesus, be our glory now
And through eternity.

What Happiness Can Equal Mine?
(Rev. F. W. Faber)

1. What happiness can equal mine?
I've found the object of my love:
My Jesus dear, my King Divine,
Is come to me from heav'n above;
He chose my heart for His abode,
He there becomes my daily bread;
There on me flows His healing blood;
There with His flesh my soul is fed.

Chorus What happiness can equal mine?
I've found the object of my love:
My Jesus dear, my King Divine,
Is come to me from heav'n above.

2. I am my love's, and He is mine:
In me He dwells, in Him I live;
What greater treasures could I find?
And could, ye heavens, a greater give?
O sacred banquet, heav'nly feast!
O overflowing source of grace,
Where God the food, and man, the guest,
Meet and unite in sweet embrace!

The Love of Jesus

1. O the priceless love of Jesus:
O the strength of grace divine;
All His gifts are showered upon me,
All His blessings may be mine.
He is throned in Heavenly glory
Where no sin nor death can be;
Yet He loves me in this darkness,
Yet He does not turn from me.

2. I am blind, and poor, and wretched,

By temptations sorely tried;
Yet His watchful care abounding
Keeps me ever at His side.
He is God and King Eternal,
Higher than all height can be;
Yet His Heart is with me always,
Yet He stoopeth down to me.

Holy God, We Praise Thy Name
(Rev. C. Walworth)

1. Holy God, we praise Thy name,
Lord of all, we bow before Thee!
All on earth Thy sceptre claim,
All in heav'n above adore Thee.
Infinite Thy vast domain,
Everlasting is Thy name.

2. Hark! the loud celestial hymn,
Angel choirs above are raising!
Cherubim and Seraphim,
In unceasing chorus praising.
Fill the heavens with sweet accord;
Holy! Holy! Holy Lord.

Hail, Heavenly Queen!

1. Hail, heavenly Queen! Hail, foamy ocean star!
O be our guide, diffuse thy beams afar;
Hail, Mother of God! above all virgins blest,
Hail, happy gate of heav'n's eternal rest.

Chorus Hail foamy ocean star! Hail, heav'nly Queen!
O be our guide to endless joys unseen.

2. "Hail, full of grace," with Gabriel we repeat;

Thee, Queen of heav'n, from him we learn to greet;
Then give us peace which heav'n alone can give,
And dead thro' Eve, thro' Mary let us live.

Mother Dear, Oh, Pray for Me

1. Mother dear, oh, pray for me,
Whilst far from heav'n and thee
I wander in a fragile bark,
O'er life's tempestuous sea;
O Virgin Mother, from thy throne,
So bright in bliss above,
Protect thy child and cheer my path,
With thy sweet smile of love.

Chorus Mother dear, remember me,
And never cease thy care,
Till in Heaven eternally
Thy love and bliss I share.

2. Mother dear, oh, pray for me,
Should pleasure's siren lay
E'er tempt thy child to wander far
From virtue's path away;
When thorns beset life's devious way,
And darkling waters flow,
Then, Mary, aid thy weeping child,
Thyself a mother show.

Ora Pro Me

1. Ave Maria! bright and pure,
Hear, O hear me when I pray,
Pains and pleasures try the pilgrim
On his long and dreary way.
Fears and perils are around me,
Ave Maria! bright and pure,

Ora pro me, ora pro me.

2. Ave Maria! Queen of Heaven,
Teach, O teach me to obey,
Lead me on, tho' fierce temptations
Stand and meet me in the way.
When I fail and faint, my Mother,
Ave Maria! bright and pure,
Ora pro me, ora pro me.

I'll Sing a Hymn to Mary
(Rev. Fr. Wyse)

I'll sing a hymn to Mary,
The Mother of my God,
The Virgin of all Virgins,
Of David's royal blood.
Oh, teach me, holy Mary
A loving song to frame,
When wicked men blaspheme thee
To love and bless thy name.

When troubles dark afflict me
In sorrow and in care,
Thy light doth ever guide me
O beauteous Morning Star.
Lo, I'll be ever ready
Thy goodly help to claim,
When wicked men blaspheme thee
I'll love and bless thy name.

Daily, Daily Sing to Mary

1. Daily, daily sing to Mary
Sing, my soul, her praises due;
All her feasts, her actions worship,

With the heart's devotion true.
Lost in wond'ring contemplation,
Be her majesty confess'd;
Call her Mother, call her Virgin,
Happy Mother, Virgin blest.

2. She is mighty to deliver;
Call her, trust her lovingly;
When the tempest rages round thee,
She will calm the troubled sea.
Gifts of Heaven she has given,
Noble Lady, to our race;
She the Queen who decks her subject,
With the light of God's own grace.

Hymn to St. Joseph

1. With grateful hearts we breathe today
The tender accents of our love.
We carol forth a little lay
To thee, great Saint in Heaven above.

Chorus O Joseph dear, from thy bright throne,
Incline thine ear unto our prayer.
And o'er us all as o'er thine own,
Extend thy fond paternal care,
And o'er us all as o'er thine own,
Extend thy fond paternal care,
Extend thy fond paternal care.

2. More favored than earth's greatest king.
Thou wert the guardian of that Child,
Around whose crib full choirs did sing,
With cadenced voices soft and mild.

Dear Guardian of Mary

(Rev. F. W. Faber)

1. Dear Guardian of Mary! dear nurse of her child!
   Life's ways are full weary, the desert is wild;
   Bleak sands are all round us, no home can we see;
   Sweet Spouse of Our Lady! we lean upon thee.
2. For thou to the pilgrim art father and guide,
   And Jesus and Mary felt safe at thy side;
   Ah! blessed Saint Joseph, how safe should I be,
   Sweet Spouse of Our Lady! if thou wert with me.

Dear Angel, Ever at My Side
(Rev. F. W. Faber)

1. Dear Angel, ever at my side,
   How loving must thou be,
   To leave thy home in Heaven to guide
   A little child like me.

2. Thy beautiful and shining face
   I see not, though so near;
   The sweetness of thy soft, low voice
   I am too deaf to hear.

Hymn at the Communion

O Lord, I am not worthy
   That Thou shouldst come to me,
But speak the words of comfort,
   My spirit healed shall be.

And humbly I'll receive Thee,
   The bridegroom of my soul,
No more by sin to grieve Thee,
   Or fly Thy sweet control.

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Compiled from Traditional Sources
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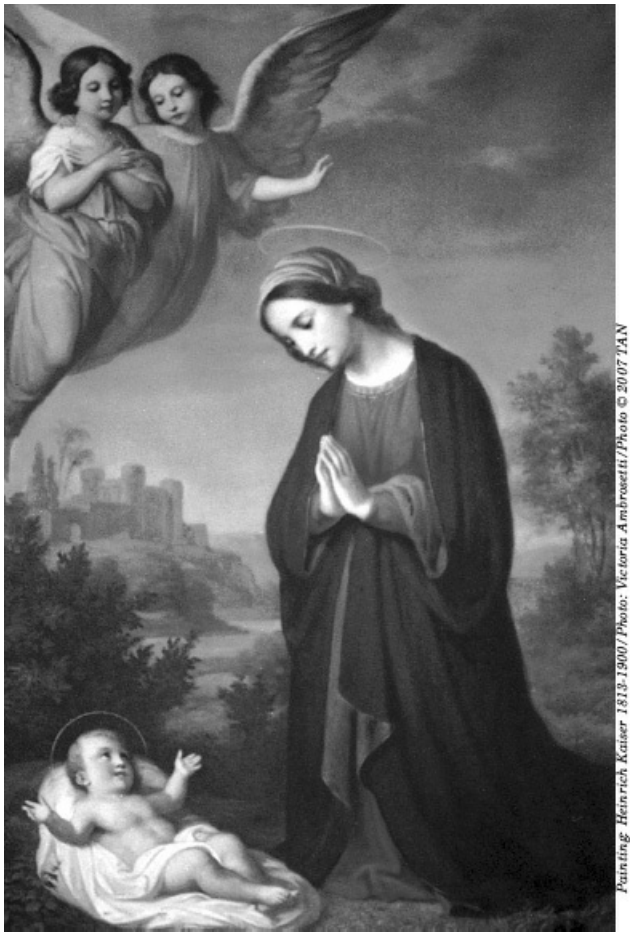
CATHOLIC PRAYERS

TAN

CATHOLIC PRAYERS

"... All things whatsoever you shall ask in prayer, believing, you shall receive."

—Matthew 21:22



The Blessed Virgin Mary in adoration and prayer before the Child Jesus, with Angels in attendance.

CATHOLIC PRAYERS

Compiled From Traditional Sources

By

Thomas A. Nelson

"If you abide in me and my words abide in you, you shall ask whatever you will, and it shall be done unto you."

—John 15:7

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Dedicated to
The Blessed Virgin Mary,
Our Model in Prayer

Some Notes On Prayer

Prayer is "a raising of the mind and heart to God." Prayer is made for four basic reasons: 1) to *adore and praise God*, 2) to *thank Him* for blessings received, 3) to *ask pardon for* and *expiate* (or "make up for") *our sins*, and 4) to *petition Him* for all our needs. To be effective, prayer must be 1) *humble*, 2) *confident*, 3) *persevering*, 4) *focused* (not wilfully distracted) and 5) *penitent* (with sorrow for our sins). There are two types of prayer, *mental* and *vocal*. Mental prayer is meditation on spiritual truths; vocal prayer consists of repeating set words. All vocal prayer has some mental prayer built in. *Catholic Prayers* is a book of vocal prayer. St. Anthony Mary Claret (1807-1870) found vocal prayer much easier than mental prayer and felt Our Lord's sensible presence more in vocal prayer;[1] he became so holy that toward the end of his life he received the grace that the Blessed Sacrament was always conserved in his breast.[2]

Everyone is obliged to pray, for without prayer— as St. Alphonsus teaches—we shall not receive the actual graces necessary to save our souls. We must ask for them.[3] We cannot say, "God knows what I need; I don't need to remind Him!" Rather, Scripture admonishes us, "in everything, by prayer and supplication, with thanksgiving, let your petitions be made known to God." *(Phil*. 4:6). The Saints concur with St. John Chrysostom (347-407) that "It is simply impossible, without prayer, to lead a virtuous life."[4] Therefore, we should "Pray without ceasing." *(1 Thess*. 5:17).

1. *The Autobiography of St. Anthony Mary Claret*, Louis Joseph Moore, C.M.F., Trans., 1945; TAN, 1985, p. 197.
2. *Ibid*., pp. 180, 181.
3. St. A. de Liguori, *The Great Means of Salvation and Perfection*, Part I, Ch. I, Sec. I.
4. Cf. *Voice of the Saints*, Sel. & Arr. by Francis W. Johnston, 1965; rpt. TAN, 1986, p. 35.

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Deliver Us From Evil

"Offer to God the sacrifice of praise [the Mass], *and pay thy vows to the most High. And call upon me in the day of trouble, and I will deliver thee, and thou shalt glorify me."* (Psalm 49:14-15).

"Let nothing hinder thee from praying always, and be not afraid to be justified even to death, for the reward of God continueth forever." (Ecclesiasticus 18:22).

"Watch ye, therefore, praying at all times, that you may be accounted worthy to escape all these things that are to come, and to stand before the Son of man." (Luke 21:36).

"Ask and it shall be given to you; seek and you shall find; knock and it shall be opened to you. For everyone that asketh, receiveth; and he that seeketh, findeth; and to him that knocketh, it shall be opened." (Matthew 7:7-8).

"If two of you shall consent upon earth, concerning anything whatsoever they shall ask, it shall be done to them by my Father in heaven. For where there are two or three gathered together in my name, there am I in the midst of them."* (Matthew 18:19-20).

*This promise depends, of course, on the persons fulfilling the five requirements for effective prayer. (See page vi in this book.)

— Part One —
BELOVED PRAYERS

Which All Catholics Should Know By Heart



St. Jerome in the act of contemplating the Crucifix, by Giovanni Battista Piranesi

The Sign of the Cross

This most fundamental prayer is used to begin and end one's prayers and to ward off the attacks of the devil. It is especially powerful when used with Holy Water.

IN THE NAME of the Father, and of the Son, and of the Holy Ghost. Amen.

Our Father

OUR FATHER, Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

HAIL MARY, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

GLORY BE to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Apostles' Creed

I BELIEVE in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, Our Lord; Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He arose again from the dead; He ascended into Heaven, sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the Resurrection of the Body, and life everlasting. Amen.

The Act of Faith

O MY GOD, I firmly believe that Thou art one God in Three Divine Persons: the Father, the Son and the Holy Ghost. I believe that Thy Divine Son became man, and died for our sins, and that He shall come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou hast revealed them, Who canst neither deceive nor be deceived.

The Act of Hope

O MY GOD, relying on Thy almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

The Act of Charity

O MY GOD, I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured.

The Act of Contrition

It is good to begin our prayers by purifying our souls with an act of contrition.

OMY GOD, I am heartily sorry for having offended Thee, and I detest all my sins because I dread the loss of Heaven and the pains of Hell; but most of all, because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and to amend my life. Amen.

The Confiteor

ICONFESS to Almighty God, to Blessed Mary ever virgin, to Blessed Michael the Archangel, to Blessed John the Baptist, to the holy Apostles Peter and Paul, and to all the Saints, that I have sinned exceedingly, in thought, word and deed; through my fault, through my fault, through my most grievous fault. Therefore I beseech Blessed Mary ever virgin, Blessed Michael the Archangel, Blessed John the Baptist, the holy Apostles Peter and Paul and all the Saints, to pray to the Lord our God for me.

May Almighty God have mercy upon us, forgive us our sins and bring us to everlasting life. Amen.

May the Almighty and Merciful Lord grant us pardon, absolution and remission of all our sins. Amen.



The Coronation of the Virgin, by Fra Angelico

The Hail, Holy Queen

Salve Regina

HAIL, holy Queen, Mother of mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, Most Gracious Advocate, thine eyes of mercy toward us. And after this our exile, show unto us the blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.
R. *That we may be made worthy of the promises of Christ*.

The Memorare

Famous Prayer of St. Bernard of Clairvaux

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help or sought thy intercession was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Prayer After the Rosary

OGOD, Whose only-begotten Son, by His life, death and Resurrection, has purchased for us the rewards of eternal salvation, grant, we beseech Thee, that meditating upon these Mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise. Through the same Christ Our Lord. Amen.

Prayer to St. Michael
The Archangel

ST. MICHAEL the Archangel, defend us in the battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly host, by the power of God, cast into Hell Satan and all the other evil spirits who prowl about the world seeking the ruin and destruction of souls. Amen.

Most Sacred Heart of Jesus

Most Sacred Heart of Jesus,
Have mercy on us.
Most Sacred Heart of Jesus,
Have mercy on us.
Most Sacred Heart of Jesus,
Have mercy on us.

Come, Holy Ghost

V. Come, Holy Ghost, fill the hearts of Thy faithful;
R. *And kindle in them the fire of Thy love*.
V. Send forth Thy Spirit, and they shall be created;

R. *And Thou shalt renew the face of the earth*.

Let Us Pray

O God, Who hast instructed the hearts of the Faithful by the light of the Holy Ghost, grant we beseech Thee, that by the gift of the same Spirit we may be always truly wise and ever rejoice in His consolation, through Christ Our Lord. Amen.

Morning Offering

Of the Apostleship of Prayer

OJESUS, through the Immaculate Heart of Mary, I offer Thee all my prayers, works, joys and sufferings of this day for all the intentions of Thy Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for all my sins, for the intentions of all our associates, and in particular for the special intentions of our Holy Father for this month. Amen.

Angel of God

ANGEL of God, my guardian dear, To whom God's love commits me here, Ever this day (night), be at my side, To light and guard, to rule and guide. Amen.

Another Morning Offering

Based on Our Lady of Fatima's requests

OJESUS, through the Immaculate Heart of Mary, I offer Thee all my prayers, works, joys and sufferings and all that this day may bring: for the love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Sacred Heart of Jesus and the Immaculate Heart of Mary. Amen.

Grace Before Meals

(*Make the Sign of the Cross.*)

BLESS US, O Lord, and these Thy gifts which we are about to receive from Thy bounty, through Christ Our Lord. Amen.

(*Make the Sign of the Cross.*)

Grace After Meals

(*Make the Sign of the Cross.*)

WE GIVE Thee thanks, Almighty God, for these and all Thy benefits, Who livest and reignest forever. Amen. And may the souls of the Faithful departed, through the mercy of God, rest in peace. Amen.

ETERNAL REST grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the Faithful departed, through the mercy of God, rest in peace. Amen.

(*Make the Sign of the Cross.*)



The Angelus, by Jean-Francois Millet

The Angelus

The Angelus is traditionally prayed standing, in the morning (6:00 a.m.), at noon and in the evening (6:00 p.m.) throughout the year, except during Paschal Time (Easter Sunday through the Saturday after Pentecost), when the Regina Coeli is prayed instead.

V. The Angel of the Lord declared unto Mary.
R. *And she conceived of the Holy Ghost. Hail Mary ...*
V. Behold the handmaid of the Lord.
R. *Be it done unto me according to thy word. Hail Mary ...*
V. And the Word was made Flesh. (*Genuflect*.)
R. *And dwelt among us. (Arise.) Hail Mary ...*
V. Pray for us, O holy Mother of God.
R. *That we may be made worthy of the promises of Christ*.

Let Us Pray

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

The Regina Coeli

This prayer is traditionally prayed standing, in the morning (6:00 a.m.), at noon and in the evening (6:00 p.m.), during Paschal Time (from Easter through the evening of the Saturday after Pentecost) instead of The Angelus.

V. Queen of Heaven, rejoice. Alleluia.
R. *For He whom thou wast worthy to bear. Alleluia*.
V. Has risen as He said. Alleluia.
R. *Pray for us to God. Alleluia*.
V. Rejoice and be glad, O Virgin Mary. Alleluia.
R. *For the Lord is truly risen. Alleluia*.

Let Us Pray

O God, Who by the Resurrection of Thy Son, Our Lord Jesus Christ, hast been pleased to give joy to the whole world, grant, we beseech Thee, that through the intercession of the Blessed Virgin Mary, His Mother, we may attain the joys of eternal life. Through the same Christ Our Lord. Amen.

O Sacrament Most Holy

O SACRAMENT most holy,
O Sacrament divine!
All praise and all thanksgiving
Be every moment Thine!

Jesus, Mary and Joseph

JESUS, Mary and Joseph, I give Thee my heart and my soul.
Jesus, Mary and Joseph, assist me in my last agony.
Jesus, Mary and Joseph, may I breathe forth my soul in peace with Thee.

O My Jesus

To be said after the Glory Be*, following each decade of the Rosary. This brief prayer was requested by Our Lady of Fatima in 1917.*

O MY JESUS, forgive us our sins, save us from the fires of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

Sacrifice Prayer

Our Lady of Fatima said: Sacrifice yourselves for sinners, and say many times, especially whenever you make some sacrifice:

O MY JESUS, I offer this for love of Thee, for the conversion of sinners, and in reparation for sins committed against the Immaculate Heart of Mary.

— Part Two —
POWERFUL PRAYERS

For Times of Special Need

The Golden Arrow

To be said in reparation for blasphemy and the profanation of Sunday, revealed by Our Lord to Sister Mary of St. Peter, O. C.D. (1816-1848) at Tours, France, but which may also be said for any pressing need. This prayer delightfully "wounds" the Heart of Jesus, which then pours forth torrents of graces for the conversion of sinners. The Golden Arrow is actually only the first of these prayers, but all said together are extremely powerful.

MAY the most holy, most sacred, most adorable, most incomprehensible and ineffable Name of God be forever praised, blessed, loved, adored and glorified, in Heaven, on earth, and under the earth, by all the creatures of God, and by the Sacred Heart of Our Lord Jesus Christ in the Most Holy Sacrament of the Altar. Amen.

(*Pray the above two times*).

OLORD Jesus Christ, in presenting ourselves before Thine adorable Face to ask of Thee the graces of which we stand in greatest need, we beseech Thee, above all, to grant us that interior disposition of never refusing at any time to do what Thou requirest of us by Thy holy commandments and divine inspirations. Amen.

OGOOD Jesus, Who hast said, "Ask and you shall receive, seek and you shall find, knock and it shall be opened unto you," grant us, O Lord, that faith which obtains all, or supply in us what may be deficient; grant us, by the pure effect of Thy charity, and for Thine eternal glory, the graces which we need and which we look for from Thine infinite mercy. Amen.

BE merciful to us, O my God, and reject not our prayers, when amid our afflictions, wecall upon Thy Holy Nameand seek with love and confidence Thine adorable Face. Amen.

OALMIGHTY and Eternal God, look upon the Face of Thy Son Jesus. We present It to Thee with confidence, to imploreThy pardon. The All-Merciful Advocate opens His mouth to plead our cause; hearken to His cries, behold His tears, God, and through His infinite merits, hearken to Him when He intercedes for us poor miserable sinners. Amen.

ADORABLE Face of my Jesus, my only love, my light and my life, grant that may know Thee, love Thee and serve Thee alone, that I may live with Thee, of Thee, by Thee and for Thee. Amen.

ETERNAL Father, I offer Thee the adorable Face of Thy Beloved Son, for the honor and glory of Thy Name, for the conversion of sinners and for the salvation of the dying.

ODIVINE Jesus, through Thy Face and Name, save us. Our hope is in the virtue of Thy Holy Name! Amen.

Promises of Our Lord Jesus Christ to Sr. Mary of St. Peter, Discalced Carmelite Nun of Tours, France, to those who thus honor His Holy Face:

1. All those who honor My Face in a spirit of reparation will, by so doing, perform the office of the pious Veronica. According to the care they take in making reparation to My Face, disfigured by blasphemers, so will I take care of their souls, which have been disfigured by sin. My Face is the seal of the Divinity, which has the virtue of reproducing in souls the image of God. 2. Those who by words, prayers or writing defend My cause in this Work of Reparation I will defend before My Father, and will give them My Kingdom. 3. By offering My Face to My Eternal Father, nothing will be refused, and the conversion of many sinners will be obtained. 4. By My Holy Face, they will work wonders, appease the anger of God and draw down mercy on sinners. 5. As in a kingdom they can procure all that is desired with a coin stamped with the King's effigy, so in the Kingdom of Heaven they will obtain all they desire with the precious coin of My Holy Face. 6. Those who on earth contemplate the wounds of My Face shall in Heaven behold it radiant with glory. 7. They will receive in their souls a bright and constant irradiation of My Divinity, that by their likeness to My Face they shall shine with particular splendor in Heaven. 8. I will defend them, I will preserve them and I assure them of Final Perseverance.

Powerful Novena Prayer
To The Infant Jesus

For Cases of Urgent Need

In cases of great urgency, a novena of nine hours may be made instead of nine days. The prayers should, if possible, be repeated at the same part ofthe

hour, every hour for nine consecutive hours.

OJESUS, Who hast said, "Ask and you shall receive, seek and you shall find, knock and it shall be opened unto you," through the intercession of Mary, Thy most holy Mother, I knock, I seek, I ask that my prayer will be granted. (*Mention your request*.)

OJESUS, Who hast said, "All that you ask of the Father in My Name Hewill grant you," through the intercession of Mary, Thy most holy Mother, I humbly and urgently ask Thy Father in Thy Name that my prayer will be granted.(*Mention your request*.)

OJESUS, Who hast said, "Heaven and earth shall pass away, but My word shall not pass away," through the intercession of Mary, Thy most holy Mother, I feel confident that my prayer will be granted. (*Mention your request*.)

(*Then pray the following prayer of thanksgiving*.)



Saint Anthony of Padua and the Infant Jesus,
by Bartolome Esteban Murillo

Prayer of Thanksgiving
To The Infant Jesus

I prostrate myself before Thy holy image, O most gracious Infant Jesus, to offer Thee my most fervent thanks for the blessings Thou hast bestowed upon me. I shall incessantly praise Thine ineffable mercy and confess that Thou alone art my God, my Helper and my Protector. Henceforth my entire confidence shall be placed in Thee! Everywhere I shall proclaim aloud Thy mercy and generosity, so that Thy great love and the great deeds which Thou dost perform through this miraculous image may be acknowledged by all. May devotion to Thy Holy Infancy increase more and more in the hearts of all Christians, and may all who experience Thine assistance persevere with me in showing unceasing gratitude to Thy most holy infancy, to which be praise and glory forever. Amen.

Powerful Novena to the Sacred Heart of Jesus—A Favorite Of Padre Pio

Padre Pio recited this novena prayer every day for all those who requested his prayers.

O MY JESUS, Thou hast said: "Truly I say to you, ask and it will be given you, seek and you will find, knock and it will be opened to you." Behold I knock, I seek, and I ask for the grace of (*Here name your request*).

Our Father, Hail Mary, Glory Be.

Sacred Heart of Jesus, I place all my trust in Thee.

O MY JESUS, Thou hast said: "Truly I say to you, if you ask anything of the Father in My name, He will give it to you." Behold, in Thy name, I ask the Father for the grace of (*Here name your request*).

Our Father, Hail Mary, Glory Be.

Sacred Heart of Jesus, I place all my trust in Thee.

O MY JESUS, Thou hast said: "Truly I say to you, Heaven and earth shall pass away, but My words shall not pass away." Encouraged by Thy infallible words, I now ask for the grace of (*Here name your request*).

Our Father, Hail Mary, Glory Be.

Sacred Heart of Jesus, I place all my trust in Thee.

Let Us Pray

O Sacred Heart of Jesus, for Whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of Thee, through the Sorrowful and Immaculate Heart of Mary, Thy tender Mother and ours.

Hail, Holy Queen ...

St. Joseph, foster father of Jesus, pray for us.

Pour Forth Thy Grace

POUR forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an Angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.

Novena Prayer to Our Lady of Good Remedy

Source of Unfailing Help

This is an extremely powerful prayer! Devotion to Our Lady of Good Remedy originated in the 12th century when large sums of money were needed to ransom Christians who had been captured and sold into slavery by the Mohammedans. Under Our Lady's patronage, St. John ofMatha and the Trinitarian Order were able to raise the funds to free many thousands of Christians.

O QUEEN OF HEAVEN and earth, Most Holy Virgin, we venerate thee. Thou art the beloved Daughter of the Most High God, the chosen Mother of the Incarnate Word, the Immaculate Spouse of the Holy Spirit, the Sacred Vessel of the Most Holy Trinity.

O Mother of the Divine Redeemer, who under the title of Our Lady of Good Remedy comes to the aid of all who call upon thee, extend thy maternal protection to us. We depend on thee, Dear Mother, as helpless and needy children depend on a tender and caring mother. *Hail Mary ...*

O LADY of Good Remedy, source of unfailing help, grant that we may draw from thy treasury of graces in our time of need.

Touch the hearts of sinners, that they may seek reconciliation and forgiveness. Bring comfort to the afflicted and the lonely; help the poor and the hopeless; aid the sick and the suffering. May they be healed in body and strengthened in spirit to endure their sufferings with patient resignation and Christian fortitude. *Hail Mary ...*

DEAR Lady of Good Remedy, source of unfailing help, thy compassionate heart knows a remedy for every affliction and misery we encounter in life. Help me with thy prayers and intercession to find a remedy for my problems and needs, especially for … (*Here mention your special intentions*).

On my part, O loving Mother, I pledge myself to a more intensely Christian lifestyle, to a more careful observance of the laws of God, to be more conscientious in fulfilling the obligations of my state in life, and to striveto bea sourceof healing in this broken world of ours. *Hail Mary ...*

DEAR Lady of Good Remedy, be ever present to me, and through thy intercession, may I enjoy health of body and peace of mind, and grow stronger in the faith and in the love of thy Son, Jesus. *Hail Mary ...*

V. Pray for us, O Holy Mother of Good Remedy,
R. *That we may deepen our dedication to thy Son, and make the world alive with His Spirit. Amen.*



The Holy Family, by Bartolomé Esteban Perez Murillo

Memorare to St. Joseph

This is an extremely powerful prayer that can be said for any need, since St. Joseph is the Universal Patron.

REMEMBER, O most illustrious Patriarch St. Joseph, on the testimony of St. Teresa, thy devoted client, never has it been heard that anyone who invoked thy protection or sought thy mediation has not obtained relief. In this confidence I come before thee, my loving protector, chaste spouse of Mary, foster-father of the Saviour of men and dispenser of the treasures of His Sacred Heart. Despise not my earnest prayer, but graciously hear and obtain my petition. (*Here mention your request*.)

Let Us Pray

O God, Who by Thine ineffable Providence didst vouchsafe to choose Blessed Joseph to be the spouse of Thy most holy Mother, grant, we beseech Thee, that he whom we venerate as our protector on earth may be our intercessor in Heaven, Who livest and reignest forever and ever. Amen.

St. Joseph, Patron of a Happy Death, pray for us.

Prayer to St. Joseph
To Obtain a Special Favor

OBLESSED Saint Joseph, tenderhearted father, faithful guardian of Jesus, chaste spouse of the Mother of God, we pray and beseech thee to offer to God the Father His Divine Son, bathed in blood on the cross for sinners, and through the thrice-holy Name of Jesus, obtain for us from the Eternal Father the favor we implore. (*Here mention your intention*.)

Appease the Divine anger so justly inflamed by our crimes; beg of Jesus mercy for thy children. Amid the splendors of eternity, forget not thesorrows of thosewho suffer, those who pray, those who weep. Stay the Almighty arm which smites us, that by thy prayers and those of thy most holy spouse, the Heart of Jesus may be moved to pity and to pardon. Amen.

St. Joseph, pray for us.

Prayer to St. Joseph
In a Difficult Problem

OGLORIOUS St. Joseph, thou who hast the power to render possible even things which are considered impossible, come to our aid in our present trouble and distress. Take this important and difficult affair under thy particular protection, that it may end happily. (*Name your request*.)

O dear St. Joseph, all our confidence is placed in thee. Let it not be said that we have invoked thee in vain, and since thou art so powerful with Jesus and Mary, show that thy goodness equals thy power. Amen.

St. Joseph, friend of the Sacred Heart, pray for us.

An Ancient Prayer
To St. Joseph

OST. JOSEPH, whose protection is so great, so strong, so prompt before the throne of God, I place in thee all my interests and desires.

O St. Joseph, assist me by thy powerful intercession and obtain for me all spiritual blessings through thy foster Son, Jesus Christ Our Lord, so that, having engaged here below thy heavenly power, I may offer thee my thanksgiving and homage.

O St. Joseph, I never weary contemplating thee, and Jesus asleep in thine arms. I dare not approach while He reposes near thy heart. Press Him in my name and kiss His fine head for me, and ask Him to return the kiss when I draw my dying breath.

St. Joseph, Patron of departing souls, pray for me.

Publisher's Note: We reproduce here, without comment or guarantee, the following statement which usually accompanies the foregoing prayer:

This prayer was found in the fiftieth year of Our Lord and Saviour Jesus Christ. In 1505 it was sent from the Pope to Emperor Charles V when he was going into battle. Whoever shall read this prayer or hear it or keep it about himself shall never die a sudden death or be drowned, nor shall poison take effect on him—neither shall he fall into the hands of the enemy or be burned in any fire or be overpowered in battle.

Say for nine mornings for anything you may desire. It has never been known to fail.

Prayer to St. Anne

For a Special Need

O GLORIOUS ST. ANNE—filled with compassion for thosewho invoke thee and with love for those who suffer—heavily ladened with the weight of my troubles, I cast myself at thy feet and humbly beg of thee to take under thy special protection the present affair which I recommend to thee. (*State your petition*.)

Deign to commend it to thy daughter, the Blessed Virgin Mary, and lay it before the throne of Jesus, so that He may bring it to a happy conclusion. Cease not to intercede for me until my request is granted. Above all, obtain for me the grace of one day beholding my God face to face, and with thee and Mary and all the Saints, of praising and blessing Him for all eternity.

O Good St. Anne, mother of her who is our Life, our Sweetness and our Hope, pray to her for us, and obtain our request. Amen. (*Pray this last paragraph 3 times*.)

I thank thee, dear St. Anne.

Prayer to St. Jude

Patron of "Hopeless Cases"

O GLORIOUS APOSTLE St. Jude, faithful servant and friend of Jesus, the name of the traitor who delivered thy beloved Master into the hands of His enemies has caused thee to be forgotten by many, but the Church honors and invokes thee universally as the Patron of Hopeless Cases, of things almost despaired of. Pray for me who am so helpless and alone. Make use, I implore thee, of that particular privilege granted to thee to bring visible and speedy help where help was almost despaired of. Come to my assistance in this great need, that I will receive the consolation and succor of Heaven in all my necessities, tribulations and sufferings, but in particular, that… (*here make your intention*) and that I may praise God with thee and with all the Saints forever. I promise thee, O blessed St. Jude, to be ever mindful of this great favor and never cease to honor thee as my special and powerful patron, and to do all in my power gratefully to encourage devotion to thee. Amen.

Prayer to
St. Anthony of Padua

St. Anthony of Padua is invoked in a wide variety of needs but is especially renowned as the "Patron of Lost Objects."

O HOLY ST. ANTHONY, gentlest of Saints, thy love for God and charity for His creatures made thee worthy when on earth to possess miraculous powers. Miracles waited on thy word, which thou wert ever ready to speak for those in trouble or anxiety. Encouraged by this thought, I implore theeto obtain for me… (*Here mention your request*.) Theanswer to my prayer may require a miracle; even so, thou art the Saint of Miracles. O gentle and loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the sweet Infant Jesus, Who loved to be folded in thy arms, and the gratitude of my heart will ever be thine. Amen.

Miraculous Prayer to
The Little Flower of Jesus

St. Therese (*1873-1897) promised to assist anyone who called upon her for any reason. "I will spend my Heaven in doing good upon earth." "I will let fall a shower of roses."*

O LITTLE FLOWER OF JESUS, ever consoling troubled souls with heavenly graces, in thine unfailing intercession I place my confident trust. From the heart of our divine Saviour, petition the blessings of which I stand in greatest need, especially … (*here mention your intention*). Shower upon me thy promised roses of virtue and grace, dear St. Therese, so that swiftly advancing in sanctity and perfect love of neighbor, I may someday receive the crown of life eternal. Amen.

Novena Prayer to St. Philomena
Virgin, Martyr and Wonder-Worker

St. Philomena helps in all sorts of problems, but is particularly invoked for help regarding conversion of sinners, return to the Sacraments, expectant mothers, destitute mothers, problems with children, unhappiness in the home, sterility, priests and their work, help for the sick, the missions, real estate, money problems, food for the poor and mental illness.

O FAITHFUL virgin and glorious martyr, St. Philomena, who works so many miracles on behalf of the poor and sorrowing. Havepity on me; thou knowest the multitude and diversity of my needs. Behold me at thy feet, full of misery, but full of hope. I entreat thy charity, O great Saint! Graciously hear me and obtain from God a favorable answer to the request which I now humbly lay before thee. (*Here mention your petition*.) I am firmly convinced that through thy merits, through the scorn, the sufferings, the death thou didst endure, united to the merits of the Passion and Death of Jesus, thy Spouse, I shall obtain what I ask of thee, and in the joy of my heart I will bless God, Who is admirable in His Saints. Amen.

Prayer to St. Rita
Advocate of the Impossible

O HOLY PATRONESS of those in need, St. Rita, whose pleadings before thy Divine Lord are almost irresistible, who for thy lavishness in granting favors hast been called the Advocate of the Hopeless and even of the Impossible; St. Rita, so humble, so pure, so mortified, so patient and of such compassionate love for thy Crucified Jesus that thou couldst obtain from Him whatsoever thou askest, on account of which all confidently have recourse to thee, expecting, if not always relief, at least comfort; be propitious to our petition, showing thy power with God on behalf of thy suppliant; be lavish to us, as thou hast been in so many wonderful cases, for the greater glory of God, for the spreading of thineown devotion, and for the consolation of those who trust in thee. We promise, if our petition is granted, to glorify thee by making known thy favor, to bless and sing thy praises forever. Relying then upon thy merits and power before the Sacred Heart of Jesus, we pray thee grant that … (*Here make your request*.)

Obtain for us our request

By the singular merits of thy childhood,
By thy perfect union with the Divine Will,
By thy heroic sufferings during thy married life,
By the consolation thou didst experience at the conversion of thy husband,
By the sacrifice of thy children rather than see them grievously offend God,
By thy miraculous entrance into the convent,
By thy severe penances and thrice daily bloody scourgings,
By the suffering caused by the wound thou didst receive from the thorn of thy Crucified Saviour,
By the divine love which consumed thy heart,
By that remarkable devotion to the Blessed Sacrament, on which alone thou didst exist for four years,
By the happiness with which thou didst part from thy trials to join thy Divine Spouse,
By the perfect example thou gavest to people of every state of life.

Pray for us, O holy St. Rita, that we may be made worthy of the promises of Christ.

Let Us Pray

O God, Who in Thine infinite tenderness hast vouchsafed to regard the prayer of Thy servant, Blessed Rita, and dost grant to her supplication that which is impossible to human foresight, skill and efforts, in reward of her compassionate love and firm reliance on Thy promise, have pity on our adversity and succor us in our calamities, that the unbeliever may know Thou art the recompense of the humble, the defense of the helpless, and the strength of those who trust in Thee, through Jesus Christ Our Lord. Amen.

St. Rita, Advocate of the Impossible, pray for us!

(*St. Rita was an only child of elderly parents; she decided early to devote her life to God. But her parents made her marry. Her abusive husband was murdered and her two sons, as youths, spoke of avenging his death. She implored God not to allow them to commit this sin. They both died young, and St. Rita miraculously entered the Augustinian Order and became one of its greatest Saints.*)

Prayer to St. Martin de Porres

OGLORIOUS St. Martin de Porres, great Saint of the Dominican Order, look down in mercy upon a poor soul who cries out to thee, and deign to come to my aid in this great need, that I may receive the consolation and succour of Heaven in all my necessities, tribulations and sufferings, but in particular … (*here mention your intention*). I thank thee, St. Martin de Porres, for all the help that thou hast given me, both now and in the past, and I promise to be ever grateful to thee and to make thee known to all who are in need of thine assistance. Amen.

Prayer of St. Gertrude The Great

This prayer is reputed to be very powerful in releasing souls from Purgatory.

OETERNAL Father, I offer Thee the Most Precious Blood of Thy Divine Son Jesus, in union with all the Masses said throughout the world today, for all the holy souls in Purgatory, and for sinners everywhere: for sinners in the Universal Church, for those in my own home and for those within my family. Amen.

(*Repeat as many times as desired.*)



Angel Gathering Flowers in a Heavenly Landscape, by Benozzo Gozzoli

Prayer to All the Angels
For a Special Favor

BLESS the Lord, all ye His Angels! Thou who art mighty in strength and do His Will, intercede for me at the throne of God. By thine unceasing watchfulness, protect me in every danger of soul and body. Obtain for me the grace of final perseverance, so that after this life, I may be admitted to thy glorious company and sing with thee the praises of God for all eternity.

All ye holy Angels and Archangels, Thrones and Dominations, Principalities and Powers and Virtues of Heaven, Cherubim and Seraphim, and especially thou, my dear Guardian Angel, intercede for me and obtain for me the special favor I now ask. (*Name your intention*.)

Offer the Glory Be *three times*.

Prayers in Honor of the
Seven Sorrows
Of the Blessed Virgin Mary

Approved by Pope Pius VII in 1815. (See the "favors" promised by the Blessed Mother at the end of this prayer.)

V. O God, come to my assistance;
R. *O Lord, make haste to help me*.
V. Glory be to the Father …
R. *As it was in the beginning ...*

1. I grieve for thee, O Mary most sorrowful, in the affliction of thy tender heart at ***the prophecy of the holy and aged Simeon.*** Dear Mother, by thy heart so afflicted, obtain for me the virtue of humility and the Gift of the holy Fear of God. *Hail Mary …*

2. I grieve for thee, O Mary most sorrowful, in the anguish of thy most affectionate heart during ***the flight into Egypt*** and thy sojourn there. Dear Mother, by thy heart so troubled, obtain for me the virtue of generosity, especially toward the poor, and the Gift of Piety. *Hail Mary …*

3. I grieve for thee, O Mary most sorrowful, in those anxieties which tried thy troubled heart at ***the loss of thy dear Jesus in the Temple.*** Dear Mother, by thy heart so full of anguish, obtain for me the virtue of chastity and the Gift of Knowledge. *Hail Mary …*

4. I grieve for thee, O Mary most sorrowful, in the consternation of thy heart at ***meeting Jesus as He carried His Cross.*** Dear Mother, by thy heart so troubled, obtain for me the virtue of patience and the Gift of Fortitude. *Hail Mary …*

5. I grieve for thee, O Mary most sorrowful, in the martyrdom which thy generous heart endured in ***standing near Jesus in His agony on the Cross.*** Dear Mother, by thy afflicted heart, obtain for me the virtue of temperance and the Gift of Counsel. *Hail Mary …*

6. I grieve for thee, O Mary most sorrowful, in the wounding of thy compassionate heart, when ***the side of Jesus was struck by the lance before His Body was removed from the Cross.*** Dear Mother, by thy heart thus transfixed, obtain for me the virtue of fraternal charity and the Gift of Understanding. *Hail Mary …*

7. I grieve for thee, O Mary most sorrowful, for the pangs that wrenched thy most loving heart at ***the burial of Jesus.*** Dear Mother, by thy heart sunk in the bitterness of desolation, obtain for me the virtue of diligence and the Gift of Wisdom. *Hail Mary …*

Let Us Pray

Let intercession be made for us, we beseech Thee, O Lord Jesus Christ, now and at the hour of our death, before the throne of Thy mercy, by the Blessed Virgin Mary, Thy Mother, whose most holy soul was pierced by a sword of sorrow in the hour of Thy bitter Passion, through Thee, O Jesus Christ, Saviour of the world, Who with the Father and the Holy Ghost lives and reigns world without end. Amen.

According to St. Bridget of Sweden (1303-1373), the Blessed Virgin grants the following favors to those who honor her daily by saying seven *Hail Marys*, while meditating on her tears and sorrows: 1. "I will grant peace to their families." 2. "They will be enlightened about the divine Mysteries." 3. "I will console them in their pains,

and I will accompany them in their work." 4. "I will give them as much as they ask for, as long so it does not oppose the adorable Will of my divine Son or the sanctification of their souls." 5. "I will defend them in their spiritual battles with the infernal enemy, and I will protect them at every instant of their lives." 6. "I will visibly help them at the moment of their death—they will see the face of their mother." 7. "I have obtained this grace from my divine Son, that those who propagate this devotion to my tears and dolors will be taken directly from this earthly life to eternal happiness, since all their sins will be forgiven and my Son will be their eternal consolation and joy."

Prayer to St. Expeditus

"Patron of Youth," "Advocate in Urgent Cases" and "Mediator in Lawsuits" For a Quick Solution to a Problem, Or to Cure Procrastination

St. Expeditus (4th Century) was a young Roman soldier, believed to have been martyred for his Faith at Militene, Armenia. He is very powerful to bring speedy help in urgent cases.

OST. EXPEDITUS, we humbly beg thee to come to our aid so that thy prompt and certain intercession will obtain for us, from our Divine Lord, the grace of a happy and swift solution to the matter which now concerns us. (*Mention your intention*.) We do so without fear, being fully confident in the supreme wisdom of Our Blessed Lord, and place our trust in Him without reservation, being mindful that His will alone be done. Amen.

Holy Mary, Mother of God, *Pray for us*.

St. Expeditus, our help in urgent matters, *Pray for us*.

(*Repeat the above prayer one time and then offer three times the Our Father, Hail Mary, and Glory Be*.)

Short Novena Litany to St. Expeditus

OST. EXPEDITUS, who didst receive from the Lord the crown of righteousness which He has promised to those who love Him, *pray for us*.
Patron of Youth, *pray for us*.
Help of Scholars, *etc*.
Model of Soldiers,
Protector of Travelers,
Advocate of Sinners,
Health of the Sick,
Consolation of the Afflicted,
Mediator of Lawsuits,
Our help in urgent matters,
Who dost teach us never to defer,
Ardent and trusting in prayer,
Most faithful support of those who hope in thee,
Whose protection at the hour of death insures salvation.

Lamb of God, Who takest away the sins of the world, *Spare us, O Lord*.
Lamb of God, Who takest away the sins of the world, *Graciously hear us, O Lord*.
Lamb of God, Who takest away the sins of the world, *Have Mercy on us, O Lord*.

V. Pray for us, St. Expeditus,
R. *That we may be made worthy of the promises of Christ*.

Let Us Pray

Almighty and Eternal God, Who art the consolation of the afflicted and the support of those in pain, deign to receive the cries of our distress, so that by the intercession and merits of Thy glorious martyr, St. Expeditus, we may joyfully experience in

our extreme necessity the help of Thy mercy, through Christ Our Lord. Amen.

(*Repeat the above litany one time and then offer one Our Father, Hail Mary and Glory Be in thanksgiving for any favors received*.)

A Most Efficacious Prayer
To Our Lady of Mt. Carmel

(*Never Found to Fail*)

O MOST BEAUTIFUL FLOWER of Mount Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. (*Mention your intention*.) O Star of the Sea, help me and show mein this that thou art my Mother.

O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech thee, from the bottom of my heart, to succour me in this necessity; there are none that can withstand thy power. O, show me in this that thou art my Mother.

O Mary, conceived without sin, pray for us who have recourse to thee. (*3 times*).

Sweet Mother, I place this cause in thy hands. (*3 times*).

It is suggested to offer three times the *Our Father, Hail Mary*, and *Glory Be* in thanksgiving.

— Part Three —
FAVORITE PRAYERS



The Holy Spirit, by Corrado Giaquinto

A Daily Consecration
To the Holy Spirit

O MOST Holy Spirit, receive the consecration that I make of my entire being. From this moment on, come into every area of my life and into each of my actions. Thou art my Light, my Guide, my Strength and the sole desire of my heart. I abandon myself without reserve to Thy divine action, and I desire to be ever docile to Thine inspirations. O Holy Spirit, transform me with and through Mary into "another Christ Jesus," for the glory of the Father and the salvation of the world. Amen.

Dedication Prayer
Of St. Colette

O BLESSED JESUS, I dedicate myself to Thee in health, in illness, in my life and in my death, in all my desires, in all my deeds, so that I may never work henceforth except for Thy glory, for the salvation of souls, and for that which Thou hast chosen me. From this moment on, Dearest Lord, there is nothing which I am not prepared to undertake for love of Thee.

—Saint Colette of Jesus (1381-1447)
Reformer of the Poor Clares

A Morning Offering

O MY JESUS, here is my tongue, that Thou mayest watch over it, that it may not utter more than pleases Thee, and that my silence may speak to Thee. Here are my ears, that they may listen only to the voice of duty and to Thy Voice, O Jesus! Here are my eyes, that they may not cease to behold Thee in every face and in every work. Here are my hands and my feet, that Thou mayest make them agile, that they may be riveted to Thy service alone and to the execution of Thy desires. Here are my thoughts, that Thy Light may possess them. Here is my heart, that Thy Love, O Jesus, may reign and rest in it!

—Sister Mary of the Holy Trinity
Poor Clare of Jerusalem

A Prayer of
St. Ignatius Loyola (1491-1556)

D EAREST LORD, teach me to be generous. Teach me to serve Thee as Thou deservest: to give and not to count the cost; to fight and not to heed the wounds; to toil and not to seek for rest; to labor and not to seek reward, save that of knowing that I do Thy Will, O God.

An Act of Oblation

O ETERNAL FATHER, we offer Thee the Blood, the Passion and the Death of Jesus Christ, the sorrows of Mary most holy and of Saint Joseph, in satisfaction for our sins, for the aid of the Holy Souls in Purgatory, for the needs of Holy Mother Church and for the conversion of sinners. Amen.

Prayer to Mary
Mistress of the Angels

Given by Mary to a Bernardine Sister approximately 1937 and urged fervently by Our Lady to be printed and distributed.

O EXALTED QUEEN of Heaven, Supreme Mistress of the Angels, who from the beginning has received from God the power and the commission to crush the serpent's head, we pray thee humbly, send down thy Holy Legions, that they, under thy command and power, may pursue the spirits of Hell, everywhere wage war against them, defeat their boldness and thrust them into the abyss of Hell.

"Who is like unto God?" "Holy Angels and Archangels, defend us and protect us!" "O kind and tender Mother, thou shalt ever remain our love and our hope." Amen.

Indulgenced Prayer to Mary "Mother of Good Counsel"

O MOST GLORIOUS VIRGIN, chosen from among all others by an eternal decree to be the Mother of the Eternal Word, the Treasury of Divine Graces and the Refuge of Sinners, I, thy most unworthy servant, have recourse to thee, that thou mayest be my tender guide and counsellor in this valley of tears. Through the Precious Blood of thy Son, obtain for me the pardon of my sins, the salvation of my soul, and all things necessary to attain them. Grant also that Holy Church may triumph over her enemies and that the Kingdom of Jesus Christ will soon be extended over the whole earth. I ask all this through thy intercession. Amen.

Blessed Be the Hour

This prayer is reputed to have been composed by St. Colette (1381-1447), Reformer of the Poor Clares. It is piously believed that whoever recites this prayer fifteen times a day from the Feast of St. Andrew (November 30) until Christmas will obtain what is asked.

BLESSED be the hour and the moment in which the Son of God was born of the most pure Virgin Mary, at midnight, in Bethlehem, in piercing cold. In that hour vouchsafe, O my God, to hear my prayer and grant my desires, through the merits of Our Saviour Jesus Christ, and of His blessed Mother. Amen.

A Short Consecration to the Blessed Virgin Mary

By St. Alphonsus Liguori

O HOLY MARY, my Mistress, into thy blessed trust and special keeping, into the bosom of thy tender mercy, I commend my soul and my body this day, every day of my life and at the hour of my death. To thee I entrust all my hopes and consolations, all my trials and miseries, my life and the end of my life, that through thy most holy intercession and thy merits, all my actions may be ordered and disposed according to thy will and that of thy Divine Son. Amen.

Chaplet of the Divine Mercy

Using the Rosary beads, begin by reciting: one Our Father, *one* Hail Mary *and one* Apostle's Creed. *On the Our Father beads say this prayer, which was given by Our Lord to St. Faustina (1905-1938):*

ETERNAL Father, I offer Thee the Body and Blood, Soul and Divinity of Thy dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

On the Hail Mary beads say:

FOR the sake of His sorrowful Passion, have mercy on us and on the whole world.

In conclusion, say three times:

HOLY God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Aspirations for any Occasion

We adore Thee, O Christ, and we praise Thee, because of Thy Holy Cross, Thou hast redeemed the world!

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Salutations to Mary

These Salutations to Mary were written by St. John Eudes (1601-1680) and promoted in this version by the Servant of God, Father Paul of Moll (1824-1896). The venerable Father Paul assured one of his friends that those who devoutly venerate Mary with these salutations may rely on her powerful protection and blessing. He said further that it is impossible not to be heard favorably when we recite these Salutations to Mary for the conversion of sinners.

Hail Mary, Daughter of God the Father!
Hail Mary, Mother of God the Son!
Hail Mary, Spouse of God the Holy Ghost!
Hail Mary, Temple of the Most Blessed Trinity!
Hail Mary, Pure Lily of the Effulgent Trinity!
Hail Mary, Celestial Rose of the ineffable Love of God!
Hail Mary, Virgin pure and humble, of whom the King of Heaven willed to be born and with thy milk to be nourished!
Hail Mary, Virgin of Virgins!
Hail Mary, Queen of Martyrs, whose soul a sword transfixed!
Hail Mary, Lady most blessed unto whom all power in Heaven and earth is given!
Hail Mary, My Queen and my Mother, my Life, my sweetness and my Hope!
Hail Mary, Mother most Amiable!
Hail Mary, Mother most Admirable!
Hail Mary, Mother of Divine Love!
Hail Mary, IMMACULATE, Conceived without sin!
Hail Mary, Full of Grace, The Lord is with Thee! Blessed art Thou among Women, and Blessed be the Fruit of thy womb, JESUS.

Blessed be thy Spouse, St. Joseph.
Blessed be thy Father, St. Joachim.
Blessed be thy Mother, St. Anne.
Blessed be thy Guardian, St. John.
Blessed be thy Holy Angel, St. Gabriel.

Glory be to God the Father, Who chose thee!
Glory be to God the Son, Who loved thee!
Glory be to God the Holy Ghost, Who espoused thee!
O Glorious Virgin Mary, may all men love and praise thee!
Holy Mary, Mother of God, pray for us and bless us, now and at death, in the Name of JESUS, thy Divine Son! Amen.

Novena of Confidence
To the Sacred Heart

O LORD Jesus Christ, to Thy most Sacred Heart I confide this intention *(Name your request)*. Only look upon me, then do what Thy love inspires. Let Thy Sacred Heart decide. I count on Thee. I trust in Thee. I throw myself on Thy mercy. O Lord Jesus, Thou wilt not fail me.

Sacred Heart of Jesus, I trust in Thee!

Sacred Heart of Jesus, I believe in Thy love for me!

Sacred Heart of Jesus, Thy kingdom come!

Sacred Heart of Jesus, I have asked Thee for many favors, but I earnestly implore this one. Take it and place it in Thine open Heart. When the Eternal Father looks upon it, He will see it covered with Thy Precious Blood. It will be no longer my prayer, but Thine, O Jesus.

Heart of Jesus, I place all my trust in Thee! Let me not be disappointed. Amen.

Offering of St. Ignatius Loyola

"Suscipe"

TAKE, O Lord, and receive my entire liberty, my memory, my understanding and my whole will. All that I am and all that I possess Thou hast given me: I surrender it all to Thee to be disposed of according to Thy will. Give me only Thy love and Thy grace; with these I will be rich enough and will desire nothing more.

(Those who like this prayer should read The Gift of Oneself *by Fr. Joseph Schryvers, C.SS.R.)*

Memorare to Our Lady of The Sacred Heart

REMEMBER, Our Lady of the Sacred Heart, the ineffable power which thy Divine Son has given thee over His adorable Heart. Full of confidence in thy merits, we now implore thy protection. O Heavenly Treasurer of the Heart of Jesus, of that Heart which is the inexhaustible source of all graces and which thou dost open when it pleases thee, in order to distribute among men all the treasures of love and mercy, of light and salvation which it contains: grant us, we beseech thee, the favors we request. *(Mention your requests.)* No, we cannot meet with a refusal, and since thou art our Mother, Our Lady of the Sacred Heart, favorably hear and grant our prayers. Amen.

Prayer to One's Patron Saint

GREAT ST. *(Name)*, who at my Baptism was chosen as my guardian and under whose patronage I became an adopted child of God and solemnly renounced Satan, his works and allurements, assist me by thy powerful intercession in the fulfillment of these sacred promises. Help me to love God above all things and always to live in the state of grace. Finally, obtain for me the grace of a happy death, so that thou mayest welcome me into Heaven for all eternity. Amen.

Prayer of St. Francis of Assisi

LORD, make me an instrument of Thy peace.
Where there is hatred, let me sow love;
where there is injury, pardon;
    where there is doubt, faith;
where there is despair, hope;
    where there is darkness, light;
    and where there is sadness, joy.
O Divine Master, grant that
    I may not so much seek to be
consoled as to console; to be
    understood as to understand;
to be loved as to love;
    for it is in giving that we receive;
it is in pardoning that we are
    pardoned;
and it is in dying that we are
    born to eternal life.

Prayer to Christ The King

OCHRIST JESUS, I acknowledge Thee King of the universe. All that has been created has been made for Thee. Exercise over me all Thy sovereign rights.

I renew the promises of my Baptism. I renounce Satan and all his works, and all his pomps, and I promise to live a good Christian life and to do all in my power to procure the triumph of the rights of God and Thy Church.

Divine Heart of Jesus, I offer Thee my poor efforts in order to obtain that all hearts may acknowledge Thy Sacred Royalty, and that thus the Kingdom of Thy peace may be established throughout the universe. Amen.



The Missal, by John William Waterhouse

Aspirations for any Occasion

We adore Thee, O Christ, and we praise Thee, because by Thy holy Cross Thou hast redeemed the world.

May the Heart of Jesus in the Most Blessed Sacrament be praised, adored and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the End of Time! Amen.

An Act of Consecration of the Human Race to The Sacred Heart of Jesus

According to former rules governing indulgences, a plenary indulgence could be gained once a month by pious recitation of this prayer and by fulfilling the other requirements for gaining a plenary indulgence.

OMOST sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before Thine altar. We are Thine, and Thine we wish to be; but to be more surely united with Thee, behold, each one of us freely consecrates himself today to Thy most Sacred Heart. Many indeed have never known Thee; many, too, despising Thy precepts, have rejected Thee. Have mercy on them all, most merciful Jesus, and draw them to Thy Sacred Heart. Be Thou King, O Lord, not only of the faithful who have never forsaken Thee, but also of the prodigal children who have abandoned Thee; grant that they may quickly return to their Father's house, lest they die of wretchedness and hunger. Be Thou King of those who are deceived by erroneous opinions, or whom discord keeps aloof, and call them back to the harbor of truth and unity of faith, so that soon there may be but one flock and one Shepherd. Grant, O Lord, to Thy Church assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry: "Praise be to the Divine Heart that wrought our salvation; to It be glory and honor forever." Amen.

An Act of Reparation to the Sacred Heart of Jesus

According to former rules governing indulgences, a plenary indulgence could be gained once a month by pious recitation of this prayer and by fulfilling the other requirements for gaining a plenary indulgence.

OSWEET JESUS, Whose overflowing charity for men is requited by so much forgetfulness, negligence and contempt, behold us prostrate before Thy altar, eager to repair by a special act of homage the cruel indifference and injuries to which Thy loving Heart is everywhere subject.

Mindful, alas, that we ourselves have had a share in such great indignities, which we now deplore from the bottom of our hearts, we humbly ask Thy pardon and declare our readiness to atone by voluntary expiation, not only for our own personal offenses, but also for the sins of those who, straying far from the path of salvation, refuse in their obstinate infidelity to follow Thee, their Shepherd and Leader, or renouncing the vows of their Baptism, have cast off the sweet yoke of Thy law. We are now resolved to expiate each and every deplorable outrage committed against Thee; we are determined to make amends for the manifold offenses against Christian modesty in unbecoming dress and behavior, for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violation of Sundays and Holy Days and for the shocking blasphemies uttered against Thee and Thy Saints. We wish also to make amends for the insults to which Thy Vicar on earth and Thy priests are subjected, for the profanation, by conscious neglect or terrible acts of sacrilege of the very Sacrament of Thy divine love; and lastly for the public crimes of nations which resist the rights and the teaching authority of the Church which Thou hast founded.

Would, O divine Jesus, we were able to wash away such abominations with our blood. We now offer in reparation for these violations of Thy divine honor, the satisfaction Thou didst once make to Thy eternal Father on the Cross and which Thou dost continue to renew daily on our altars; we offer it in union with the acts of atonement of Thy Virgin Mother and all the Saints and of the pious faithful on earth; and we sincerely promise to make reparation, as far as we can, with the help of Thy grace, for all neglect of Thy great love and for the sins we and others have committed in the past. Henceforth we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the Gospel, and especially that of charity. We promise, to the best of our power, to prevent others from offending Thee and to bring as many as possible to follow Thee.

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance, keep us faithful unto death in our duty and allegiance we owe to Thee, so that we may all one day come to that happy home, where Thou, with the Father and the Holy

Spirit, livest and reignest, God, world without end. Amen.

Aspirations for any Occasion

O Sacrament Most Holy, O Sacrament Divine, all praise and all thanksgiving be every moment Thine!

Jesus, Mary and Joseph, I love Thee; please save souls!

The Magnificat

(Words of Our Lady from Luke 1:46-55.)

MY SOUL doth magnify the Lord, and my spirit hath rejoiced in God my Saviour, because He hath regarded the humility of His handmaid: for behold, from henceforth all generations shall call me blessed, because He that is mighty hath done great things to me, and holy is His Name. And His mercy is from generation unto generations, to them that fear Him.

He hath showed might in His arm: He hath scattered the proud in the conceit of their heart. He hath put down the mighty from their seat, and hath exalted the humble. He hath filled the hungry with good things, and the rich He hath sent away empty. He hath received Israel His servant, being mindful of His mercy: as He spoke to our fathers, to Abraham and to his seed forever.

Aspirations for any Occasion

Immaculate Heart of Mary, pray for us now and at the hour of our death. Amen.

O Queen of the Angels, pray for us!



Virgin and Child, by Giorgione

The Litany of The Blessed Virgin Mary

(The Litany of Loreto)

(For public or private use.)

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us. Christ, hear us.
Christ, graciously hear us.
God the Father of Heaven,
Have mercy on us.
God the Son, Redeemer of the world,
Have mercy on us.
God the Holy Ghost,
Have mercy on us.
Holy Trinity, One God,
Have mercy on us.

Holy Mary, *pray for us*.
Holy Mother of God, *pray for us*.
Holy Virgin of virgins, *etc*.
Mother of Christ,
Mother of divine grace,
Mother most pure,
Mother most chaste,
Mother inviolate,
Mother undefiled,
Mother most amiable,
Mother most admirable,
Mother of good counsel,
Mother of our Creator,
Mother of our Saviour,
Virgin most prudent,
Virgin most venerable,
Virgin most renowned,
Virgin most powerful,
Virgin most merciful,
Virgin most faithful,
Mirror of Justice,
Seat of Wisdom,
Cause of our Joy,
Spiritual Vessel,
Vessel of Honor,
Singular Vessel of Devotion,
Mystical Rose,
Tower of David,
Tower of Ivory,
House of Gold,
Ark of the Covenant,
Gate of Heaven,
Morning Star,
Health of the Sick,
Refuge of Sinners,
Comforter of the Afflicted,

Help of Christians,
Queen of Angels,
Queen of Patriarchs,
Queen of Prophets,
Queen of Apostles,
Queen of Martyrs,
Queen of Confessors,
Queen of Virgins,
Queen of all Saints,
Queen Conceived without Original Sin,
Queen Assumed into Heaven,
Queen of the Most Holy Rosary,
Queen of Peace,

Lamb of God, Who takest away the sins of the world,
Spare us, O Lord.
Lamb of God, Who takest away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, Who takest away the sins of the world,
Have mercy on us.

V. Pray for us, O holy Mother of God,
R. That we may be made worthy of the promises of Christ.

Let Us Pray

Grant, we beseech Thee, O Lord God, that we Thy servants may enjoy perpetual health of mind and body, and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enjoy everlasting happiness. Through Christ Our Lord. Amen.

Prayer to St. Joseph

Prescribed by Pope Leo XIII, for the month of October, after the recitation of the Rosary and the Litany of Our Lady, but it can be said fruitfully at any time after praying to Mary.

UNTO THEE, O blessed Joseph, do we fly in our tribulation, and having implored the help of thy holy Spouse, we now also confidently seek thy protection. By that affection which united thee to the Immaculate Virgin, Mother of God, and by thy fatherly love for the Child Jesus, we humbly beg thee to look down with compassion upon the inheritance which Jesus Christ has purchased with His blood and in our need to help us by thy powerful intercession.

Do thou, O prudent Guardian of the Holy Family, watch over the chosen people of Jesus Christ. Keep us, O loving father, safe from all error and corruption. O great protector, from thy place in Heaven, graciously help us in our contest against the powers of darkness. And as of old thou didst rescue the Child Jesus from the danger of death, so now defend God's Holy Church from the snares of the enemy and from all adversity. Extend to each one of us thy continual protection, that led on by thine example and strengthened by thine aid, we may live and die in holiness and obtain everlasting happiness in Heaven. Amen.

Litany of St. Joseph

(For public or private use.)

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us. Christ, hear us.
Christ, graciously hear us.
God the Father of Heaven,

Have mercy on us.
God the Son, Redeemer of the world,
Have mercy on us.
God the Holy Ghost,
Have mercy on us.
Holy Trinity, One God,
Have mercy on us.

Holy Mary, *pray for us*.
St. Joseph, *pray for us*.
Renowned Offspring of David, *etc*.
Light of Patriarchs,
Spouse of the Mother of God,
Chaste Guardian of the Virgin,
Foster Father of the Son of God,
Diligent Protector of Christ,
Head of the Holy Family,
Joseph most just,
Joseph most chaste,
Joseph most prudent,
Joseph most strong,
Joseph most obedient,
Joseph most faithful,
Mirror of Patience,
Lover of Poverty,
Model of Artisans,
Glory of domestic life,
Guardian of Virgins,
Pillar of Families,
Solace of the Afflicted,
Hope of the Sick,
Patron of the Dying,
Terror of Demons,
Protector of Holy Church,

Lamb of God, Who takest away
the sins of the world,
Spare us, O Lord!
Lamb of God, Who takest away
the sins of the world,
Graciously hear us, O Lord!
Lamb of God, Who takest away
the sins of the world,
Have mercy on us.

V. He made him the lord of His household.
R. *And prince over all His possessions*.

Let Us Pray

O GOD, Who in Thine ineffable Providence didst vouchsafe to choose Blessed Joseph to be the spouse of Thy most holy Mother, grant, we beseech Thee, that we may have for our advocate in Heaven him whom we venerate as our protector on earth, Who livest and reignest world without end. Amen.

The *Te Deum*

(A Hymn of Thanksgiving)

1. We praise Thee, O God; we acknowledge Thee to be the Lord.
2. Thee, the Father everlasting, all the earth doth worship.
3. To Thee all the Angels, to Thee the heavens, and all the Powers,
4. To Thee the Cherubim and Seraphim cry out without ceasing:
5. "Holy, holy, holy, Lord God of hosts."
6. Full are the heavens and the earth of the majesty of Thy glory.
7. Thee, the glorious choir of the Apostles,
8. Thee, the admirable company of the Prophets,
9. Thee, the white-robed army of martyrs doth praise.
0. Thee, the Holy Church throughout the world doth confess:
1. The Father, of incomprehensible majesty,
2. Thine adorable, true, and only Son,
3. And the Holy Spirit, the Paraclete.
4. Thou, O Christ, art the King of glory.
5. Thou art the everlasting Son of the Father.
6. Thou, having taken upon Thee to deliver man, didst not disdain the Virgin's womb.
7. Thou, having overcome the sting of death, hast opened to believers the Kingdom of Heaven.
8. Thou sittest at the right hand of God, in the glory of the Father.
9. Thou, we believe, art the Judge to come.
0. We beseech Thee, therefore, to help Thy servants, whom Thou hast redeemed with Thy Precious Blood.
1. Make them to be numbered with Thy Saints in glory everlasting.
2. O Lord, save Thy people and bless Thine inheritance,
3. And govern them and exalt them forever.
4. Day by day we bless Thee,
5. And we praise Thy name forever; yea, forever and ever.
6. Vouchsafe, O Lord, this day to keep us without sin.
7. Have mercy on us, O Lord; have mercy on us.
8. Let Thy mercy, O Lord, be upon us, as we have trusted in Thee.
9. In Thee, O Lord, have I trusted: let me not be confounded forever.

V. Let us bless the Father and the Son with the Holy Spirit.
R. *Let us praise and exalt Him forever*.
V. Blessed art Thou, O Lord, in the firmament of Heaven.
R. *And worthy of praise, and glorious, and exalted above all forever*.
V. O Lord, hear my prayer.
R. *And let my cry come to Thee*.
V. The Lord be with thee.
R. *And with thy spirit*.

Let Us Pray

O God, of Thy mercies there is no number, and of Thy goodness the treasure is infinite; we render thanks to Thy most gracious Majesty for the gifts Thou hast bestowed upon us, evermore imploring Thy clemency, that as Thou dost grant the petitions of them that ask Thee, Thou mayest never forsake them, but may prepare them for the rewards to come. Through Christ Our Lord. Amen.

Morning Prayers

An Act of Faith in The Presence of God

O MY GOD, I firmly believe that Thou art here present and dost plainly see me, that Thou dost observe all my actions, all my thoughts, and the most secret movements of my heart. I acknowledge that I am not worthy to come into Thy presence, nor to lift up my eyes to Thee, because I have so often sinned against Thee. But Thy goodness and mercy invite me to come to Thee; help me, I implore Thee, with Thy holy grace, and teach me to pray to Thee as I ought.

An Act of Adoration And Thanksgiving

O ETERNAL God, Father, Son and Holy Spirit, the beginning and end of all things, in Whom we live and move and have our being, prostrate before Thee in body and soul, I adore Thee with the most profound humility. I bless Thee and give Thee thanks for all the benefits Thou hast conferred upon me, especially that Thou hast created me out of nothing, made me after Thine own image and likeness, redeemed me with the Precious Blood of Thy Son, and sanctified me with Thy Holy Spirit. I thank Thee that Thou hast called me into Thy Church, helped me by Thy grace, admitted me to Thy Sacraments, watched over me by Thy special Providence, blessed me, notwithstanding my sins and unworthiness, with Thy continuing and gracious protection, and for all the innumerable blessings which I owe to Thine undeserved bounty. I thank Thee especially for having preserved me during the past night and for bringing me in safety to the beginning of another day. What return can I make to Thee, my God, for all that Thou hast done for me? I will bless Thy Holy Name and serve Thee all the days of my life. Bless the Lord, my soul, and let all that is within me praise His Holy Name.

An Act of Faith

O MY GOD, I firmly believe in all that Thy Holy, Catholic and Apostolic Church approves and teaches, since it is Thou, the Infallible Truth, Who hast revealed it to Thy Church.

An Act of Hope

O MY GOD, with a firm confidence I hope in Thee, that Thou wilt grant me, through the merits of Jesus Christ, the assistance of Thy grace, and that after my keeping Thy commandments, Thou wilt bestow on me life everlasting, according to Thy promises, Thou Who art almighty and Whose word is truth!

An Act of Charity

O MY GOD, I love Thee with my whole heart, with my whole soul, with all my strength, and above all things, because Thou art infinitely good and infinitely lovable. Also, for love of Thee do I love my neighbor as myself.

An Act of Contrition, With Good Resolutions

Here call to mind the chief sins of your past life and make resolutions against the temptations and dangerous occasions you may meet with this day.

O MY GOD, how little have I served Thee in time past! How greatly have I sinned against Thee! I acknowledge my iniquity, and my sin is always before me. But I repent, O Lord, I repent. I am heartily sorry that I have spent that time in offending Thee which Thou hast given to me to be employed in Thy service, in advancing the good of my own soul and obtaining everlasting life. I am sorry above all things that I have offended Thee, because Thou art infinitely good and sin is infinitely displeasing to Thee. I desire to love Thee with my whole heart, and I firmly purpose, by the help of Thy grace, to serve Thee more faithfully in the time to come.

Accept, I implore Thee, the offering I now make to Thee of the remainder of my life. I renew the vows and promises made in my Baptism. I renounce the devil and all his works, the world and all its pomps. I now begin and will endeavor to spend this

day according to Thy holy Will, performing all my actions in a manner pleasing to Thee. I will take particular care to avoid the failings I am so apt to commit and to exercise the virtues most agreeable to my state and employment.

To Our Guardian Angel

O ANGEL of God, who art appointed by divine mercy to be my guardian, enlighten and protect, direct and govern me this day. Amen.

Evening Prayers

The official evening prayer of the Church, and the best of all, is Compline. Here follows, however, an alternative form of evening prayers. (Note: The cross signifies that one is supposed to make the Sign of the Cross at this point in the prayer.)

In the name of the ✠ Father, and of the Son, and of the Holy Ghost. Amen.
Blessed be the holy and undivided Trinity, now and for ever. Amen.
Our Father, Hail Mary, Glory Be, Apostles' Creed.

V. Come, Holy Ghost, fill the hearts of Thy faithful,
R. *And kindle in them the fire of Thy love.*
V. Send forth Thy Spirit, and they shall be created,
R. *And Thou shalt renew the face of the earth.*

Let Us Pray

O God, Who hast instructed the hearts of the Faithful by the light of the Holy Ghost, grant us, we beseech Thee, that by the gift of the same Spirit we may always be truly wise and ever rejoice in His consolation, through Jesus Christ Our Lord. Amen.

Place yourself in the presence of God and give Him thanks for all the benefits which you have received from Him, particularly this day.

O MY GOD, I firmly believe that Thou art here present and dost plainly see me, and that Thou dost observe all my actions, all my thoughts and the most secret motions of my heart. Thou dost watch over me with an incomparable love, every moment bestowing favors and preserving me from evil. Blessed be Thy Holy Name, and may all creatures bless Thy goodness for the benefits which I have ever received from Thee, and particularly this day. May the Saints and Angels supply my defect in rendering Thee due thanks. Never permit me to be so base and wicked as to repay Thy goodness with ingratitude and Thy blessings with offenses and injuries.

You should here ask of Our Lord Jesus Christ for the grace to discover the sins which you have committed this day and beg of Him a true sorrow for them and sincere repentance.

O MY LORD JESUS CHRIST, Judge of the living and the dead, before Whom I must appear one day to give an exact account of my whole life, enlighten me, I implore Thee, and give me a humble and contrite heart, that I may see wherein I have offended Thine infinite Majesty, and judge myself now with such a just severity, that then Thou mayest judge me with mercy and clemency.

You should endeavor, as far as possible, to put yourself in the disposition in which you desire to be found at the hour of death.

O MY GOD, I accept death as a homage and an adoration which I owe to Thy divine Majesty and as a punishment justly due to my sins, in union with the death of my Dear Redeemer and as the only means of coming to Thee, my beginning and Last End.

I firmly believe all the sacred truths which the Holy Catholic and Apostolic Church believes and teaches, because Thou hast revealed them. And by the assistance of Thy holy grace, I am resolved to live and to die in communion with this, Thy Church.

Relying upon Thy goodness, power and promises, I hope to obtain pardon of my sins and life everlasting, through the merits of Thy Son Jesus Christ, my only Redeemer, and by the intercession of His Blessed Mother and all the Saints.

I love Thee with all my heart and soul, and I desire to love Thee as the blessed do in Heaven. I adore all the designs of Thy

Divine Providence, resigning myself entirely to Thy holy Will. I also love my neighbor for Thy sake, as I love myself.

I sincerely forgive all who have injured me, and ask pardon of all whom I have injured.

I renounce the devil, and all his works; the world, and all its pomps; the flesh, and all its temptations.

I desire to be dissolved and to be with Christ.

Father, into Thy hands I commend my spirit.
Jesus, Mary, and Joseph, I give thee my heart and my soul.
Jesus, Mary, and Joseph, assist me in my last agony.
Jesus, Mary, and Joseph, may I breathe forth my soul in peace with thee. Amen.

Lord Jesus, receive my soul.

May the Blessed Virgin Mary, St. Joseph and all the Saints pray for us to Our Lord, that we may be preserved this night from sin and all evils. Amen.

O Blessed St. Michael, defend us in the day of battle, that we may not be lost at the dreadful Judgment. Amen.

O Angel of God, who art appointed by divine mercy to be my guardian, enlighten and protect, direct and govern me this night. Amen.

May Almighty God have mercy on us, forgive us our sins and bring us to life everlasting. Amen.

May the Almighty and Merciful Lord grant us ✣ pardon, absolution and remission of all our sins. Amen.

— End of Evening Prayers —

Anima Christi

Soul of Christ, sanctify me;
Body of Christ, save me;
Blood of Christ, inebriate me;
Water from the side of Christ, wash me.

Passion of Christ, strengthen me;
O good Jesus, hear me;
Within Thy wounds hide me;
Suffer me not to be separated from Thee.

From the malignant enemy defend me;
In the hour of my death, call me,

And bid me come to Thee,
That, with Thy Saints, I may praise Thee Forever and ever. Amen.

Aspirations for any Occasion

Most Sacred Heart of Jesus, have mercy on us!

My Jesus, I trust in Thee!

The Divine Praises

Traditionally recited publicly at the end of Benediction of the Blessed Sacrament, just before the Host is returned to the tabernacle. It may be recited privately at any time as an act of praise and thanksgiving.

BLESSED be God.

Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God, in His Angels and in His Saints.

Prayer Before a Crucifix

BEHOLD, O kind and most sweet Jesus, before Thy face I humbly kneel, and with the most fervent desire of my soul, I pray and beseech Thee to impress upon my heart lively sentiments of faith, hope and charity, true contrition for my sins and a firm purpose of amendment, while with deep affection and grief of soul, I ponder within myself, mentally contemplating Thy five most precious wounds, having before my eyes the words which David the Prophet spoke concerning Thee: "They have pierced my hands and my feet; they have numbered all my bones." *(Psalm* 21:17-18).



The Children of Fatima

The Five Fatima Prayers

The Pardon Prayer

MY GOD, I believe, I adore, I hope and I love Thee! I ask pardon of Thee for those who do not believe, do not adore, do not hope and do not love Thee.

The Angel's Prayer

MOST Holy Trinity, Father, Son and Holy Ghost, I adore Thee profoundly. I offer Thee the Most Precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He Himself is offended. And through the infinite merits of His Most Sacred Heart, and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners.

Blessed Sacrament Prayer

OMOST Holy Trinity, I adore Thee! My God, my God, I love Thee in the Most Blessed Sacrament!

Sacrifice Prayer

Our Lady of Fatima said: Sacrifice yourselves for sinners, and say many times, especially whenever you make some sacrifice:

OJESUS, I offer this for love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary.

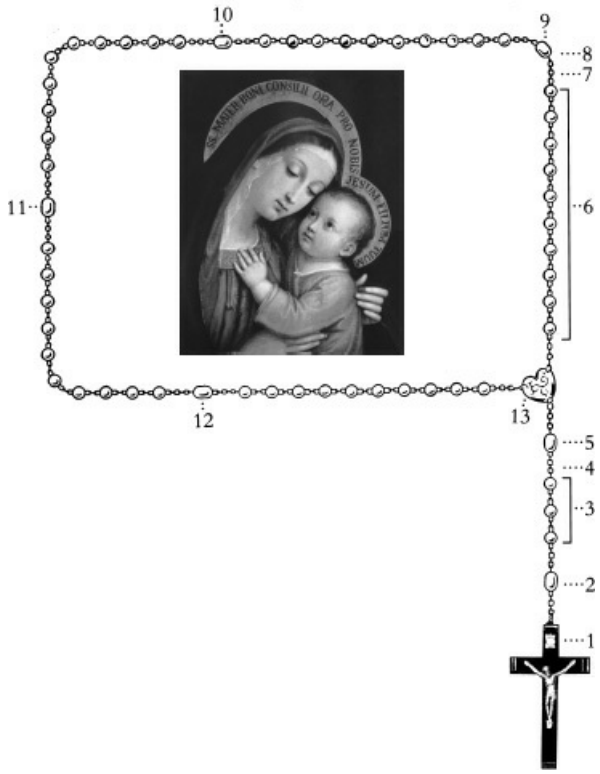
O My Jesus

To be said after the Glory Be *following each decade of the Rosary.*

OMY JESUS, forgive us our sins, save us from the fires of Hell, lead all souls to Heaven, especially those who are most in need of Thy mercy.

— End of the Five Fatima Prayers —

How to Pray the Rosary



1. Make the *Sign of the Cross* and say *The Apostles' Creed*.
2. Say the *Our Father*.
3. Say 3 *Hail Mary's*.
4. Say the *Glory be to the Father*.
5. Announce the First Mystery; then say the *Our Father*.
6. Say 10 *Hail Mary's*.
7. Say the *Glory be to the Father*.
8. Say the *O My Jesus*.
9. Announce the Second Mystery; then say the *Our Father*, 10 *Hail Mary's, Glory be* and *O My Jesus*.
0. Announce the Third Mystery; then say the *Our Father*, 10 *Hail Mary's, Glory be* and *O My Jesus*.
1. Announce the Fourth Mystery; then say the *Our Father*, 10 *Hail Mary's, Glory be* and *O My Jesus*.
2. Announce the Fifth Mystery; then say the *Our Father*, 10 *Hail Marys, Glory be* and *O My Jesus*.
3. Conclude by saying the *Hail, Holy Queen*.
4. Follow with *Prayer After the Rosary*, if desired. (See opposite page.)

The Mysteries of the Rosary

To be meditated upon while praying the Rosary.
(The classic 15 Mysteries given by Our Lady to St. Dominic.)

The Joyful Mysteries

Said on Mondays and Thursdays and the Sundays from the First Sunday of Advent until Lent.

1st Joyful Mystery: The Annunciation
2nd Joyful Mystery: The Visitation
3rd Joyful Mystery: The Nativity
4th Joyful Mystery: The Presentation of Our Lord in the Temple
5th Joyful Mystery: The Finding of Our Lord in the Temple

The Sorrowful Mysteries

Said on Tuesdays and Fridays and daily during Lent.

1st Sorrowful Mystery: The Agony in the Garden
2nd Sorrowful Mystery: The Scourging at the Pillar
3rd Sorrowful Mystery: The Crowning with Thorns
4th Sorrowful Mystery: The Carrying of the Cross
5th Sorrowful Mystery: The Crucifixion and Death of Our Lord on the Cross

The Glorious Mysteries

Said on Wednesdays and Saturdays and the Sundays from Easter until Advent.

1st Glorious Mystery:	The Resurrection of Our Lord
2nd Glorious Mystery:	The Ascension of Our Lord
3rd Glorious Mystery:	The Descent of the Holy Ghost upon the Apostles
4th Glorious Mystery:	The Assumption of the Blessed Virgin Mary into Heaven
5th Glorious Mystery:	The Coronation of Our Lady as Queen of Heaven and Earth

The Luminous Mysteries*

Said on Thursdays, with Saturday being changed to a day for praying the Joyful Mysteries.

1st Luminous Mystery:	The Baptism in the Jordan
2nd Luminous Mystery:	Our Lord's Self-manifestation at the Wedding of Cana
3rd Luminous Mystery:	The proclamation of the Kingdom of God and call to conversion
4th Luminous Mystery:	The Transfiguration
5th Luminous Mystery:	The Institution of the Eucharist, as the sacramental expression of the Paschal Mystery

** Publisher's Note: The Luminous Mysteries were added to this book in 2008 as required by Most Reverend Thomas G. Doran, Ordinary of the Diocese of Rockford, as a condition for granting the Imprimatur. The Luminous Mysteries were introduced by Pope John Paul II in 2002 as an optional addition to the traditional Rosary.*

Prayer after the Rosary

O GOD, Whose only-begotten Son, by His life, death and Resurrection, has purchased for us the rewards of eternal salvation, grant, we beseech Thee, that, meditating upon these Mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise. Through the same Christ Our Lord. Amen.

— Part Four —
SPECIAL PRAYERS

Prayer for the Seven Gifts Of the Holy Ghost

O LORD JESUS CHRIST, Who before ascending into Heaven didst promise to send the Holy Ghost to finish Thy work in the souls of Thine Apostles and Disciples, deign to grant the same Holy Spirit to me, that He may perfect in my soul the work of Thy grace and Thy love. Grant me the spirit of wisdom, that I may despise the perishable things of this world and aspire only after the things that are eternal; the spirit of understanding, to enlighten my mind with the light of Thy divine truth; the spirit of counsel, that I may ever choose the surest way of pleasing God and gaining Heaven; the spirit of fortitude, that I may bear my cross with Thee and that I may overcome with courage all the obstacles that oppose my salvation; the spirit of knowledge, that I may know God and know myself and grow perfect in the science of the Saints; the spirit of piety, that I may find the service of God sweet and amiable; the spirit of fear, that I may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark me, dear Lord, with the sign of Thy true disciples, and animate me in all things with Thy Spirit. Amen.

Prayer for Direction in the Choice of a State of Life

O ALMIGHTY GOD, Whose wise and amiable providence watches over every human event, be Thou my light and my counsel in all my undertakings, particularly in the choice of a state of life. I know that on this important step my sanctification and salvation in great measure depend. I know that I am incapable of discerning what may be best for me; therefore, I cast myself into Thy arms, beseeching Thee, my God, Who hast sent me into this world only to know, love and serve Thee, to direct by Thy grace every moment and action of my life to the glorious end of my creation. I renounce most sincerely every other wish than to fulfill Thy designs on my soul, whatever they may be, and I beseech Thee to grant me that grace which, by imbibing the true spirit of a Christian, will enable me to qualify myself for any state of life to which Thine adorable Providence may call me. O my God, whenever it may become my duty to make a choice, do Thou be my Light and my Counsel, and mercifully *make known to me the way wherein I should walk, for I have lifted up my soul to Thee*. Preserve me from listening to the suggestions of my own self-love, or worldly prudence, in prejudice to Thy holy inspirations. Let *Thy good Spirit lead me into the right way*, and let Thine adorable providence place me, not where I may naturally feel inclined to go, but where all things may be most conducive to Thy glory and to the good of my soul.

Mary, Mother of Good Counsel, Seat of Wisdom and Help of Christians, pray for me.

A Prayer for Priests

O JESUS, Eternal Priest, keep all Thy priests within the shelter of Thy Sacred Heart, where none may harm them.

Keep unstained their anointed hands, which daily touch Thy Sacred Body. Keep unsullied their lips purpled with Thy Precious Blood.

Keep pure and unearthly their hearts sealed with the sublime marks of Thy glorious priesthood.

Let Thy holy love surround them and shield them from the world's contagion.

Bless their labors with abundant fruit, and may the souls to whom they have ministered here below be their joy and consolation and in Heaven their beautiful and everlasting crown. Amen.

O Mary, Queen of the clergy, pray for us, and obtain for us a number of holy priests.

Prayer to Our Lady of Guadalupe For the Conversion of the

Americas and of the World

OHOLY MARY, Virgin Mother of God, who as Our Lady of Guadalupe didst aid in the conversion of Mexico from paganism in a most miraculous way, we now beseech thee to bring about in these our times the early conversion of our modern world from its present neo-paganism to the One, Holy, Catholic and Apostolic Church of thy divine Son, Jesus Christ, starting in the Americas and extending throughout the entire world, so that soon there may be truly "one fold and one shepherd," with all governments recognizing the reign of thy Son, Jesus Christ the King. This we ask of the Eternal Father, through Jesus Christ His Son Our Lord and by thy powerful intercession—all for the salvation of souls, the triumph of the Church and peace in the world. Amen.

A Morning Offering

By St. Therese of Lisieux

OMY GOD! I offer Thee all my actions of this day for the intentions and for the glory of the Sacred Heart of Jesus. I desire to sanctify every beat of my heart, my every thought, my simplest works, by uniting them to Its infinite merits; and I wish to make reparation for my sins by casting them into the furnace of Its Merciful Love.

O my God! I ask of Thee for myself and for those whom I hold dear, the grace to fulfill perfectly Thy Holy Will, to accept for love of Thee the joys and sorrows of this passing life, so that we may one day be united together in Heaven for all Eternity. Amen.

Novena Rose Prayer

OLITTLE Therese of the Child Jesus, please pick for me a rose from the heavenly gardens and send it to me as a message of love.

OLITTLE Flower of Jesus, ask God today to grant the favors I now place with confidence in your hands … *(Mention your requests)*.

ST. THERESE, help me to always believe, as you did, in God's great love for me, so that I might imitate your "Little Way" each day. Amen.

Prayer to Our Lady Of Mental Peace

OMOTHER of tranquility, Mother of hope, Our Lady of Mental Peace, we reach out to thee for what is needful in our weakness. Teach a searching heart that God's love is unchanging, that human love begins and grows by touching His Love.

Our Lady of Mental Peace, pray for us!

Night Prayer for Daily Neglects

ETERNAL FATHER, I offer Thee the Sacred Heart of Jesus, with all its love, all its sufferings and all its merits …

To expiate all the sins I have committed this day and during all my life.

Glory Be ...

Eternal Father … (*Repeat the beginning prayer*.)

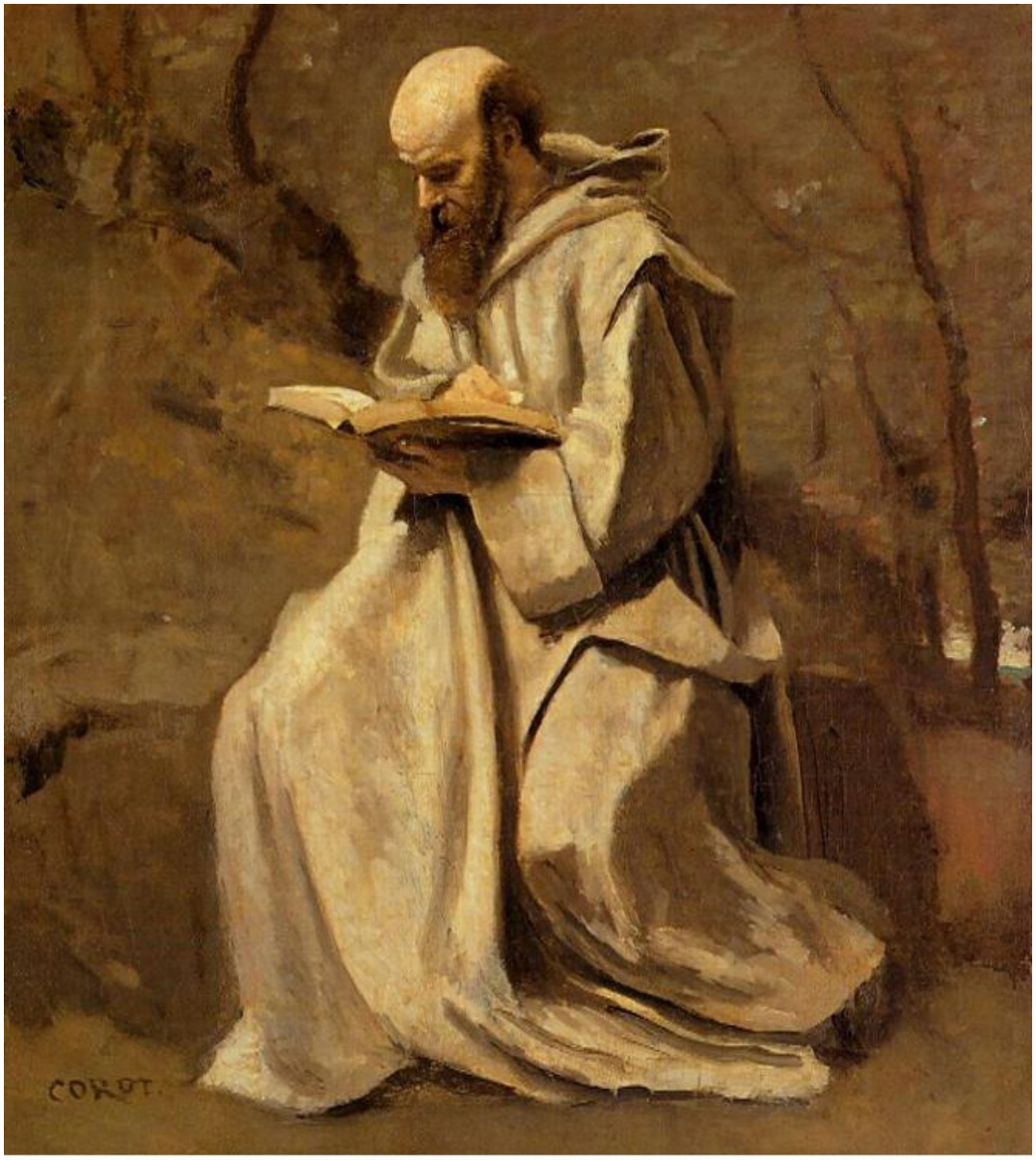
To purify the good I have done badly this day and during all my life.

Glory Be ...

Eternal Father … (*Repeat the beginning prayer*.)

To supply for the good I ought to have done and that I have neglected this day and during all my life.

Glory Be …



Monk in White, Seated, Reading, by Camille Corot

Prayer for Detachment From Earthly Goods

O JESUS, Who didst choose a life of poverty and obscurity, grant me the grace to keep my heart detached from the transitory things of this world. Be Thou henceforth my only treasure, for Thou art infinitely more precious than all other possessions. My heart is too solicitous for the vain and fleeting things of earth. Make me always mindful of Thy warning words: "What does it profit a man if he gain the whole world, but suffer the loss of his own soul?" Grant me the grace to keep Thy holy example always before my eyes, that I may despise the nothingness of this world and make Thee the object of all my desires and affections. Amen.

Prayer to St. Joseph For Purity

O GUARDIAN of virgins and holy father St. Joseph, into whose faithful custody Christ Jesus, Innocence Itself, and Mary, Virgin of virgins, were committed, I pray and beseech thee, by these dear pledges, Jesus and Mary, that being preserved from all impurity, I may with spotless mind, pure heart and chaste body ever most chastely serve Jesus and Mary all the days of my life. Amen.

Prayer to St. Aloysius For Purity

SAINT ALOYSIUS, adorned with angelic virtues, I commend to thee most earnestly the chastity of my mind and body. I pray thee, by thine angelic purity, to commend me to the Immaculate Lamb, Jesus Christ, and to His most holy Mother, the Virgin of virgins, and to protect me from every grievous sin. Permit me not to defile myself by any spot of impurity; and when thou seest me in temptation or in danger of sin, banish far from my heart every unclean thought and desire. Awaken in me the thought of eternity and of Jesus Crucified; imprint deeply in my heart a lively sense of the holy fear of God; set me on fire with the love of God, and grant me the grace to imitate thee on earth, that I may enjoy the possession of God with thee in Heaven. Amen.

Prayer to Overcome Sloth And Lukewarmness

O MY GOD, I know well that so negligent a life as mine cannot please Thee. I know that by my lukewarmness I have closed the door to the graces which Thou dost desire to bestow upon me. O my God, do not reject me, as I deserve, but continue to be merciful toward me, and I will make great efforts to amend and to arise from this miserable state. In the future I will be more careful to overcome my passions, to follow Thine inspirations, and never through slothfulness will I omit my duties, but will ever strive to fulfill them with greater diligence and fidelity. In short, I will from this time forward do all I can to please Thee and will neglect nothing which I know to be pleasing to Thee.

Since Thou, O my Jesus, hast been so liberal with Thy graces toward me and hast deigned to give Thy Blood and Thy Life for me, I am sorry for having acted with so little generosity toward Thee, Who art worthy of all honor and all love. But O my Jesus, Thou knowest my weakness. Help me with Thy powerful grace; in Thee I confide. O Immaculate Virgin Mary, help me to overcome myself and to become a Saint. Amen.

Prayer to Overcome Bad Habits

BEHOLD me, O my God, at Thy feet! I do not deserve mercy, but O, my Redeemer, the blood which Thou hast shed for me encourages me and obliges me to hope for it. How often have I offended Thee, repented, and yet have I again fallen into the same sin.

O my God, I wish to amend, and in order to be faithful to Thee, I will place all my confidence in Thee. I will, whenever I am tempted, instantly have recourse to Thee. Hitherto, I have trusted in my own promises and resolutions and have neglected to recommend myself to Thee in my temptations. This has been the cause of my repeated failures. From this day forward, be Thou, O Lord, my strength, and thus shall I be able to do all things, for "I can do all things in Him who strengtheneth me." Amen.

Prayer to Overcome a Vice

O GOD, who didst break the chains of blessed Peter the Apostle and didst make him come forth from prison unscathed, loose the bonds of Thy servant, (*Name*), held in captivity by the vice of _____, and by the merits of the same Apostle, do Thou grant me (*him, her*) to be delivered from its tyranny. Remove from my (*his, her*) heart all excessive love of sensual pleasures and gratifications, so that living soberly, justly and piously, I (*he, she*) may attain to everlasting life with Thee. Amen.

Prayer Against Evil Thoughts

ALMIGHTY and merciful God, look favorably upon my prayer and free my heart from temptation to evil thoughts, that I may deserve to be accounted a worthy dwelling place of the Holy Spirit. Shed upon my heart the brightness of Thy grace, that I may ever think thoughts worthy of Thy Divine Majesty and that are pleasing to Thee, and ever sincerely love Thee, through Christ Our Lord. Amen.

A Prayer for Grace

O MY GOD, remember that moment when, for the first time, Thou didst pour Thy grace into my soul, washing me from Original Sin, that Thou might receive me into the number of Thy children. O God, Thou Who art my Father, grant me in Thine infinite mercy, through the merits and the Blood of Jesus Christ and through the sorrows of the Holy Virgin Mary, the graces which Thou dost desire that I should receive this day for Thy greater glory and my salvation. Amen.

O Heart of Love, I place all my trust in Thee, for though I fear all things from my own weakness, I hope all things from Thy goodness.

O purest Heart of the Blessed Virgin Mary, obtain for me from Jesus a pure and humble heart. Amen.



The Death of St. Joseph

Prayer to St. Joseph
For a Happy Death

O GLORIOUS ST. JOSEPH, behold I choose thee today for my special patron in life and at the hour of my death. Preserve and increase in me the spirit of prayer and fervor in the service of God. Remove far from me every kind of sin, and obtain for me that my death may not come upon me unawares, but that I may have time to confess my sins sacramentally and to bewail them with a most perfect understanding and a most sincere contrition, in order that I may breathe forth my soul into the hands of Jesus and Mary. Amen.

Acceptance of Death

O LORD GOD, I look ahead to the end of my life, and with true contrition for having offended Thee, I accept in advance, from Thy loving hands, whatever death it will please Thee to send me. I accept this death with all its pains, anguish and suffering, in reparation for my sins and for love of Thee. I rely on Thine all-powerful grace to see me through my last hours, moment by moment, and to bring me home to a happy eternity with Thee forever. Through Jesus Christ Our Lord. Amen.

O Mary, Mother of departing souls, pray for us.

St. Joseph, Patron of a Happy Death, pray for us.

Prayer for
Those in Their Agony

O MOST merciful Jesus, lover of souls, I beseech Thee, by the agony of Thy most Sacred Heart and by the sorrows of Thine Immaculate Mother, cleanse in Thine own blood the sinners of the whole world who are now in their agony and are to die this day. Amen.

Heart of Jesus, Most Merciful Saviour, who was once in the agony of death, have pity on the dying. Amen.

Prayer to Our Lord on
The Cross for a Happy Hour
Of Death

O MY crucified Jesus, mercifully accept the prayer which I now make to Thee for help in the moment of my death, when at its approach all my senses shall fail me.

When, therefore, O sweetest Jesus, my weary and downcast eyes can no longer look up to Thee, be mindful of the loving gaze which now I turn on Thee, and have mercy on me.

When my parched lips can no longer kiss Thy most sacred Wounds, remember then those kisses which now I imprint on Thee, and have mercy on me.

When my cold hands can no longer embrace Thy Cross, forget not the affection with which I embrace it now, and have mercy on me.

And when, at length, my swollen and lifeless tongue can no longer speak, remember that I called upon Thee now.

Jesus, Mary, Joseph, to Thee do I commend my soul.

Prayer for a
Deceased Person

O GOD, Whose way it is always to have mercy and to spare, we beseech Thee on behalf of the soul of Thy servant (*Name*), whom Thou hast called out of this world: look upon him (*her*) with pity and let him be conducted by the holy Angels to Paradise, his true country. Grant that he who believed in Thee and hoped in Thee may not be left to suffer the pains of the

Purgatorial fire, but may be admitted to eternal joys, through Jesus Christ, Thy Son Our Lord, who with Thee and the Holy Ghost, liveth and reigneth world without end. Amen.

Our Father, Hail Mary, Glory Be.

V. Eternal rest grant unto him (*her*), O Lord;
R. *And let perpetual light shine upon him (her*).
V. May he (she) rest in peace.
R. *Amen*.

Prayer for the Poor Souls

OMOST gentle Heart of Jesus, ever present in the Blessed Sacrament, ever consumed with burning love for the poor captive souls in Purgatory, have mercy on the souls of Thy departed servants. Be not severe in Thy judgments, but let some drops of Thy Precious Blood fall upon the devouring flames. And do Thou, O Merciful Saviour, send Thy holy Angels to conduct them to a place of refreshment, light and peace. Amen.

A Prayer for the Dead

OGOD, the Creator and Redeemer of all the Faithful, grant unto the souls of Thy departed servants full remission of all their sins, that through the help of our pious supplications they may obtain that pardon which they have always desired, Thou Who livest and reignest world without end. Amen.

V. Eternal rest grant unto them, O Lord.
R. *And let perpetual light shine upon them*.
V. May the divine assistance remain always with us. Amen.
R. *And may the souls of all the Faithful departed, through the mercy of God, rest in peace. Amen*.

A Prayer for Our Dear Departed

OGOOD JESUS, Whose loving Heart was ever troubled by the sorrows of others, look with pity on the souls of our dear ones in Purgatory, especially (*Names*). O Thou Who didst "love Thine own," hear our cry for mercy, and grant that those whom Thou hast called from our homes and hearts may soon enjoy everlasting rest in the home of Thy Love in Heaven. Amen.

V. Eternal rest grant unto them, O Lord.
R. *And let perpetual light shine upon them. Amen*.

Prayer to St. Peregrine "The Cancer Saint"

OGLORIOUS wonder-worker, St. Peregrine, who suffered so patiently with incurable cancer in thy leg and then wert healed miraculously by a touch of Our Lord's divine hand, I beg of thee to obtain for me deliverance from the infirmities that afflict my body (*especially …*), if this be God's Holy Will. Obtain for me also a perfect resignation to the sufferings it may please God to send me, so that, imitating our crucified Saviour and His sorrowful Mother, I may merit eternal glory in Heaven. Amen.

St. Peregrine, pray for us.

Prayer to St. Gerard For Motherhood

OGOOD St. Gerard, powerful patron and protector of mothers and of children yet unborn, to thee do I turn in my hour of anxiety. Of thee do I beg the blessings of a happy motherhood. When all human assistance seems to fail, deign to come to my aid by thy powerful intercession at the throne of Almighty God. Beseech the Divine Author of Life to bless me with offspring, that I may raise up children to God in this life who will be heirs to His heavenly Kingdom in the next. Amen.

Prayer to St. Gerard For a Mother with Child

(*To be said either for oneself or for another*.)

OALMIGHTY and Everlasting God, Who through the operation of the Holy Ghost didst prepare the body and soul of the glorious Virgin Mary to be a worthy dwelling place of Thy Divine Son; and through the operation of the same Holy Ghost, didst sanctify St. John the Baptist while still in his mother's womb, hearken to the prayers of Thy humble servant who implores Thee, through the intercession of St. Gerard, to protect her (*me*) amidst the dangers of childbearing and to watch over the child with which Thou hast deigned to bless her (me): that it may be cleansed by the saving water of Baptism, and that, after living a Christian life on earth, both the child and its mother may attain to everlasting bliss in Heaven. Amen.

Prayer to St. Gerard in Thanksgiving for A Safe Delivery

OGOOD St. Gerard, wonderful Patron of Mothers, deign to offer to God my heartfelt gratitude for the great blessing of motherhood. In my long hours of anxiety, uncertainty and doubt, thy powerful intercession with Jesus my Lord and Mary my Queen was ever my hope. Obtain for me the grace always to turn to thee in similar trials. Help me to inspire other women with confidence in thy most gracious assistance. Aid all of us, that, doing God's holy Will as mothers here on earth, we may merit eternal life in Heaven, through Jesus Christ Our Lord. Amen.

Prayer in Honor of St. Dymphna, Patroness of Those with Mental And Nervous Disorders

OLORD GOD, Who has graciously chosen St. Dymphna to be the patroness of those afflicted with mental and nervous disorders and has caused her to be an inspiration and a symbol of charity to the thousands who invoke her intercession, grant, through the prayers of this pure, youthful martyr, relief and consolation to all who suffer from these disturbances, and especially to those for whom we now pray. (*Here mention oneself or names of others*.)

We beg Thee to accept and to satisfy the prayers of St. Dymphna on our behalf. Grant us patience in all our sufferings and resignation to Thy divine Will. Fill us with hope, and if it be in accord with Thy divine plan, bestow upon me (him, her) the cure I so earnestly ask for. Through Christ Our Lord. Amen.



The Infant of Prague

Novena Prayer to the Infant Jesus of Prague For a Special Favor

O DEAREST JESUS, tenderly loving us, Thy greatest joy is to dwell among us and to bestow Thy blessing upon us! Though I am not worthy that Thou shouldst behold me with love, I feel myself drawn to Thee, O dear Infant Jesus, because Thou dost gladly pardon me and exercise Thine almighty power over me.

So many who turned with confidence to Thee have received graces and had their petitions granted. Behold me: in spirit I kneel before Thy miraculous image on Thine altar in Prague and lay open my heart to Thee, with its prayers, petitions and hopes. Especially the affair of (*Name your request*) do I enclose in Thy loving Heart. Govern me and do with me and mine according to Thy holy will, for I know that in Thy Divine wisdom and love Thou wilt ordain everything for the best. Almighty gracious Infant Jesus, do not withdraw Thy hand from us, but protect and bless us forever.

I pray Thee, sweetest Infant, in the name of Thy Blessed Mother Mary, who cared for Thee with such tenderness, and by the great reverence with which St. Joseph carried Thee in his arms, comfort me and grant my petition, that I may bless and thank Thee forever with all my heart. Amen.

Prayer of a Sick Person for Health of Body and Soul

This prayer can be prayed by anyone. It includes acts of faith, love and perfect contrition.

O LORD Jesus Christ, Who during Thy brief life on earth went about doing good to all men, be merciful to me in this, my hour of special need.

O Divine Physician, Thy tender heart was ever moved at the sight of pain and affliction. I beg of Thee, if it be Thy holy Will, to help me regain my health and strength. Stretch forth Thy hand to all who suffer, whether in mind or in body. Grant to each of us that peace of soul which Thou alone canst give.

I believe that in God there are three Divine Persons—Father, Son, and Holy Spirit.

I believe that God so loved the world that He sent Thee, His only-begotten Son, Who died on the Cross for our salvation.

I believe that God, in His mercy and justice, rewards goodness and punishes evil.

I am truly sorry for all my sins, Dear Lord, because they have offended Thee, Who art Goodness itself. I love Thee with all my heart, and with Thy help, I will try never to offend Thee again. Assist me to do all that is necessary to obtain eternal life.

Jesus, Son of David, have mercy on me!

Prayer in Time of Sickness

O DIVINE PHYSICIAN, Who always loved to console and heal the sick of body and mind, grant me patience to bear my sufferings. By Thy power, relieve the sharpness of my pain and exhaustion, but above all, kind Jesus, heal the wounds of my soul. And even though I find it hard to pray, yet shall I ever say: Thy Will be done. Amen.

Prayer to St. Maria Goretti for Purity and Holiness

O ST. MARIA GORETTI, strengthened by God's grace, thou didst not hesitate, even at the age of eleven, to sacrifice life itself to defend thy virginal purity. Look graciously on the unhappy human race that has strayed far from the path of eternal salvation. Teach us that promptness in fleeing temptation that will help us avoid anything that could offend Jesus. Obtain for me a great horror of impurity and of all sin, so that I may live a holy life on earth and win eternal glory in Heaven. Amen.

Our Father, Hail Mary, Glory Be.

A Child's Prayer through the Intercession of St. John Bosco

OALMIGHTY GOD, Who hast given me my father and mother and made them an image of Thine authority and love, and hast commanded me to love, honor and obey them: grant me, through the intercession of St. John Bosco, grace to observe faithfully this law. Grant me grace to profit from their admonitions, and make me respect all those who take their place. Deliver me from pride, rebellion, stubbornness, evil temper and laziness. Make me diligent in all my duties and patient in all my trials, so that one day I may be happy with Thee forever in Heaven. Amen.

Prayer to St. Anthony Mary Claret For the Cure of Cancer or Other Serious Ailment

Our Lady told St. Anthony Mary Claret (1807-1870) that she would obtain from God anything he asked for through her Immaculate Heart.

OST. ANTHONY MARY CLARET, who during thy life on earth was often a solace to the afflicted, and didst love and tenderly compassionate the sick, intercede for me as thou dost rejoice in the reward of thy virtues. Cast a glance of pity on (*here mention the person afflicted with cancer or other serious ailment*) and grant my petition, if such be the will of God. Make my troubles thine own. Ask the Immaculate Heart of Mary to obtain by her powerful intercession the grace I yearn for so ardently, and a blessing that may strengthen me during life, assist me at the hour of death and lead me on to a happy eternity. Amen.

St. Anthony Mary Claret, pray for us!

Our Father, Hail Mary, Glory Be.

Prayer to St. Raphael The Archangel for a Cure

OGOOD St. Raphael, I invoke thee as the patron of those who are afflicted with bodily illness or ailment. Thou didst prepare the remedy which cured the blindness of the elder Tobias, and thy name means "God has healed."

I turn to thee for help in my present need. (*Mention your request*.) If it be the Will of God, deign to cure my ailment, or at least to give me the strength I need to bear it patiently in atonement for my sins and for the salvation of my soul. Teach me to unite my sufferings with those of Jesus and Mary and to seek God's grace in prayer and Holy Communion. I wish to imitate thee in thy zeal to do God's Will in all things. Like young Tobias, I choose thee as my companion on my journey through this valley of tears. I wish to follow thine inspirations every step of the way, so that I may reach my journey's end under thy constant protection and in the grace of God.

St. Raphael, to the elder Tobias thou didst reveal thyself as "the help of the grace of God." Be thou my help and deign to obtain for me the grace of God and the favor I ask of thee through thy powerful intercession. Physician from God, deign to cure me as thou didst cure Tobias.

St. Raphael, thou who art called "the Remedy of God" and "the Angel of Health," pray for me. Amen.

In honor of St. Raphael, recite one Our Father, Hail Mary and Glory Be.

Prayer to St. Raphael For the Wise Choice of a Marriage Partner

OGLORIOUS St. Raphael, Patron and Lover of the Young, I call upon thee and plead with thee for thy help. In all confidence I open my heart to thee, to beg thy guidance and assistance in the important task of planning my future. Obtain

for me through thy intercession the light of God's grace, so that I may decide wisely concerning the person who is to be my partner through life. O Angel of Happy Meetings, lead us by the hand to find each other. May all our movements be guided by thy light and transfigured by thy joy. As thou didst lead the young Tobias to Sara and opened up for him a new life of happiness with her in holy marriage, lead me to such a one whom in thine angelic wisdom thou dost judge best suited to be united with me in marriage.

St. Raphael, loving Patron of those seeking a marriage partner, help me in this supreme decision of my life. Find for me as a helpmate in life that person whose character will reflect the traits of Jesus and Mary. May he (*she*) be upright, loyal, pure, sincere and noble, so that with united efforts and with chaste and unselfish love, we both may strive to perfect ourselves in soul and body, as well as the children it may please God to entrust to our care.

St. Raphael, Angel of chaste courtship, bless our friendship and our love, that sin may have no part in it. May our mutual love bind us so closely that our future home may ever be most like the home of the Holy Family of Nazareth. Offer thy prayers to God for both of us and obtain the blessing of God upon our marriage, as thou wert the herald of blessing for the marriage of Tobias and Sara.

St. Raphael, Friend of the Young, be thou my friend, for I shall always be thine. I desire ever to invoke thee in my needs. To thy special care I entrust the decision I am to make as to my future wife (*husband*). Direct me to the person with whom I can best cooperate in doing God's Holy Will, with whom I can live in peace, love and harmony in this life and attain to eternal joy in the next. Amen.

In honor of Saint Raphael recite one Our Father, Hail Mary and Glory Be.

Prayer to St. Raphael For Purity

ST. RAPHAEL, Patron Angel of Youth, I beg of thee to plead with God for me, that I may always keep my life pure and holy. As thou didst guard the young Tobias from dangers of soul and body on his journey to a strange land, protect me from the many dangers that confront me in my life. Strengthen me in my struggle against the temptations of the world, the flesh and the devil.

I pray and beg of thee, glorious St. Raphael, to be my Patron Angel of Purity. For thy great love for Jesus, the King of the Angels, and for Mary, the Queen of the Angels, deign to keep me from all unclean-ness and to obtain that my mind may be untainted, my heart pure and my body chaste. May I frequently receive the "Bread of Angels" in Holy Communion, that It may be an effective remedy and protection against the temptations that press round about me, and seal my heart forever against the suggestions of sinful pleasures. Help me always to serve Jesus and Mary in perfect chastity, so that one day I may merit to belong to those of whom Jesus spoke when He said, "Blessed are the pure of heart, for they shall see God." Amen.

Prayer to Our Sorrowful Mother for a Favor

MOST holy and afflicted Virgin, Queen of Martyrs, who stood beneath the Cross, witnessing the agony of thy dying Son, look with a mother's tenderness and pity on me, who kneel before thee. To whom shall I have recourse in my needs and miseries if not to thee, O Mother of Mercy? Thou hast drunk so deeply of the chalice of thy Son that thou canst compassionate all our sorrows. I venerate thy sorrows, and I place my request with filial confidence in the sanctuary of thy wounded heart. (*Here mention your request*.)

Present it, I beseech thee, on my behalf to Jesus Christ, through the merits of His own most sacred Passion and Death, together with thine own sufferings at the foot of the Cross. Through the united efficacy of both thy Son's sufferings and thy own, obtain the granting of my petition.

Holy Mary, whose soul was pierced by a sword of sorrow at the sight of the Passion of thy divine Son, intercede for me and obtain for me from Jesus this favor, if it be for His honor and glory and for my good. Amen.

Prayer for a Person

Who is Seriously Ill

MOST merciful Jesus, the Consolation and Salvation of all who put their trust in Thee, we humbly beseech Thee, by Thy most bitter Passion, grant recovery of health to Thy servant (*Name*), provided this be for his (her) soul's welfare, that with us he (*she*) may praise and magnify Thy holy name. But if it be Thy holy will to call him (*her*) out of this world, strengthen him (*her*) in his (her) last hour, grant him (her) a peaceful death and bring him (*her*) to life everlasting. Amen.

Our Father, Hail Mary, Glory Be.

Novena Prayer to Our Mother Of Perpetual Help

OMOTHER of Perpetual Help, thou art the dispenser of all the gifts which God grants to us miserable sinners; and for this end He has made thee so powerful, so rich and so bountiful, in order that thou mayest help us in our misery. Thou art the advocate of the most wretched and abandoned sinners who have recourse to thee. Come to my aid, dearest Mother, for I recommend myself to thee. In thy hands I place my eternal salvation, and to thee do I entrust my soul. Count me among thy most devoted servants; take me under thy protection, and it is enough for me. For if thou wilt protect me, dear Mother, I fear nothing: not from my sins, because thou wilt obtain for me the pardon of them; nor from the devils, because thou art more powerful than all Hell together; nor even from Jesus, my Judge Himself, because by one prayer from thee, He will be appeased. But one thing I fear, that in the hour of temptation, I may neglect to call upon thee and thus perish miserably.

Obtain for me, then, O Mother of Perpetual Help, the pardon of my sins, love for Jesus, final perseverance, and the grace to have recourse to thee always.

Three Hail Marys.

A Prayer to Our Mother Of Perpetual Help for The Conversion of a Sinner

OMARY, Mother of Perpetual Help, thou knowest so well the great value of an immortal soul. Thou knowest what it means, that every soul has been redeemed by the Blood of thy Divine Son. Thou wilt not then despise my prayer if I ask from thee the conversion of a sinner, nay, a great sinner, who is rapidly hurrying on toward eternal ruin. Thou, O good and merciful Mother, knowest well his (*her*) irregular life. Remember that thou art the Refuge of Sinners; remember that God has given thee power to bring about the conversion of even the most wretched sinners. All that has been done for his (*her*) soul has been unsuccessful; if thou wilt not come to his (her) assistance, he (she) will go from bad to worse. Obtain for him (*her*) the effectual grace that he (*she*) may be moved and brought back to God and to his (*her*) duties. Send him (*her*), if necessary, temporal calamities and trials, that he (she) may enter into himself (*herself*) and put an end to his (her) sinful course. Thou, O most merciful Mother, hast converted so many sinners through thine intercession, at the prayer to thee of their friends. Be then also moved by *my* prayer, and bring this unhappy soul to true conversion of heart.

O Mother of Perpetual Help, deign to show that thou art the Advocate and Refuge of Sinners. So I hope, so may it be. Amen.

Deliver Us From Evil

The prayer Libera Nos *is said after the Pater Noster of the Traditional Mass*.

DELIVER us, we beseech Thee, O Lord, from all evils, past, present and to come, and by the intercession of the blessed and glorious Mary ever virgin, Mother of God, and of Thy blessed Apostles Peter and Paul, and of Andrew and of all Thy Saints, mercifully grant peace in our days, that aided by the help of Thy mercy, we may be always free from sin and secure from all disturbance, through the same Jesus Christ, Thy Son, our Lord, Who lives and reigns with Thee in the unity of the Holy Spirit, one God, for ever and ever. Amen.

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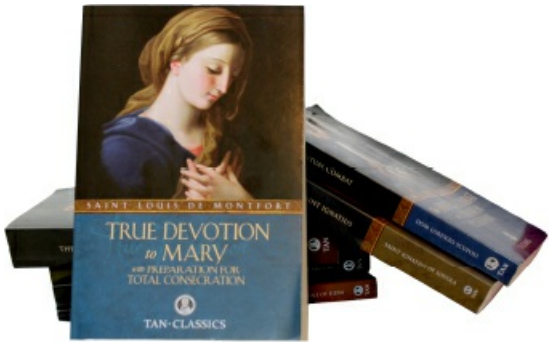
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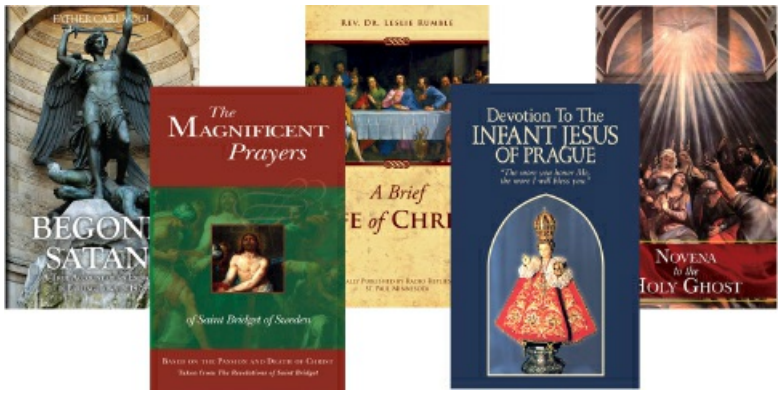
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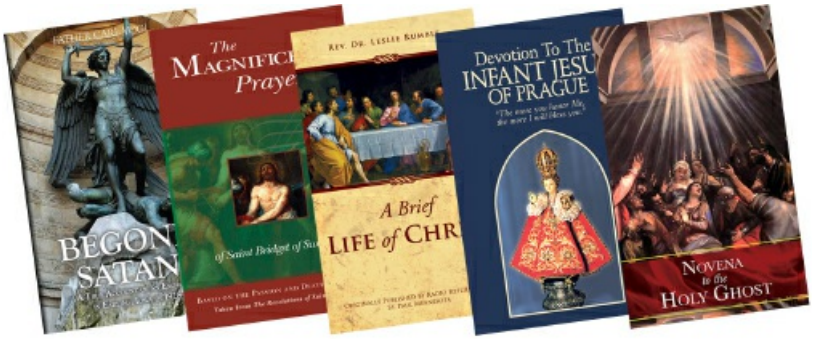
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